



# Newsletter

## October 2012

### Diary Dates for October

**Monday, 1st October.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 2nd October.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 4th October.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Club Roller Racing

19.00 Under - 14 roller racing at Club. First league event.

20.00 Over - 14 roller racing at club. First league event.

**Saturday, 6th October.** 12 noon onwards 5th Round of the SRAM Notts & Derby Cyclo Cross League at Allestree Park - promoted by South Pennine RC. See below for individual event times.

**Monday, 8th October.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 9th October.** 19.00 Meet for a road ride starting from Crown Square, Matlock  
Entries close for Riber and Bank Road Hill Climbs. Each event costs £8 or you can enter both for £14. Entries on a standard CTT entry form, obtainable from [www.ctt.org.uk](http://www.ctt.org.uk). If you enter both only one entry form is needed but ensure that both events are mentioned on this form. Cheques made payable to Matlock CC and sent to C Mottram, Parkside, Station Road, Darley Dale, Derbys. DE4 2EQ

**Wednesday, 10th October .** 18.30  
Cyclocross training at Thornbridge - see below

for more details.

**Thursday, 11th October.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Club Roller Racing

19.00 Under - 14 roller racing at Club. Second league event.

20.00 Over - 14 roller racing at club. Second league event.

**Saturday, 13th October** 12 noon onwards 6th Round of the SRAM Notts & Derby Cyclo Cross League at Alfreton Park, Alfreton - promoted by Belper BC. See below for individual event times.

**Sunday, 14th October .** Ladies ride starting at 9.30 from Crown Square, Matlock

**Monday, 15th October .** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 16th October .** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 18th October .** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Club not open as the rollers are going to the cubs.

**Saturday, 20th October .** 9.30 Coaching in Whiworth Park for under-12s

12 noon onwards 7th Round of the SRAM Notts & Derby Cyclo Cross League at Bingham Leisure Centre, Bingham - promoted by VC Nottingham  
See below for individual event times.

**Sunday, 21st October .** 10.00 Riber Hill Climb - event HQ Starkholmes Village Hall

14.00 Bank Road Hill Climb - event HQ Imperial Rooms

Help with either or both event welcomed. Please ring 01629 734996 if you can help.

Entries closed on Tuesday, 9th October.

**Monday, 22nd October .** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 23rd October** . 19.00 Meet for a road ride starting from Crown Square, Matlock

**Wednesday, 24th October** . 18.30 Cyclocross training at Thornbridge - see below for more details.

**Thursday, 25th October** . 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

19.00 onwards, Dr Bike - ring Rob on 01629 822259 if you want an appointment to mend your bike,

**Saturday, 27th October** . 9.30 Coaching in Whiworth Park for under-12s

12 noon onwards 6th Round of the SRAM Notts & Derby Cyclo Cross League at Bramcote Park, Nottingham - promoted by Beeston CC. See below for individual event times.

**Monday, 29th October** . 9.30 Slow morning ride from Cromford market place.

**Tuesday, 30th October** . 13.00 - 18.00 Roller racing at the ARC Leisure Centre. See website for more details.

19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 1st November** . 13.00 - 18.00 Roller racing at the ARC Leisure Centre. See website for more details.

19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Club rollers training sessions in the Imperial Rooms

**Monday, 5th November**. 9.30 Slow morning ride from Cromford market place.

**Tuesday, 6th November**. 19.00 Meet for a road ride starting from Crown Square, Matlock

**Wednesday, 7th November** . 18.30 Cyclocross training at Thornbridge - see below for more details.

**Thursday, 8th November**. 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Club Roller Racing

19.00 Under - 14 roller racing at Club. Third league event.

20.00 Over - 14 roller racing at club. Third league event.

**Saturday, 10th November**. 9.30 Coaching in Whiworth Park for under-12s

12.00 Velodrome session. Contact Emma Martin at e.martin@shu.ac.uk if you are interested.

**Monday, 12th November**. 9.30 Slow morning ride from Cromford market place.

**Tuesday, 13th November**. 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 15th November**. 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

20.00 Club AGM

### **Thanks**

Thanks to John, Richard, Jane and Phil for their help with the BSCA hillclimb.

### **Press Secretary.**

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

### **Volunteering**

'Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at helencoombes1964@talktalk.net Any help would be much appreciated'.

### **Pedal Power.**

Articles wanted for the club magazine, Pedal Power. Contact John White at johnwhite244@btinternet.com

### **Club Kit.**

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The Endura brochure is also available to view at <http://www.endura.co.uk/>

[Dept.aspx?dept\\_id=207](http://www.endura.co.uk/Dept.aspx?dept_id=207)

**Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.**

Lee can be contacted on 01246 590228 or via email at [lee.shunburne@nottingham.ac.uk](mailto:lee.shunburne@nottingham.ac.uk) or [oldpomilltown@gmail.com](mailto:oldpomilltown@gmail.com)

### **Club Secretary .**

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com).

### **Membership Cards and Discounts.**

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn's and Wards Shoe Shops.

### **Open Time Trial Dates 2012**

Sunday, 21st Oct	Riber	AHC/1	10.00
Sunday, 21st Oct	Bank Road,	AHC/6	14.00

### **Proposed open time trials 2013**

Day	Date	Event	Course	Time
Saturday	2nd March	Hilly 25	AH/2	14.00
Sunday	5th May	10	A10/16	8.00
Sunday	2nd June	BDCA 50?	A50/12	6.30
Tuesday	4th June	Grouse 10	A10/16	19.00?
Sunday	23rd June	Tarmac 25	A25/12	7.30
Sunday	20th Oct	Riber HC	AHC/1	10.00
Sunday	20th Oct	Bank Road HC	AHC/6	14.00

### **Notts and Derby Cyclo-Cross League.**

These events start in September and finish in January, 13 events in all. They follow a similar pattern.

*Under- 9 (born 2004 or later): starts at 12 noon, lasts 7 minutes and costs £1.*

*Under- 12 (born 2001 or later) : starts at 12.30 lasts 15 minutes and costs £1*

*Youth (born 1997 to 2000): starts at 13.00, lasts 25 minutes and costs £5*

*Youth under 14 (born 1999 or 2000)*

*Junior (born 1994 or 1995): starts at 14.15, lasts 50 minutes and costs £8*

*Seniors, vets, women : starts at 14.15, lasts 50 minutes and costs £12*

*Senior and junior riders need a BC licence.*

*Details can be found at [www.ndcxl.org.uk](http://www.ndcxl.org.uk) including details of the venues.*

*Harry Gould is always available to give advice.*

*Tel : 01629 822259.*

## **Junior Section**

### **Junior Dr Bike**

*This session takes place on Thursday 25th October starting at about 19.15. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.*

### **Next BSCA Event.**

*This will be the East Midland cyclo - X championships possibly on 2nd February 2013 at Whitworth Park. . Entries close on Tuesday, 22nd January 2013.*

### **BSCA East Mids Championships 2013/4**

Event	Date	Venue	Start
Cyclo-X	Feb 2nd	Whitworth	10.00
Grass	June 22nd	Whitworth	10.00
MTB	June 22nd	Whitworth	10.00
Hill climb	Sep 29th	High Tor	10.00
Rollers	Sep 29th	Starkholmes	11.00

### **Whitworth Park coaching in October.**

*Two sessions in October : Saturday, 20th October : Saturday, 27th October. Both start at 9.30am and finish at 10.45am.*

### **Cyclocross Training.**

*These Wednesday sessions are at Thornbridge. They cost £2 per session You need to be aged 9 and over and bring night riding lights. Sessions start at 18.30.*

*Dates are :*

Wed, 10th October	18.30
Wed, 24th October	18.30
Wed, 7th November	18.30
Wed, 21st November	18.30
Wed, 5th December	18.30
Wed, 19th December	18.30

*Come and enjoy the atmosphere.*

## ***Roller training***

*New venue - Imperial Rooms, Matlock.*

*Time 19.15 - 21.15*

*Dates :*

*1st and 29th November*

*13th December*

*17th and 31st January*

*14th and 28th February*

*14th and 28th March*

*Cost : £2. You need a set of rollers.*

### **Whitworth Park coaching dates until Christmas 2012 for the under-12s**

Saturday, 20th October 9.30 - 10.45

Saturday, 27th October 9.30 - 10.45

Saturday, 10th November 9.30 - 10.45

Saturday, 17th November 9.30 - 10.45

Saturday, 1st December 9.30 - 10.45

Saturday, 8th December 9.30 - 10.45

**Possible coaching dates 2013 - check with the appropriate newsletter and /or the website**

Saturday, 5th January 9.30 - 10.45

Saturday, 12th January 9.30 - 10.45

Saturday, 2nd February 10.00

Saturday, 9th February 9.30 - 10.45

Saturday, 16th February 9.30 - 10.45

Saturday, 9th March 9.30 - 10.45

Saturday, 16th March 9.30 - 10.45

Saturday, 13th April. 9.30 - 10.45

Saturday, 27th April 9.30 - 10.45

Saturday, 11th May 9.30 - 10.45

Saturday, 25th May 9.30 - 10.45

Saturday, 8th June 9.30 - 10.45

Saturday, 15th June 9.30 - 10.45

Saturday, 6th July 9.30 - 10.45

Saturday, 20th July 9.30 - 10.45

***Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..***

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.  
Club website : [www.matlockcyclingclub.org.uk](http://www.matlockcyclingclub.org.uk)**