



Newsletter

October 2014

Diary Dates for October

Thursday, 2nd October. 19.15 - 21.15
Roller training sessions at Imperial Rooms.
Cost £2

Saturday, 4th October. 9.30 Coaching for
younger riders in Whitworth Park, Session
finishes by 10.45

11.00 4th Notts & Derby Cyclo-cross League
event at Shipley promoted by Heanor Clarion
CC. See separate notice for details of these
events.

Sunday, 5th October. 13.30 Youth club run
from Crich. Riders need to be at least 10 years
of age, a member of British Cycling (Silver) or
CTC, and capable of riding 20 to 30 miles. All
riders must have a well maintained bike,
clothing appropriate to the conditions, and
some basic equipment. This must include a
helmet, gloves, rain jacket, drink, and a spare
innertube. Parents/guardians are encouraged
to join the ride. For more details email
andrew@briggfamily.me.uk

Monday, 6th October. 9.30 Slow morning
ride from Cromford market place.

Tuesday, 7th October. 19.00 Meet for a
road ride starting from Crown Square,
Matlock

Entries close for the Matlock CC open
hillclimbs on the 19th October. Each event
costs £8.50 with a combined entry fee for both
climbs costing £15. Entries should be on a
standard ctt entry form - downloadable from -

ctt.org.uk - and sent to C Mottram, Parkside,
Station Road, Darley Dale, Derbys. DE4 2EQ.
Cheques should be made out to Matlock CC.

Wednesday, 8th October. 18.30 - 20.00

Cyclocross training Lea Green for riders aged
nine and above. Cost £2. Bring lights

Thursday, 9th October. 19.00 Roller racing in
the Barn clubroom for riders up to the age of 16.

Sunday, 12th October. 9.30 Ladies ride from
Crown Square, Matlock

Monday, 13th October. 9.30 Slow morning
ride from Cromford market place.

Tuesday, 14th October. 19.00 Meet for a road
ride starting from Crown Square, Matlock.

Thursday, 16th October. 19.15 - 21.15 Roller
training sessions at Imperial Rooms. Cost £2
20.00 Dr Bike in the Barn clubroom. Ring Rob if
you need an appointment : 01629 82 2259

Saturday, 18th October. 9.30 Coaching for
younger riders in Whitworth Park, Session
finishes by 10.45

11.00 5th Notts & Derby Cyclo-cross League
event at Bingham Leisure Centre promoted by VC
Nottingham. See separate notice for details of
these events.

Sunday, 19th October. 10.00 Riber hillclimb.
Entries closed on Tuesday 7th October. No entry
on the line. Help marshalling this event very much
appreciated. Please be at Starkholmes Village
Hall by 9.30am.

14.00 Bank Road hillclimb. Entries closed on
Tuesday 7th October. No entry on the line. Help
marshalling this event very much appreciated.
Please be at Imperial Rooms by 13.30.

Monday, 20th October. 9.30 Slow morning
ride from Cromford market place.

Tuesday, 21st October. 19.00 Meet for a road ride starting from Crown Square, Matlock

Wednesday, 22nd October. 18.30 - 20.00 Cyclocross training Lea Green for riders aged nine and above. Cost £2. Bring lights

Thursday, 23rd October. 19.00 Roller racing in the Barn clubroom for riders up to the age of 16.

Saturday, 25th October. 11.00 6th Notts & Derby Cyclo-cross League event at Alfreton Park promoted by Belper BC. See separate notice for details of these events.

Monday, 27th October. 9.30 Slow morning ride from Cromford market place.

Tuesday, 28th October. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Saturday, 1st November. 11.00 7th Notts & Derby Cyclo-cross League event at Swadlincote Ski and Snowboard Centre promoted by Mercia CC. See separate notice for details of these events.

Sunday, 2nd November 13.30 Youth club run from Crich. Riders need to be at least 10 years of age, a member of British Cycling (Silver) or CTC, and capable of riding 20 to 30 miles. All riders must have a well maintained bike, clothing appropriate to the conditions, and some basic equipment. This must include a helmet, gloves, rain jacket, drink, and a spare innertube. Parents/guardians are encouraged to join the ride. For more details email andrew@briggfamily.me.uk

Monday, 3rd November. 9.30 Slow morning ride from Cromford market place.

Tuesday, 4th November. 19.00 Meet for a road ride starting from Crown Square, Matlock

Wednesday, 5th November. 18.30 - 20.00 Cyclocross training Lea Green for riders aged nine and above. Cost £2 Bring lights

Thursday, 6th November. 19.00 Roller racing in the Barn clubroom for riders up to the age of 16.

Saturday, 8th November. 11.00 8th Notts & Derby Cyclo-cross League event at Hardwick Hall promoted by Bolosover and District CC. See separate notice for details of these events.

Sunday, 9th November. 9.30 Ladies ride from Crown Square, Matlock

Monday, 10th November. 9.30 Slow morning ride from Cromford market place.

Tuesday, 11th November. 19.00 Meet for a road ride starting from Crown Square, Matlock

Reminder.

Will all members, especially when wearing club kit and or in time trials, remember to maintain the good name of the club by observing the Highway Code. Please show respect for other road users and members of the public. Behave towards others as you would like them to behave towards you.

Notts & Derby Cyclo-cross League

Event times :

Under 9 (7minutes) at 11.00 ; under-12 (15minutes) at 11.25 ; youth (25minutes) at 12.00; vets and women (50minutes) at 13.00 ; juniors, under-23 and seniors (50 minutes) at 14.30.

Online entry fee :

Under-9 £3.50 ; under-12 £3.50 ; youth £7.00 ; vets & women £15.00 ; juniors £10.00 ; under-23 & seniors £15.00.

On the day entry fee :

Under-9 £3.50 ; under-12 £3.50 ; youth £9.00 ; vets & women £18.00 ; juniors £12.00 ; under-12 & seniors £18.00.

If you are over 16 and do not have British Cycling membership you will need to pay £3 for day membership.

Pedal Power 2015

The Club magazine Pedal Power needs articles for the next edition, any content gratefully received, please send any contributions to johnwhite244@btinternet.com by the end of October

Thanks

Thanks to all who helped with the races at Darley Moor.

Press Secretary.

Please send stories, news, results and photos to Andy Woolf

email : andrewwoolf@btinternet

Andy needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Committee Member Vacancies

At the forthcoming AGM we will need :

The committee is looking for :

Cyclo-cross secretary ;

Road race secretary ;

MTB secretary ;

Volunteer coordinator ;

Treasurer ;

Vice-chairman

Young member,

For job descriptions and details about what the posts would involve, please contact Steve Strange on 07768 847743 or email spstrange@gmail.com

Club Kit.

Andy Woolf is kit co-ordinator. He can be reached at andrewwoolf@btinternet.com if you are interested in putting in an order for new kit. The supplier of the new kit with the new sponsors named, has been decided. See forum for details of how to order this kit.

However "on demand" new kit can be obtained from Impsport using the password on the 2014 membership card.

The latest news about club kit can be found on the forum.

Club Secretary .

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Membership Cards and Discounts.

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn, Chubbs and First Ascent.

Open time trials 2014

| Day | Date | Event | Course | Time |
|--------|----------|---------|--------|-------|
| Sunday | 19th Oct | Riber | AHC/1 | 10.00 |
| Sunday | 19th Oct | Bank Rd | AHC/6 | 14.00 |

Possible Open Time Trials 2015

| Day | Date | Event | Course | Time |
|----------|--------------|-------------|---------------|-------|
| Saturday | 7th March | Hilly 25 | AH//2 | 14.00 |
| Sunday | 3rd May | Open 10 | A10/16 | 7.30 |
| Tuesday | 2nd June | Grouse 10 | A10/16 | 19.00 |
| Sunday | 22nd June | Open 25 | A25/12 | 7.30 |
| Sunday | 18th October | Hill climbs | Riber/Bank Rd | |

October 30th 2016

It looks as if we are promoting the CTT National Hill Climb Championships on Bank Road.

Please book the date.

We will need an event secretary, publicity, chief marshal and marshals, course co-ordinators, commentator, PA system , etc Any ideas?

Junior Section

Junior Dr Bike

This session takes place on Thursday 16th October starting at about 19.00. on the Barn club room If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Youth Club Runs

Youth club runs start from Crich Market Place, starting at 1.30pm Riders need to be at least 10 years of age, a member of British Cycling (Silver) or CTC, and capable of riding 20 to 30 miles. All riders must have a well maintained bike, clothing appropriate to the conditions, and some basic equipment. This must include a helmet, gloves, rain jacket, drink, and a spare innertube. Parents/guardians are encouraged to join the ride.

If you would like to join us please email Andrew Briggs on andrew@briggsfamily.me.uk

Club kit for young riders

The club has ordered kit for under-14 riders which is available for purchase. Cost is £24 per item. Contact Andy Woolf via the Matlock CC's Forum (matlockcyclingclub.forumotion.co.uk)

BSCA East Mids Championships 2014/5

| Event | Date | Venue | Start |
|-------|--------------|----------------|-------|
| X | 6th December | Whitworth Park | 10.00 |

Coaching dates 2014 in Whitworth Park

| Day | Date | Time | |
|-----|---------------|---------------|--------|
| Sat | 4th October | 9.30 - 10.45 | |
| Sat | 18th October | 9.30 - 10.45 | |
| Sat | 15th November | 9.30 - 10.45 | |
| Sat | 22nd November | 9.30 - 10.45 | |
| Sat | 6th December | 10.00 - 12.00 | BSCA X |
| Sat | 20th December | 9.30 - 10.45 | |

2015 - Possible dates

| | | |
|-----|---------------|--------------|
| Sat | 17th January | 9.30 - 10.45 |
| Sat | 31st January | 9.30 - 10.45 |
| Sat | 21st February | 9.30 - 10.45 |
| Sat | 28th February | 9.30 - 10.45 |
| Sat | 21st March | 9.30 - 10.45 |
| Sat | 28th March | 9.30 - 10.45 |

Wednesday evening coaching dates

Cyclocross at Lea Green £2/rider/session

| | |
|--------------------------|---------------|
| Wednesday, 8th October | 18.30 - 20.00 |
| Wednesday, 22nd October | 18.30 - 20.00 |
| Wednesday, 5th November | 18.30 - 20.00 |
| Wednesday, 19th November | 18.30 - 20.00 |
| Wednesday, 3rd December | 18.30 - 20.00 |
| Wednesday, 17th December | 18.30 - 20.00 |

Thursday evening roller coaching dates

| | |
|-------------------------|---------------|
| Thursday, 2nd October | 19.15 - 21.15 |
| Thursday, 16th October | 19.15 - 21.15 |
| Thursday, 13th November | 19.15 - 21.15 |
| Thursday, 27th November | 19.15 - 21.15 |
| Thursday, 11th December | 19.15 - 21.15 |

Matlock Cycling Club is sponsored by : Stanley Fearn Cycles ; Chubb and Co ; First Ascent.

**Contact Steve Strange , the club secretary, for more information about club activities
on 07768 847743 or spstrange@gmail.com.
Club website : www.matlockcyclingclub.org.uk**