

Newsletter

November 2014

Version 1

Diary Dates for November

Saturday, 1st November. 11.00 7th Notts & Derby Cyclo-cross League event at Swadlincote Ski and Snowboard Centre promoted by Mercia CC. See separate notice for details of these events.

Sunday, 2nd November 13.30 Youth club run from Crich. Riders need to be at least 10 years of age, a member of British Cycling (Silver) or CTC, and capable of riding 20 to 30 miles. All riders must have a well maintained bike, clothing appropriate to the conditions, and some basic equipment. This must include a helmet, gloves, rain jacket, drink, and a spare innertube. Parents/guardians are encouraged to join the ride. For more details email andrew@briggfamily.me.uk

Monday, 3rd November. 9.30 Slow morning ride from Cromford market place.

Tuesday, 4th November. 19.00 Meet for a road ride starting from Crown Square, Matlock

Wednesday, 5th November. 18.30 - 20.00 Cyclocross training Lea Green for riders aged nine and above. Cost £2 Bring lights

Thursday, 6th November. 19.00 Roller racing in the Barn clubroom for riders up to the age of 16.

Saturday, 8th November. 11.00 8th Notts & Derby Cyclo-cross League event at Hardwick Hall promoted by Bolosover and District CC.

See separate notice for details of these events.

Monday, 10th November. 9.30 Slow morning ride from Cromford market place.

Tuesday, 11th November. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 13th November. 19.15 - 21.15 Roller training sessions at Imperial Rooms. Cost £2

Saturday, 15th November. 9.30 Coaching for younger riders in Whitworth Park, Session finishes by 10.45

11.00 9th Notts & Derby Cyclo-cross League event at Holme Pierrepont promoted by Nottingham Clarion CC. See separate notice for details of these events.

Sunday, 16th November. 9.30 Ladies ride from Crown Square, Matlock

Monday, 17th November. 9.30 Slow morning ride from Cromford market place.

Tuesday, 18th November. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 19th November. 18.30 - 20.00 Cyclocross training Lea Green for riders aged nine and above. Cost £2 Bring lights

Thursday, 20th November.

20.00 Club AGM in the Barn

Saturday, 22nd November. 9.30 Coaching for younger riders in Whitworth Park, Session finishes by 10.45

11.00 10th Notts & Derby Cyclo-cross League event at Markeaton Park promoted by Derby Mercury RC. See separate notice for details of these events.

Sunday, 23rd November.

Monday, 24th November. 9.30 Slow morning ride from Cromford market place.

Tuesday, 25th November. 19.00 Meet for a road ride starting from Crown Square, Matlock
Entries close for the BSCA East Mids Cyclocross Championships at Whitworth Park on Saturday, 6th December. Entries (£5, cheques made out to Matlock CC) should be on the BSCA entry form sent with this email should be sent to C Mottram, Parkside, Station Road, Darley Dale, Derbys. DE4 2EQ

Thursday, 27th November. 19.15 - 21.15
Roller training sessions at Imperial Rooms. Cost £2

20.00 Dr Bike in the Barn clubroom. Ring Rob if you need an appointment : 01629 82 2259

Saturday, 29th November. 11.00 6th Notts & Derby Cyclo-cross League event at Alfreton Park promoted by Belper BC. See separate notice for details of these events.

Monday, 1st December. 9.30 Slow morning ride from Cromford market place.

Tuesday, 2nd December. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 3rd December. 18.30 - 20.00
Cyclocross training Lea Green for riders aged nine and above. Cost £2 Bring lights

Thursday, 4th December.

19.00 Roller racing in the Barn clubroom for riders up to the age of 16.

Saturday, 6th December.

10.00 East Midlands BSCA Cyclocross Championships at Whitworth Park. No entry in the line. Entries close on Tuesday 25th November.

11.00 7th Notts & Derby Cyclo-cross League event at Swadlincote Ski and Snowboard Centre promoted by Mercia CC. See separate notice for details of these events.

Sunday, 7th December 13.30 Youth club run from Crich. Riders need to be at least 10 years of age, a member of British Cycling (Silver) or CTC, and capable of riding 20 to 30 miles. All riders must have a well maintained bike, clothing appropriate to the conditions, and some basic

equipment. This must include a helmet, gloves, rain jacket, drink, and a spare innertube. Parents/guardians are encouraged to join the ride. For more details email

andrew@briggsfamily.me.uk

Monday, 8th December. 9.30 Slow morning ride from Cromford market place.

Tuesday, 9th December. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 11th December. 19.15 - 21.15
Roller training sessions at Imperial Rooms. Cost £2

Saturday, 13th December. 11.00 11th Notts & Derby Cyclo-cross League event at Darley Moor promoted by Team Zenith. See separate notice for details of these events.

Sunday, 14th December. 9.30 Ladies ride from Crown Square, Matlock

Monday, 15th December. 9.30 Slow morning ride from Cromford market place.

Tuesday, 16th December. 19.00 Meet for a road ride starting from Crown Square, Matlock

Wednesday, 17th December. 18.30 - 20.00
Cyclocross training Lea Green for riders aged nine and above. Cost £2 Bring lights

AGM

The club's AGM takes place in the Barn on Thursday, 20th November, starting at 8pm. The Agenda can be found on the club's website. Motions for discussion at the AGM should be with the secretary at least 14 days before the AGM or by 6th November at the latest.

Reminder.

Will all members, especially when wearing club kit and or in time trials, remember to maintain the good name of the club by observing the Highway Code. Please show respect for other road users and members of the public. Behave towards others as you would like them to behave towards you.

Notts & Derby Cyclo-cross League

Event times :

Under 9 (7minutes) at 11.00 ; under-12 (15minutes) at 11.25 ; youth (25minutes) at

12.00; vets and women (50minutes) at 13.00 ; juniors, under-23 and seniors (50 minutes) at 14.30.

Online entry fee :

Under-9 £3.50 ; under-12 £3.50 ; youth £7.00 ; vets & women £15.00 ; juniors £10.00 ; under-23 & seniors £15.00.

On the day entry fee :

Under-9 £3.50 ; under-12 £3.50 ; youth £9.00 ; vets & women £18.00 ; juniors £12.00 ; under-12 & seniors £18.00.

If you are over 16 and do not have British Cycling membership you will need to pay £3 for day membership.

Pedal Power 2015

The Club magazine Pedal Power needs articles for the next edition, any content gratefully received, please send any contributions to johnwhite244@btinternet.com by the 8th November please.

Thanks

Thanks to all who helped with the two hillclimbs on the 19th October.

Thanks to John White for his hard work in ensuring our Clubmark re-accreditation

Press Secretary.

Please send stories, news, results and photos to Andy Woolf

email : andrewwoolf@btinternet

Andy needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Committee Member Vacancies

At the forthcoming AGM we will need :

The committee is looking for :

Cyclo-cross secretary ;

Road race secretary ;

MTB secretary ;

Volunteer coordinator ;

Treasurer ;

Vice-chairman

Young member,

For job descriptions and details about what the posts would involve, please contact Steve Strange on 07768 847743 or email spstrange@gmail.com

Club Kit.

Andy Woolf is kit co-ordinator. He can be reached at andrewwoolf@btinternet.com if you are interested in putting in an order for new kit. The supplier of the new kit with the new sponsors named, has been decided. See forum for details of how to order this kit.

However "on demand" new kit can be obtained from Impsport using the password on the 2014 membership card.

The latest news about club kit can be found on the forum.

Club Secretary .

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Membership Cards and Discounts.

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn's, Chubbs and First Ascent.

Open Time Trials 2015

Day	Date	Event	Course	Time
Saturday	7th March	Hilly 25	AH/2	14.00
Sunday	3rd May	Open 10	A10/16	7.30
Tuesday	2nd June	Grouse 10	A10/16	19.00
Sunday	28th June	Open 25	A25/12	7.30
Sunday	18th October	Hill climbs	Riber/Bank Rd	

October 30th 2016

It looks as if we are promoting the CTT National Hill Climb Championships on Bank Road.

Please book the date.

We will need an event secretary, publicity, chief marshal and marshals, course co-ordinators, commentator, PA system , etc Any ideas?

Junior Section

Junior Dr Bike

This session takes place on Thursday 27th November starting at about 19.00. on the Barn club room. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Youth Club Runs

Youth club runs start from Crich Market Place, starting at 1.30pm. Riders need to be at least 10 years of age, a member of British Cycling (Silver) or CTC, and capable of riding 20 to 30 miles. All riders must have a well maintained bike, clothing appropriate to the conditions, and some basic equipment. This must include a helmet, gloves, rain jacket, drink, and a spare innertube. Parents/guardians are encouraged to join the ride.

If you would like to join us please email Andrew Briggs on

andrew@briggfamily.me.uk

Club kit for young riders

The club has ordered kit for under-14 riders which is available for purchase. Cost is £24 per item. Contact Andy Woolf via the Matlock CC's Forum (matlockcyclingclub.forumotion.co.uk)

BSCA East Mids Championships 2014/5

Event	Date	Venue	Start
X	6th December	Whitworth Park	10.00

Coaching dates 2014 in Whitworth Park

Day	Date	Time	
Sat	15th November	9.30 - 10.45	
Sat	22nd November	9.30 - 10.45	
Sat	6th December	10.00 - 12.00	BSCA X
Sat	20th December	9.30 - 10.45	

2015 - Possible dates

Sat	17th January	9.30 - 10.45
Sat	31st January	9.30 - 10.45
Sat	21st February	9.30 - 10.45
Sat	28th February	9.30 - 10.45
Sat	21st March	9.30 - 10.45
Sat	28th March	9.30 - 10.45

Wednesday evening coaching dates

Cyclocross at Lea Green £2/rider/session

Wednesday	5th November	18.30 - 20.00
Wednesday	19th November	18.30 - 20.00
Wednesday	3rd December	18.30 - 20.00
Wednesday	17th December	18.30 - 20.00

Thursday evening roller coaching dates

Thursday	13th November	19.15 - 21.15
Thursday	27th November	19.15 - 21.15
Thursday	11th December	19.15 - 21.15

Matlock Cycling Club is sponsored by : Stanley Fearn Cycles ; Chubb and Co ; First Ascent.

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.
Club website : www.matlockcyclingclub.org.uk**