



Newsletter

July 2014

Diary Dates for July

Tuesday, 1st July. 19.00 10 mile time trial. club championship. Starts the B5057/Church Road junction in Darley Dale Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 2nd July. 18.30 Cyclocross training in Whitworth Park.

Thursday, 3rd July. 19.00 Longer hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Sunday, 6th July. 10.30 Youth club run from Crich.

Monday, 7th July. 9.30 Slow morning ride from Cromford market place.

19.00 Forest Town track league

Tuesday, 8th July. 19.00 10 mile time trial. Starts the B5057/Church Road junction in Darley Dale Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 9th July. 18.30 Cyclocross training in Whitworth Park

Thursday, 10th July. 19.00 Longer hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Sunday, 13th July. 9.30 Ladies ride from Crown Square, Matlock

Monday, 14th July. 9.30 Slow morning ride

from Cromford market place.

19.00 Forest Town track league

Tuesday, 15th July. 19.00 10 mile time trial. Starts the B5057/Church Road junction in Darley Dale Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 17th July. 19.00 Longer hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Saturday, 19th July. 9.30 Coaching for younger riders in Whitworth Park, Session finishes by 10.45

Monday, 21st July. 9.30 Slow morning ride from Cromford market place.

19.00 Forest Town track league

Tuesday, 22nd July. 19.00 10 mile time trial. Starts the B5057/Church Road junction in Darley Dale Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

Entries close for the Central District Heat of the GHS 10 mile Time trial. The GHS is the National 10 mile Time Trial Championships for rideers aged 12 to under - 17 riders and qualification for the final is through District heats. The race takes place on the Darley Moor circuit - completely traffic free and flat. It starts at 10.00 on Sunday, 3rd August. Entries should be on a special entry form downloadable from ctt.org.uk - go to site map and look for forms. Entry fee is £5 - cheques made payable to Matlock CC and should be sent to C Mottram, Parkside, Station Road, Darley Dale, Derbys DE4 2EQ.

Thursday, 24th July. 19.00 Longer hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you

have a time trial pass.

19.30 - 20.00 The Barn clubroom open

20.00 Dr Bike Let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Saturday, 26th July. 9.30 Coaching for younger riders in Whitworth Park, Session finishes by 10.45

Monday, 28th July. 9.30 Slow morning ride from Cromford market place.

10.00 - 12 noon Derbyshire Dales Cycling Activity Week at Whitworth Park. Programme is similar to Whitworth Park coaching sessions with the additional possibility of achieving a BSCA Trix Award for your cycling skills.

Enrolment is through the ARC Leisure Centre tel : 01629 581322

19.00 Forest Town track league

Tuesday, 29th July. 10.00 - 12 noon Derbyshire Dales Cycling Activity Week at Whitworth Park. Programme is similar to Whitworth Park coaching sessions with the additional possibility of achieving a BSCA Trix Award for your cycling skills. Enrolment is through the ARC Leisure Centre

19.00 10 mile time trial. club championship. Starts the B5057/Church Road junction in Darley Dale Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 30th July. 10.00 - 12 noon Derbyshire Dales Cycling Activity Week at Whitworth Park. Programme is similar to Whitworth Park coaching sessions with the additional possibility of achieving a BSCA Trix Award for your cycling skills. Enrolment is through the ARC Leisure Centre

18.30 Cyclocross training in Whitworth Park

19.00 Touring Trophy - Treasure hunt around Youlgreave. Meet on Conksbury Lane..

Thursday, 31st July. 10.00 - 12 noon Derbyshire Dales Cycling Activity Week at Whitworth Park. Programme is similar to Whitworth Park coaching sessions with the

additional possibility of achieving a BSCA Trix Award for your cycling skills. Enrolment is through the ARC Leisure Centre

19.00 Longer hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Friday, 1st August. 10.00 - 12 noon Derbyshire Dales Cycling Activity Week at Whitworth Park. Programme is similar to Whitworth Park coaching sessions with the additional possibility of achieving a BSCA Trix Award for your cycling skills. Enrolment is through the ARC Leisure Centre

Sunday, 3rd August. 10.00 Central District Heat of the GHS 10 mile timetrial at Darley Moor circuit. Followed by paracycling championships.

14.00 3rd/4th cat ladies race. - EOL

10.30 Youth club run from Crich.

Monday, 4th August. 9.30 Slow morning ride from Cromford market place.

10.00 - 12 noon Derbyshire Dales Cycling Activity Week at Ashbourne Recreation .Ground Programme is similar to Whitworth Park coaching sessions with the additional possibility of achieving a BSCA Trix Award for your cycling skills. Enrolment is through the Ashbourne Leisure Centre 01335 343712

19.00 Forest Town track league

Tuesday, 5th August. 10.00 - 12 noon Derbyshire Dales Cycling Activity Week at Ashbourne Recreation .Ground Programme is similar to Whitworth Park coaching sessions with the additional possibility of achieving a BSCA Trix Award for your cycling skills.

18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 6th August. 10.00 - 12 noon Derbyshire Dales Cycling Activity Week at Ashbourne Recreation .Ground Programme is similar to Whitworth Park coaching sessions with the additional possibility of achieving a BSCA Trix Award for your cycling skills.

18.30 Cyclocross training in Whitworth Park

Thursday, 7th August. 10.00 - 12 noon
Derbyshire Dales Cycling Activity Week at
Ashbourne Recreation .Ground Programme is
similar to Whitworth Park coaching sessions
with the additional possibility of achieving a
BSCA Trix Award for your cycling skills.

18.30 Hilly time trial. Starts at the end of the
entrance lane to Cromford railway station. Cost
£3 unless you have a time trial pass.

Friday, 9th August. 10.00 - 12 noon
Derbyshire Dales Cycling Activity Week at
Ashbourne Recreation .Ground Programme is
similar to Whitworth Park coaching sessions
with the additional possibility of achieving a
BSCA Trix Award for your cycling skills.

Sunday, 10th August. 9.30 Ladies ride from
Crown Square, Matlock

Monday, 11th August. 9.30 Slow morning
ride from Cromford market place.

19.00 Forest Town track league

Tuesday, 12th August. 18.30 Ashford 5 mile
time trial. Sign up by the bus shelter near to the
cricket ground. Cost £3 unless you have a time
trial pass.

19.00 Meet for a road ride starting from Crown
Square, Matlock.

Reminder.

Will all members, especially when wearing club
kit and or in time trials, remember to maintain
the good name of the club by observing the
Highway Code. Please show respect for other
road users and members of the public. Behave
towards others as you would like them to behave
towards you.

Pedal Power 2015

The Club magazine Pedal Power needs
articles for the next edition, any content
gratefully received, please send any
contributions to johnwhite244@btinternet.com .

Thanks

Thanks to all who helped with BSCA events and

the Grouse 10.

Press Secretary.

Please send stories, news, results and photos to
Helen Coombes

email : Helencoombes1964@talktalk.net

Tel : 01629 580027 or 07841076363

Helen needs to keep a high profile for the Club
on the sports pages of local press. Please help
by sending him your news by Sunday evenings.

Committee Member Vacancies

The committee is looking for :

Cyclo-cross secretary ;

Road race secretary ;

Young member,

For job descriptions and details about what the
posts would involve, please contact Steve
Strange on 07768 847743 or email
spstrange@gmail.com

Club Kit.

Andy Woolf is taking over from Lee as kit co-
ordinator. He can be reached at
andrewwoolf@btinternet.com if you are
interested in putting in an order for new kit. The
supplier of the new kit with the new sponsors
named, has not been decided. However "on
demand" new kit can be obtained from Impsport
using the password on the 2014 membership
card.

Club Secretary .

Steve Strange is our Club Secretary. He can be
contacted on 07768 847743 or
spstrange@gmail.com.

Membership Cards and Discounts.

Please remember to show your current Matlock
CC membership card when asking for a discount
at Stanley Fearn, Chubbs and First Ascent.

Open time trials 2014

Day	Date	Event	Course	Time
Sunday	3rd Aug	GHS heat	A10/C	14.00
Sunday	19th Oct	Riber	AHC/1	10.00
Sunday	19th Oct	Bank Rd	AHC/6	14.00

Forest Town Track

Monday evening racing league starts 5th May 7pm. Categories for youth freewheel, youth and senior fixed wheel.

Sessions are free.

Call Richard on 07941156162 for more details.

Junior Section

Junior Dr Bike

This session takes place on Thursday 24th July starting at about 20.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Youth Club Runs

Youth clubs starts again on the Sunday 1st July from Crich Market Place, starting at 10.30. Riders need to be at least 10 years of age, a member of British Cycling (Silver) or CTC, and capable of riding 20 to 30 miles. All riders must have a well maintained bike, clothing appropriate to the conditions, and some basic

equipment. This must include a helmet, gloves, rain jacket, drink, and a spare innertube. Parents/guardians are encouraged to join the ride.

If you would like to join us please email Andrew Briggs on andrew@briggfamily.me.uk

Club kit for young riders

The club has ordered kit for under-14 riders which is available for purchase. Cost is £24 per item. Contact Andy Woolf via the Matlock CC's Forum

(matlockcyclingclub.forumotion.co.uk)

Coaching dates 2014 in Whitworth Park

Saturday, 19th July 9.30 - 10.45

Saturday, 26th July 9.30 - 10.45

Wednesday evening coaching dates

Cyclocross at Whitworth Park £2/rider/session

Wednesday, 2nd July 18.30 - 20.00

Wednesday, 9th July 18.30 - 20.00

Darley Moor Circuit Races 2014

We need help with running the events listed below : signing on, giving out numbers, judging the races, etc. For further information on what happens ring Roy on 01773 608175 or email him on royosment@tiscali.co.uk

Sunday, 3rd August 10.00 Central District heat of GHS 11.00, 12.00 Paracyling 14.00 3/4 cat Ladies Race

Sunday, 14th Sept. 10.00 U-8 10.30 U-12 11.00 U-12,U-14 12.30 3rd/4th 14.15 3rd/4th ladies race.

Matlock Cycling Club is sponsored by : Stanley Fearn Cycles ; Chubb and Co ; First Ascent.

Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com. Club website : www.matlockcyclingclub.org.uk