



Newsletter

September 2013

Diary Dates for September

Monday, 2nd September. 9.30 Slow morning ride from Cromford market place.

Tuesday, 3rd September. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 5th September. 19.00 Roller racing for under 16s.

Takes place in the Barn club house.

19.00 Longer 3hour/40 mile social training ride. Meet at Crown Square

Saturday, 7th September. 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

11.00 1st Notts & Derby Cyclo-cross League event at Hardwick Hall promoted by Bolsover & District CC. See separate notice for details of these events.

Sunday, 8th September. 9.30 Ladies ride from Crown Square

10.00 Darley Moor crits - Club senior and junior championships

10.00 U-8 ; 10.15 U-10 ; 10.30 U-12 ; 10.45 U-14 & U-16 ; 12 noon 3rd & 4th cats

Monday, 9th September. 9.30 Slow morning ride from Cromford market place.

Tuesday, 10th September. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 12th September. 19.00 Longer 3hour/40 mile social training ride. Meet at Crown Square

Club open from 20.00 to 20.30

Saturday, 14th September. 11.00 2nd Notts

& Derby Cyclo-cross League event at Hilton Fields Farm promoted by Team Empella. See separate notice for details of these events.

Sunday, 15th September. 9.00 Thornbridge Outdoors Festival of Cycling. We are providing a timed skill test. All help appreciated and will be used. We are there for the morning only. Offers of help to John White or Chris Mottram

Monday, 16th September. 9.30 Slow morning ride from Cromford market place.

Tuesday, 17th September. 19.00 Meet for a road ride starting from Crown Square, Matlock. Entries close today for the two BSCA events on Sunday, 29th September - the East Midland Hill Climb and Roller Championships. Each event costs £5 - cheques made payable to Matlock CC. Entries on a BSCA entry form should be sent to C Mottram, Parkside, Station Road, Darley Dale, Derbys DE4 2EQ

Thursday, 19th September. 19.00 Longer 3hour/40 mile social training ride. Meet at Crown Square

20.00 Club room open to 20.30

20.00 onwards, Dr Bike - ring Rob on 01629 822259 if you want an appointment to mend your bike,

Saturday, 21st September. 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

11.00 3rd Notts & Derby Cyclo-cross League event at Markeaton Park promoted by Cycle Derby CC. See separate notice for details of these events.

Monday, 23rd September. 9.30 Slow morning ride from Cromford market place.

Tuesday, 24th September. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 26th September. 19.00 Roller racing for under 16s in the club room

19.00 Longer 3hour/40 mile social training ride.
Meet at Crown Square

Saturday, 28th September. 11.00 4h Notts & Derby Cyclo-cross League event at Shipley Ha;; Cricket Club promoted by Heanor ClarionCC. See separate notice for details of these events.

Sunday, 29th September 9.30 BSCA East Midland hillclimb championships on High Tor.

10.30 BSCA East Midland roller championships. Entries for both these events close on Tuesday, 17th September

Monday, 30th September. 9.30 Slow morning ride from Cromford market place.

Tuesday, 1st October. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 3rd October. 19.00 Roller racing for under 16s and takes place in the Barn club house.

Saturday, 5th October. 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

11.00 5th Notts & Derby Cyclo-cross League event at Allestree Park promoted by South Pennine RC CC. See separate notice for details of these events.

Monday, 7th October. 9.30 Slow morning ride from Cromford market place.

Tuesday, 8th October. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 10th October. 19.15 Roller training at Imperial Rooms. Cost £2
Club open from 20.00 to 20.30

Saturday, 12th October. 6th Notts & Derby Cyclo-cross League event at Alreton Park promoted by Belper BC. See separate notice for details of these events.

Reminder.

Will all members, especially when wearing club kit and or in time trials, remember to maintain the good name of the club by observing the Highway Code. Please show respect for other road users and members of the public. Behave towards others as you would like them to behave towards you.

Thanks

Thanks to all who helped with the Darley Moor crits, the DDDC Activity Weeks and the Darley Dale Primary School picnic sessions in Whitworth Park.

Press Secretary.

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Volunteering

Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at helencoombes1964@talktalk.net Any help would be much appreciated.

Committee Member Vacancies

The committee is looking for :

Cyclo-cross secretary ;

Road race secretary ;

Young member;

For job descriptions and details about what the posts would involve, please contact Steve Strange on 07768 847743 or email spstrange@gmail.com

Club Kit.

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The Endura brochure is also available to view at http://www.endura.co.uk/Dept.aspx?dept_id=207

Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.

Lee can be contacted on 01246 590228 or via email at lee.shunburne@nottingham.ac.uk or oldpomilltown@gmail.com

Club Secretary . Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Membership Cards and Discounts.

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn's and Wards Shoe Shops.

Pedal Power 2013

John is looking for items for next year's Pedal Power. Now is the time to write your article before you forget. John can be contacted at johnwhite244@btinternet.com

Open time trials 2013

Day	Date	Event	Course	Time
Sunday	20th Oct	Riber HC	AHC/1	10.00
Sunday	20th Oct	Bank Road HC	AHC/6	14.00

Proposed open time trials 2014

Day	Date	Event	Course	Time
Saturday	1st March	Hilly 25	AH/2	14.00
Sunday	4th May	10	A10/16	8.00
Tuesday	3rd June	Grouse 10	A10/16	19.00
Sunday	22nd June	Tarmac 25	A25/12	7.30
Sunday	27th July?	GHS heat	A10/C	14.00
Sunday	19th Oct	Riber	AHC/1	10.00
Sunday	19th Oct	Bank Rd	AHC/6	14.00

Forest Town Track

Forest Town track racing league has started on Monday evenings. Fixed and freewheel racing racing for youth riders. More information from Richard on 07941156162 or www.foresttowntrack.co.uk

Three more sessions this year : 2nd, 9th and 16th September.

Notts & Derby Cyclo-cross League

Event times :

Under 9 (7minutes) at 11.00 ; under-12 (15minutes) at 11.25 ; youth (25minutes) at 12.00 ; vets and women (50minutes) at 13.00 ; juniors, under-23 and seniors (50 minutes) at 14.30.

Online entry fee :

Under-9 £3.50 ; under-12 £3.50 ; youth £7.00 ; vets & women £15.00 ; juniors £10.00 ; under-23 & seniors £15.00.

On the day entry fee :

Under-9 £3.50 ; under-12 £3.50 ; youth £9.00 ; vets & women £18.00 ; juniors £12.00 ; under-12 & seniors £18.00.

If you are over 16 and do not have British Cycling membership you will need to pay £3 for day membership.

Can you ride tandem?

A pilot is needed for a partially sighted young man who lives in Snitterton. Further details from Richard Thoday 07941156162

Junior Section

Junior Dr Bike

This session takes place on Thursday 19th September starting at about 20.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Next BSCA Event.

This is the hillclimb at High Tor followed by the rollers championships at Starkholmes Village Hall on Sunday 29th September. Details in this September. Entries close on Tuesday 17th September

BSCA East Mids Championships 2013/4

Event	Date	Venue	Start
Hill climb	Sep 29th	High Tor	10.00
Rollers	Sep 29th	Starkholmes	11.00

Coaching dates 2013

Proposed Whitworth coaching dates for the Revival Autumn term - dates have been revised- check with the appropriate newsletter and on the website

Saturday, 7th September	9.30 - 10.45
Saturday, 21st September	9.30 - 10.45
Saturday, 5th October	9.30 - 10.45
Saturday, 19th October	9.30 - 10.45
Saturday, 16th November	9.30 - 10.45
Saturday, 30th November	9.30 - 10.45
Saturday, 14th December	9.30 - 10.45
Saturday, 21st December	9.30 - 10.45

Roller Training Sessions

Roller training sessions in the large hall at Imperial Rooms take place at 19.15 to 21.15 on
Thursdays 10th & 24th October
Thursdays 14th & 28th November
Thursday 12th December
Thursdays 9th & 23rd January
Thursdays 13th & 27th February
Cost : £2 per session

Darley Moor Circuit Races 2014

Roy Osment is not continuing to act as event secretary for the club's series of circuit races at Darley Moor in 2014, but will remain as part of the team running these events. We need a new event secretary for the 2014 series. Help, training and guidance will be provided. No previous knowledge of road racing is necessary, just a willingness to learn on the job. For further information on what happens ring Roy on 01773 608175 or email him on royosment@tiscali.co.uk

Last Matlock CC Darley Moor Races 2013

Time	Event	
10.00	U-8 small circuit	8 minutes
10.15	U-10 large circuit	10 minutes
10.30	U-12 large circuit	15 minutes
10.45	U-14 large circuit	10 miles
10,45	U-16 large circuit	10 miles
12.00	3rd & 4th cat	24 laps
Date	8th September - Club senior and junior championships	

Help with all these events would be very much appreciated. The 10.00 events especially need a lot of helpers.

If you able to offer help please contact Roy Osment :

Tel : 01773 608175

email : royosment@tiscali.co.uk

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.
Club website : www.matlockcyclingclub.org.uk**