



Newsletter

October 2013

Derby Cyclo-cross League event at Alreton Park promoted by Belper BC. See separate notice for details of these events.

Sunday, 13th October. 9.30 Ladies ride from Crown Square

Monday, 14th October. 9.30 Slow morning ride from Cromford market place.

Tuesday, 15th October. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 16th October. 18.30 Cyclocross training at Lea Green

Thursday, 17th October. 19.00 Roller racing for under 16s and takes place in the Barn club house.

Saturday, 19th October. 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

11.00 7th Notts & Derby Cyclo-cross League event at Bingham Leisure Centre promoted by VC Nottingham. See separate notice for details of these events.

Sunday, 20th October. 10.00 Riber Hillclimb. Entries close on Tuesday, 8th October. Incorporates the club hillclimb championships - senior, vets and junior.

14.00 Bank Road Hillclimb. Entries for both events closed on Tuesday, 8th October. See 8th October for details on how to enter.

Shops on Smedley Street will be open during the afternoon event including The Gate (shop?). A prime is being offered by the Smedley Street Traders for the fastest rider to Smedley Street.

A lot of help needed to marshal both events. If you can help at either or both events it would be very much appreciated. (The organiser did visit the Loire Valley in summer...) Please ring 01629734996 or email cj@ormail.co.uk.

Monday, 21st October. 9.30 Slow morning ride from Cromford market place.

Diary Dates for October

Tuesday, 1st October. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 2nd October. 18.30 Cyclocross training at Lea Green

Thursday, 3rd October. 19.00 Roller racing for under 16s and takes place in the Barn club house.

Saturday, 5th October. 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

11.00 5th Notts & Derby Cyclo-cross League event at Allestree Park promoted by South Pennine RC. See separate notice for details of these events.

Monday, 7th October. 9.30 Slow morning ride from Cromford market place.

Tuesday, 8th October. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Entries close for the Hillclimbs on Sunday 20th October. Entries should be on a ctt entry form, downloadable from ctt.org.uk, and entry fees should be made payable to Matlock CC. Fees are for one event £8 for both £14. If you enter both events one entry form suffices, but please mark it "both events". The completed form together with the entry fee, should be sent to C Mottram, Parkside, Station Road, Darley dale, derbys DE4 2EQ.

Thursday, 10th October. 19.15 Roller training at Imperial Rooms. Cost £2
20.00 - 20.30 club open.

Saturday, 12th October. 11.00 6th Notts &

Tuesday, 22nd October. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 23rd October. 18.30 Cyclocross training at Lea Green

Thursday, 24th October. 19.15 Roller training at Imperial Rooms. Cost £2
Club open 20.00 - 20.30

20.00 onwards, Dr Bike - ring Rob on 01629 822259 if you want an appointment to mend your bike,

Saturday, 26th October. 11.00 8th Notts & Derby Cyclo-cross League event at Bramcote Park promoted by Beeston CC. See separate notice for details of these events.

Monday, 28th October. 9.30 Slow morning ride from Cromford market place.

Tuesday, 29th October. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 31st October. 19.00 Roller racing for under 16s in the club room

Monday, 4th September. 9.30 Slow morning ride from Cromford market place.

Tuesday, 5th November. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 6th November. 18.30 Cyclocross training at Lea Green

Thursday, 7th November. 19.00 Roller racing for under 16s and takes place in the Barn club house.

Monday, 11th November. 9.30 Slow morning ride from Cromford market place.

Tuesday, 12th November. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 13th November. 18.30
Cyclocross training at Lea Green

Thursday, 14th November. 19.15 Roller training at Imperial Rooms. Cost £2
Club open from 20.00 to 20.30

Saturday, 16th November. 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

11.00 9th Notts & Derby Cyclo-cross League event at Holme Pierrepont promoted by

Nottingham Clarion CC. See separate notice for details of these events.

Reminder.

Will all members, especially when wearing club kit and or in time trials, remember to maintain the good name of the club by observing the Highway Code. Please show respect for other road users and members of the public. Behave towards others as you would like them to behave towards you.

Thanks

Thanks to all who helped with the BSCA events at the end of September and to those who came to Thorbridge for the skills test at the Bike Fest.

Press Secretary.

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Volunteering

Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at helencoombes1964@talktalk.net Any help would be much appreciated.

Committee Member Vacancies

The committee is looking for :

Cyclo-cross secretary ;

Road race secretary ;

Young member;

For job descriptions and details about what the posts would involve, please contact Steve Strange on 07768 847743 or email spstrange@gmail.com

Club Kit.

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The Endura brochure is also available to view at http://www.endura.co.uk/Dept.aspx?dept_id=207

Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.

Lee can be contacted on 01246 590228 or via email at lee.shunburne@nottingham.ac.uk or oldpomilltown@gmail.com

Club Secretary . Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Membership Cards and Discounts.

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn and Wards Shoe Shops.

Pedal Power 2014

John is looking for items for next year's Pedal Power. Now is the time to write your article before you forget. John can be contacted at johnwhite244@btinternet.com **This is the last call for the 2014 edition,**

Open time trials 2013

Day	Date	Event	Course	Time
Sunday	20th Oct	Riber HC	AHC/1	10.00
Sunday	20th Oct	Bank Road HC	AHC/6	14.00

Proposed open time trials 2014

Day	Date	Event	Course	Time
Saturday	1st March	Hilly 25	AH/2	14.00
Sunday	4th May	10	A10/16	8.00
Tuesday	3rd June	Grouse 10	A10/16	19.00
Sunday	22nd June	Tarmac 25	A25/12	7.30
Sunday	27th July?	GHS heat	A10/C	14.00
Sunday	19th Oct	Riber	AHC/1	10.00
Sunday	19th Oct	Bank Rd	AHC/6	14.00

Notts & Derby Cyclo-cross League

Event times :

Under 9 (7minutes) at 11.00 ; under-12 (15minutes) at 11.25 ; youth (25minutes) at 12.00 ; vets and women (50minutes) at 13.00 ; juniors, under-23 and seniors (50 minutes) at 14.30.

Online entry fee :

Under-9 £3.50 ; under-12 £3.50 ; youth £7.00 ; vets & women £15.00 ; juniors £10.00 ; under-23 & seniors £15.00.

On the day entry fee :

Under-9 £3.50 ; under-12 £3.50 ; youth £9.00

; vets & women £18.00 ; juniors £12.00 ; under-12 & seniors £18.00.

If you are over 16 and do not have British Cycling membership you will need to pay £3 for day membership.

Can you ride tandem?

A pilot is needed for a partially sighted young mn who lives in Snitterton. Further details from Richard Thoday 07941156162

Junior Section

Junior Dr Bike

This session takes place on Thursday 24th October starting at about 20.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Next BSCA Event.

This is the Cyclocross at Whitworth Park Saturday, 1st February 2014. Details in the December newsletter. Entries close on Tuesday 21st January 2014.

BSCA East Mids Championships 2013/4

Event	Date	Venue	Start
Cyclo X	1st February	Whitworth	10.00
Grass	7th June	Whitworth	10.00
MTB	7th June	Whitworth	11.00?

Coaching dates 2013

Whitworth coaching dates for the Autumn term - dates have been revised- check with the appropriate newsletter and on the website

2013

Saturday, 5th October 9.30 - 10.45

Saturday, 19th October 9.30 - 10.45

Saturday, 16th November 9.30 - 10.45

Saturday, 30th November 9.30 - 10.45

Saturday, 7th December 9.30 - 10.45

Saturday, 21st December 9.30 - 10.45

Note that on Saturday, 28th December the club promotes a cyclo-cross at Thornbridge Outdoors

2014

Saturday, 4th January 9.30 - 10.45

Saturday, 18th January 9.30 - 10.45

Saturday, 1st February 9.00 - 12.00

Saturday, 15th February 9.30 - 10.45

Saturday, 15th March 9.30 - 10.45

Saturday, 29th March 9.30 - 10.45

Saturday, 5th April 9.30 - 10.45

Monday, 7th April	18.30 - 19.30
Monday, 14th April	18.30 - 19.30
Monday, 21st April	18.30 - 19.30
Saturday, 26th April	9.30 - 10.45
Monday, 28th April	18.30 - 19.30
Saturday, 3rd May	9.30 - 10.45
Monday, 12th May	18.30 - 19.30
Monday, 19th May	18.30 - 19.30
Saturday, 24th May	9.30 - 10.45
Monday, 2nd June	18.30 - 19.30
Saturday, 7th June	9.00 - 12.00
Monday, 9th June	18.30 - 19.30
Saturday, 19th July	9.30 - 10.45
Saturday, 26th July	9.30 - 10.45

Roller Training Sessions

Roller training sessions in the large hall at Imperial

Rooms take place at 19.15 to 21.15 on
 Thursdays 10th & 24th October
 Thursdays 14th & 28th November
 Thursday 12th December
 Thursdays 9th & 23rd January
 Thursdays 13th & 27th February
 Cost : £2 per session

Cyclo Cross Training dates

Takes place at Lea Green

Wed	2nd October	18.30 - 20.00
Wed	16th October	18.30 - 20.00
Wed	23rd October	18.30 - 20.00
Wed	6th November	18.30 - 20.00
Wed	13th November	18.30 - 20.00
Wed	20th November	18.30 - 20.00
Wed	4th December	18.30 - 20.00
Wed	11th December	18.30 - 20.00
Wed	18th December	18.30 - 20.00

Darley Moor Circuit Races 2014

*Roy Osment is not continuing to act as event secretary for the club's series of circuit races at Darley Moor in 2014, but will remain as part of the team running these events. **We need a new event secretary for the 2014 series otherwise there will be no Matlock CC events at Darley Moor in 2014.** Help, training and guidance will be provided. No previous knowledge of road racing is necessary, just a willingness to learn on the job. For further information on what happens ring Roy on 01773 608175 or email him on royosment@tiscali.co.uk*

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.
 Club website : www.matlockcyclingclub.org.uk**