



2nd edition

Diary Dates for August

Wednesday, 1st August. 10.00 Derbyshire Dales Cycling Activity Week at Whitworth Park
19.00 MTB Eliminator style racing at Thornbridge

Thursday, 2nd August. 10.00 Derbyshire Dales Cycling Activity Week at Whitworth Park
18.30 Short hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.
Club open after this event.

Friday, 3rd August. 10.00 Derbyshire Dales Cycling Activity Week at Whitworth Park

Sunday, 5th August. 12.00 Darley Moor Crit 2/3/4/etc

Monday, 6th August. 9.30 Slow morning ride from Cromford market place.

10.00 Derbyshire Dales Cycling Activity Week at Ashbourne Recreation Ground

Tuesday, 7th August. 10.00 Derbyshire Dales Cycling Activity Week at Ashbourne Recreation Ground

18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Wednesday, 8th August. 10.00 Derbyshire Dales Cycling Activity Week at Ashbourne Recreation Ground

Thursday, 9th August. 10.00 Derbyshire Dales Cycling Activity Week at Ashbourne Recreation Ground

18.30 Short hilly time trial. Starts at the end of

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the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this event.

Friday, 11th August. 10.00 Derbyshire Dales Cycling Activity Week at Ashbourne Recreation Ground

Sunday, 12th August. Ladies ride starting at 9.30 from Crown Square, Matlock

Monday, 13th August. 9.30 Slow morning ride from Cromford market place.

Tuesday, 14th August. 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 16th August. 18.30 Short hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this event.

Dr Bike - ring Rob on 01629 822259 if you want an appointment to mend your bike,

Sunday, 19th August. Velodrome visit - full!

Monday, 20th August. 9.30 Slow morning ride from Cromford market place.

Tuesday, 21st August. 18.30 Ashford 5 mile time trial - Club Championship. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 23rd August. 18.30 Short hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this event.

Monday, 27th August. 9.30 Slow morning ride

from Cromford market place.

Tuesday, 28th August. 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 30th August. 18.30 Short hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this event.

Saturday, 1st September. 14.00 Sheldon Circuit time trial championship. starts north of the first cross roads along Monyash Road, Bakewell. Cost £3 unless you have a time trial pass.

14.45 Freewheel contest using Hassop hill on the Baslow to Hassop road.

Monday, 3rd September. 9.30 Slow morning ride from Cromford market place.

Tuesday, 4th September. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 5th September. 19.00 Under - 14 roller racing at Club. First league event.

20.00 Over - 14 roller racing at club. First league event.

Thanks Thanks to Harry, John and Roy for their valiant efforts in the sun at Carsington at the Village Games were over seventy youngsters took part in a times skills test.

Five Mile Championship This has been re-scheduled for Tuesday, 21st August.

Press Secretary. Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Forest Town Track

Track racing season at Forest Town (Mansfield-) has started again. Family friendly track racing league 7pm every Monday night until

September.

A and B seniors, youth fixed wheel and youth freewheel categories. More information at www.foresttowntrack.co.uk

facebook Forest Town Track or call Richard 07941156162

Volunteering `Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Collier our Volunteer Co-Ordinator via email at helencollier@tiscali.co.uk. Any help would be much appreciated`.

Triathlon. Matlock Athletic Club organise a triathlon on August Bank Holiday Monday. We usually marshal the cycling section of this event. Karl Webster, the organiser, has promised that the event this year will be around two hours long. If you are able to help please contact Tony Holmes at atash2cv@supanet.com or ring 01629 734753

Pedal Power. Articles wanted for the club magazine, Pedal Power. Contact John White at johnwhite244@btinternet.com

Club Kit. The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The next order will be sent **in end of July beginning of August**

The Endura brochure is also available to view at http://www.endura.co.uk/Dept.aspx?dept_id=207

Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.

Lee can be contacted on 01246 590228 or via email at lee.shunburne@nottingham.ac.uk or oldpomilltown@gmail.com

Club Secretary . Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Membership Cards and Discounts. Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn and Wards Shoe Shops.

Open Time Trial Dates 2012

Sunday, 21st Oct	Riber	AHC/1	10.00
Sunday, 21st Oct	Bank Road,	AHC/6	14.00

Proposed open time trials 2013

Day	Date	Event	Course	Time
Saturday	2nd March	Hilly 25	AH/2	14.00
Sunday	5th May	10	A10/16	8.00
Sunday	4th June	BDCA 50?	A50/12	6.30
Tuesday	11th June	Grouse 10	A10/16	19.00?
Sunday	23rd June	Tarmac 25	A25/12	7.30
Sunday	20th Oct	Riber HC	AHC/1	10.00
Sunday	20th Oct	Bank Road HC	AHC/6	14.00

Junior Section

Junior Dr Bike This session takes place on Thursday 16th August starting after the long hilly time trial at about 19.15. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Next BSCA Event. This will be the East Midland hill climb championships on Sunday 30th September on the track up to High Tor. . Entries close on Tuesday, 18th September.

BSCA East Mids Championships 2012

Event	Date	Venue	Start
Hill climb	Sept 30th	High Tor	10.00

Coaching in August. Coaching in August is restricted to the two Derbyshire Dales Activity weeks outlined below

Derbyshire Dales District Council Summer Holiday Activity Weeks

We are two weeks - one at Whitworth Park, Darley Dale the other at the recreation ground at Ashbourne. The leisure centres now organise their own timetable of activities .

Dates are :

Whitworth Park 30th July to 3rd August

Ashbourne recreation ground 6th August to 10th

August

All sessions start at 10.00 and finish at 12 noon
Booking is through the local leisure centre, ARC for the Whitworth week and Ashbourne Leisure Centre for the Ashbourne week.

These weeks are similar to the Saturday morning session with Trix skill awards added.

MTB Training.

These Wednesday sessions are at Thornbridge. They cost £2 per session You need to be aged 9 and over and bring night riding lights.

Dates are :

1st August 7 - 9pm Eliminator style racing
Come and enjoy the atmosphere.

Coaching dates until Christmas 2012

Saturday, 8th September	9.30 - 10.45
Saturday, 22nd September	9.30 - 10.45
Saturday, 20th October	9.30 - 10.45
Saturday, 27th October	9.30 - 10.45
Saturday, 10th November	9.30 - 10.45
Saturday, 17th November	9.30 - 10.45
Saturday, 1st December	9.30 - 10.45
Saturday, 8th December	9.30 - 10.45

Possible coaching dates 2013 - check with the appropriate newsletter and /or the website

Saturday, 5th January	9.30 - 10.45
Saturday, 12th January	9.30 - 10.45
Saturday, 9th February	9.30 - 10.45
Saturday, 16th February	9.30 - 10.45
Saturday, 9th March	9.30 - 10.45
Saturday, 16th March	9.30 - 10.45
Saturday, 13th April.	9.30 - 10.45
Saturday, 27th April	9.30 - 10.45
Saturday, 11th May	9.30 - 10.45
Saturday, 25th May	9.30 - 10.45
Saturday, 8th June	9.30 - 10.45
Saturday, 15th June	9.30 - 10.45
Saturday, 6th July	9.30 - 10.45
Saturday, 20th July	9.30 - 10.45

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.
Club website : www.matlockcyclingclub.org.uk**

