



# Newsletter

## September 2012

### **Diary Dates for September**

**Saturday, 1st September.** 12 noon onwards  
1st Round of the SRAM Notts & Derby Cyclo  
Cross League at Hardwick Hall - promoted by  
Bolsover and District CC. See below for  
individual event times.

14.00 Sheldon Circuit time trial championship.  
starts north of the first cross roads along  
Monyash Road, Bakewell. Cost £3 unless you  
have a time trial pass.

14.45 Freewheel contest using Hassop hill on  
the Baslow to Hassop road.

**Monday, 3rd September.** 9.30 Slow morning  
ride from Cromford market place.

**Tuesday, 4th September.** 19.00 Meet for a  
road ride starting from Crown Square,  
Matlock

**Thursday, 6th September.** 19.00 Chain gang  
leaves Crown Square Matlock. Check with the  
Forum on the website to see who is going.

Club roller racing ;

19.00 Under - 14 roller racing at Club. First  
league event.

20.00 Over - 14 roller racing at club. First  
league event.

**Saturday, 8th September** 9.30 Coaching in  
Whiworth Park for under-12s

12 noon onwards 2nd Round of the SRAM  
Notts & Derby Cyclo Cross League at Hilton  
Fields farm, Hilton - promoted by Team  
Empella. See below for individual event times.

**Sunday, 9th September.** Ladies ride starting  
at 9.30 from Crown Square, Matlock

**Monday, 10th September.** 9.30 Slow morning  
ride from Cromford market place.

**Tuesday, 11th September.**

19.00 Meet for a road ride starting from Crown  
Square, Matlock

**Wednesday, 12th September.** 18.30 Cyclocross  
training at Thornbridge - see below for more  
details.

**Thursday, 13th September.** 19.00 Chain gang  
leaves Crown Square Matlock. Check with the  
Forum on the website to see who is going.

Club roller racing ;

19.00 Under - 14 roller racing at Club. Second  
league event.

20.00 Over - 14 roller racing at club. Second  
league event.

**Saturday, 15th September.** 12 noon onwards 3rd  
Round of the SRAM Notts & Derby Cyclo Cross  
League at Shipley Park - promoted by Heanor  
Clarion CC. See below for individual event times.

**Sunday, 16th September.**

**Monday, 17th September.** 9.30 Slow morning  
ride from Cromford market place.

**Tuesday, 18th September.** 19.00 Meet for a  
road ride starting from Crown Square, Matlock  
Entries close for the BSCA East Midlands Region  
Hillclimb Championships on Sunday, 30th  
September. This event uses the landrover track up  
High Tor that starts on Starkholmes Road,  
Matlock. Climb takes around 3 minutes. Entries  
cost £5, (cheques made payable to C Mottram)  
and should be on a BSCA form (obtainable from  
[www.bsca.org.uk](http://www.bsca.org.uk)) and sent to C Mottram,  
Parkside, Station Road, Darley Dale. DE4 2EQ

**Thursday, 20th September.** 19.00 Chain gang  
leaves Crown Square Matlock. Check with the  
Forum on the website to see who is going.

19.00 onwards, Dr Bike - ring Rob on 01629

822259 if you want an appointment to mend your bike,

**Saturday, 22nd September.** 9.30 Coaching in Whiworth Park for under-12s

12 noon onwards 4th Round of the SRAM Notts & Derby Cyclo Cross League at Chilwell Army Camp - promoted by Ashfield RC. See below for individual event times.

**Sunday, 23rd September.** Club's own Darley Moor crit incorporating the club's road race championships. 2/3/4/jun/ladies

**Monday, 24th September.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 25th September.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Wednesday, 26th September.** 18.30 Cyclocross training at Thornbridge - see below for more details.

**Thursday, 27th September.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going. Club open after this event.

**Sunday, 30th September.** 10.00 BSCA East Midland Region Hillclimb Championships using High Tor. Entries closed on Tuesday, 18th September.

**Monday, 1st October.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 2nd October.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 4th October.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Club Roller Racing

19.00 Under - 14 roller racing at Club. Third league event.

20.00 Over - 14 roller racing at club. Third league event.

**Saturday, 6th October.** 12 noon onwards 5th Round of the SRAM Notts & Derby Cyclo Cross League at Allestree Park - promoted by South Pennine RC. See below for individual event times.

**Monday, 8th October.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 9th October.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 11th October.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Club Roller Racing

19.00 Under - 14 roller racing at Club. Fourth league event.

20.00 Over - 14 roller racing at club. Fourth league event.

**Thanks**

Thanks to Harry, John, Rik and Roy for their help with the Derbyshire Dales Activity Weeks at Whitworth Park and Ashbourne. Thanks to all who help marshal the triathlon on Bank Holiday Monday.

**Press Secretary.**

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : [spstrange@gmail.com](mailto:spstrange@gmail.com). Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

**Volunteering**

'Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at [helencolliercoombes1964@talktalk.net](mailto:helencolliercoombes1964@talktalk.net) Any help would be much appreciated'.

**Pedal Power.**

Articles wanted for the club magazine, Pedal Power. Contact John White at [johnwhite244@btinternet.com](mailto:johnwhite244@btinternet.com)

**Club Kit.**

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The Endura brochure is also available to view at

[http://www.endura.co.uk/Dept.aspx?dept\\_id=207](http://www.endura.co.uk/Dept.aspx?dept_id=207)

**Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.**

Lee can be contacted on 01246 590228 or via email at [lee.shunburne@nottingham.ac.uk](mailto:lee.shunburne@nottingham.ac.uk) or [oldpomilltown@gmail.com](mailto:oldpomilltown@gmail.com)

### **Club Secretary .**

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com).

### **Membership Cards and Discounts.**

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn and Wards Shoe Shops.

### **Open Time Trial Dates 2012**

Sunday, 21st Oct	Riber	AHC/1	10.00
Sunday, 21st Oct	Bank Road,	AHC/6	14.00

### **Proposed open time trials 2013**

Day	Date	Event	Course	Time
Saturday	2nd March	Hilly 25	AH/2	14.00
Sunday	5th May	10	A10/16	8.00
Sunday	2nd June	BDCA 50?	A50/12	6.30
Tuesday	4th June	Grouse 10	A10/16	19.00?
Sunday	23rd June	Tarmac 25	A25/12	7.30
Sunday	20th Oct	Riber HC	AHC/1	10.00
Sunday	20th Oct	Bank Road HC	AHC/6	14.00

### **Notts and Derby Cyclo-Cross League.**

These events start in September and finish in February, 14 events in all. They follow a similar pattern.

*Under- 9 (born 2004 or later): starts at 12 noon, lasts 7 minutes and costs £1.*

*Under- 12 (born 2001 or later) : starts at 12.30 lasts 15 minutes and costs £1*

*Youth (born 1997 to 2000): starts at 13.00, lasts 25 minutes and costs £5*

*Youth under 14 (born 1999 or 2000)*

*Junior (born 1994 or 1995): starts at 14.15, lasts 50 minutes and costs £8*

*Seniors, vets, women : starts at 14.15, lasts 50*

*minutes and costs £12*

*Senior and junior riders need a BC licence.*

*Details can be found at [www.ndcxl.org.uk](http://www.ndcxl.org.uk) including details of the venues.*

*Harry Gould is always available to give advice. Tel : 01629 822259.*

### **Forest Town Track**

*Racing continues for the first two Mondays in September*

### **Junior Section**

**Junior Dr Bike** This session takes place on Thursday 20th September starting after the long hilly time trial at about 19.15. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

**Next BSCA Event.** This will be the East Midland hill climb championships on Sunday 30th September on the track up to High Tor. . Entries close on Tuesday, 18th September.

### **BSCA East Mids Championships 2012**

Event	Date	Venue	Start
Hill climb	Sept 30th	High Tor	10.00

### **Whitworth Park coaching in September.**

*Two sessions in September : Saturday, 8th September : Saturday, 22nd September. Both start at 9.30am and finish at 10.45am.*

### **Cyclocross Training.**

*These Wednesday sessions are at Thornbridge. They cost £2 per session You need to be aged 9 and over and bring night riding lights. Sessions start at 18.30.*

*Dates are :*

Wed, 12th September	18.30
Wed, 26th September	18.30
Wed, 10th October	18.30
Wed, 24th October	18.30
Wed, 7th November	18.30
Wed, 21st November	18.30
Wed, 5th December	18.30
Wed, 19th December	18.30

*Come and enjoy the atmosphere.*

## ***Roller training***

*New venue - Imperial Rooms, Matlock.*

*Time 19.15 - 21.15*

*Dates :*

*15th and 29th November*

*18th December*

*17th and 31st January*

*14th and 28th February*

*14th and 28th March*

### **Whitworth Park coaching dates until Christmas 2012 for the under-12s**

Saturday, 8th September	9.30 - 10.45
Saturday, 22nd September	9.30 - 10.45
Saturday, 20th October	9.30 - 10.45
Saturday, 27th October	9.30 - 10.45
Saturday, 10th November	9.30 - 10.45
Saturday, 17th November	9.30 - 10.45
Saturday, 1st December	9.30 - 10.45
Saturday, 8th December	9.30 - 10.45

### **Possible coaching dates 2013 - check with the appropriate newsletter and /or the website**

Saturday, 5th January	9.30 - 10.45
Saturday, 12th January	9.30 - 10.45
Saturday, 9th February	9.30 - 10.45
Saturday, 16th February	9.30 - 10.45
Saturday, 9th March	9.30 - 10.45
Saturday, 16th March	9.30 - 10.45
Saturday, 13th April.	9.30 - 10.45
Saturday, 27th April	9.30 - 10.45
Saturday, 11th May	9.30 - 10.45
Saturday, 25th May	9.30 - 10.45
Saturday, 8th June	9.30 - 10.45
Saturday, 15th June	9.30 - 10.45
Saturday, 6th July	9.30 - 10.45
Saturday, 20th July	9.30 - 10.45

***Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..***

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.  
Club website : [www.matlockcyclingclub.org.uk](http://www.matlockcyclingclub.org.uk)**