



Newsletter

June 2012

Diary Dates for June

Friday, 1st June. Entries close for the Grouse open 10 mile time trial taking place on Tuesday, 12th June. Entries, £8, on a standard CTT entry form from ctt.org.uk should be sent to Richard Thoday, 8, Lime Grove Walk, Matlock, DE4 3FD **No late entries accepted.**

Saturday, 2nd June. 9.30 Coaching in Whitworth Park

9.00 Entries close for the Grouse open 10 mile time trial taking place on Tuesday, 12th June. Entries, £8, on a standard CTT entry form from ctt.org.uk should be sent to Richard Thoday, 8, Lime Grove Walk, Matlock, DE4 3FD

Sunday, 3rd June. Meet for a social ride starting at 9.30 in Crown Square, Matlock
Check the forum on the website to see who is going

Monday, 4th June. 7.00 Club 25 mile time trial championship. Starts at the layby near to Firth Rixons. Cost £3 unless you have a time trial pass.

9.30 Slow morning ride from Cromford market place.

Tuesday, 5th June. 19.00 10 mile time trial. Meet at 4 Lane Ends, Darley Dale (Church Road/B5057 junction) Costs £3 unless you have a time trial pass. 18.30

19.00 Meet for a road ride starting from Crown Square, Matlock

Wednesday, 6th June. 19.00 Eliminator style racing at Thornbridge. See website for more details.

Thursday, 7th June . 19.00 Long hilly time

trial. Starts at the end of the entrance lane to Cromford railway station. Costs £3 unless you have a time trial pass.

Club open after this time trial

Saturday, 9th June . 9.30 Coaching in Whitworth Park

Sunday, 10th June . 6.30 Open 50 mile BDCA time trial using course A50/12. incorporates the club's 50 mile championship Entries closed for this event on Tuesday, 29th May.

Help with marshalling this event much appreciated. Please phone 01629 734996

Ladies ride starting at 9.30 from Crown Square, Matlock

12.00 Darley Moor Crit 2/3/4/etc

14.00 GHS Central District Final at Darley Moor. Entries closed on Tuesday 29th May.

Monday, 11th June . 9.30 Slow morning ride from Cromford market place.

18.30 Grass track racing at Whitworth Park. Age groups are under-7, under-9 and under-11. Entry is free if you are a member of the club or £1 if not a member. Age taken at 1st September 2011.

Tuesday, 12th June . 18.30 Grouse open time trial using A10/16. Entries closed on Friday/Saturday 1st/2nd June

19.00 Meet for a road ride starting from Crown Square, Matlock

Entries, £8, close for the club's open 25 mile time trial on Sunday, 24th June. Entries should use the standard ctt entry form, downloadable from www.ctt.org and should be sent to R Gould, Kavan House, Summer Lane, Wirksworth, DE4 4EB Tel 01629 822259

Entries, £10, close for the British Schools Cycling Association East Mids Grass Track and MTB Championships on Saturday, 23rd June at Whitworth Park. Entries should use a blank BSCA entry form downloadable from

www.bsca.org.uk and should be sent to C Mottram, Parkside, Station Road, Darley Dale, DE4 2EQ. Cheques made payable to C Mottram.

Wednesday, 13th June. 18.30 MTB coaching at Thornbridge. See website for more details.

Thursday, 14th June . 19.00 Long hilly time trial championship. Starts at the end of the entrance lane to Cromford railway station. Costs £3 unless you have a time trial pass. Club open after this event.

Sunday, 17th June . Velodrome visit see website for more details.

Monday, 18th June . 9.30 Slow morning ride from Cromford market place.

18.30 Grass track racing at Whitworth Park. Age groups are under-7, under-9 and under-11. Entry is free if you are a member of the club or £1 if not a member. Age taken at 1st September 2011.

Tuesday, 19th June . 19.00 10 mile time trial Meet at 4 Lane Ends, Darley Dale (Church Road/B5057 junction) Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Wednesday, 20th June

19.00 Touring Trophy starts from the new car park on Imperial Road (Where the lido used to be)

Thursday, 21st June . 18.30 Taddington Circuit championship. Meet at Congreave Lane/ Picory Corner. Costs £3 unless you have a time trial pass.18.30

No Club

Saturday, 23rd June . 10.00 BSCA East Midland Region Grass Track and MTB Championships at Whitworth Park. Entries closed on Tuesday, 12th June.

Sunday, 24th June . 8.00 Open 25 mile time trial using A25/12. Entries closed on Tuesday, 12th June.

Monday, 25th June . 9.30 Slow morning ride from Cromford market place.

Tuesday, 26th June . 19.00 10 mile time trial Meet at 4 Lane Ends, Darley Dale (Church Road/ B5057 junction) Cost £3 unless you have a time trial pass.18.30

Wednesday, 27th June . 18.30 MTB training at Thornbridge. See website for more details.

Thursday, 28th June . 19.00 Long hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after time trial.

Dr Bike: Please ring Rob on 01629 822259 for an appointment.

Friday, 29th June .15.00 ish The Torch goes along the A6 in Darley Dale. The club may be doing a skills type timed test in Whitworth Park. Details are uncertain at present but will be on the club's website when finalised.

Sunday, 1st July. 12.00 Darley Moor Crit 2/3/4/ etc

Monday, 2nd July. 9.30 Slow morning ride from Cromford market place.

Tuesday, 3rd July. 19.00 10 mile time trial championship. Meet at 4 Lane Ends, Darley Dale (Church Road/B5057 junction) Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 5th July . 19.00 Long hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this time trial

Sunday, 8th July. Ladies ride starting at 9.30 from Crown Square, Matlock

Monday, 9th July. 9.30 Slow morning ride from Cromford market place.

Tuesday, 10th July. 19.00 10 mile time trial . Meet at 4 Lane Ends, Darley Dale (Church Road/ B5057 junction) Cost £3 unless you have a time trial pass.18.30

19.00 Meet for a road ride starting from Crown Square, Matlock

Thanks

Thanks to Rob, Harry, Phil, Hugh, Rik and Hazel for their help in organising the National BSCA Circuit Race championships at Darley Moor.

Thanks to Tony, Keith, Paul, Roy, Harry, Rob and Hazel for help with the club's open 10.

Thanks to Harry, Keith and Rob for help with the White Peak Marathons.

Press Secretary.

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Ladies Competition 2012

As part of the club's development plan objective to encourage women's participation in cycling we are running a ladies competition as a trial for 2012.

It uses club Tuesday evening 10 mile time trials. (ie not Grouse 10)

Points gained in a maximum of 5 events - ie 5 best point scores

Minimum of 10 points for the winner, then 9, 8 etc. More than 10 riders then the winner gets the same number of points as riders eg 15 ladies ride then winner gets 15 points etc.

Categories : U-14, U-16, junior, senior, vet 40-49, vet 50-59, old(!)

Points in these categories : 3,2,1

Age is taken on the day of the first event ie Tuesday, May 8th

Forest Town Track

Track racing season at Forest Town (Mansfield)- has started again. Family friendly track racing league 7pm every Monday night until September.

A and B seniors, youth fixed wheel and youth freewheel categories. More information at www.foresttowntrack.co.uk facebook Forest Town Track or call Richard 07941156162

Volunteering

'Volunteering can be rewarding - if you would like to get involved with helping out at club

events, please contact Helen Collier our Volunteer Co-Ordinator via email at helencollier@tiscali.co.uk. Any help would be much appreciated'.

Club Kit.

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The next order will be sent in time for the X season.

The Endura brochure is also available to view at http://www.endura.co.uk/Dept.aspx?dept_id=207

Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.

Lee can be contacted on 01246 590228 or via email at lee.shunburne@nottingham.ac.uk or oldpomilltown@gmail.com

Club Secretary

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Membership Cards and Discounts

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn and Wards Shoe Shops.

Open Time Trial Dates 2012

Sunday, 10th June	BDCA 50	A50/12	06.30
Tuesday, 12th June	Grouse 10	A10/16	18.30
Sunday, 17th June	GHS heat	A10/C	14.00
Sunday, 24th June	Open 25	A25/12	07.30
Sunday, 21st Oct	Riber	AHC/1	10.00
Sunday, 21st Oct	Bank Road,	AHC/6	14.00

Junior Section

Velodrome Sessions

Session for 10-16 year old takes place on Sundays 17th June and 19th August. Email Emma at E.Martin@shu.ac.uk if you want to book with details of age, height, experience, etc

Junior Dr Bike

This session takes place on Thursday 28th June starting at after the long hilly time trial at about

19.15. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259. events.

Next BSCA Event.

This will be the East Midland Grass Track and MTB Championships at Whitworth Park on Saturday 23rd June. Entries close on Tuesday, 12th June.

The cancelled roller championships may be rearranged. Keep an eye on the club's website.

BSCA East Mids Championships 2012

Grass track	June 23rd	Whitworth	10.00
MTB	June 23rd	Whitworth	10.00
Hill climb	Sept 30th	High Tor	10.00

Coaching in June.

Coaching takes place at Whitworth Park on Saturdays 2nd and 9th June from 9.30 to 10.45. The sessions will consist of some racing and Go-ride games and exercises.

Grass track racing at Whitworth Park for the under-11s, is on Mondays, 11th and 18th June. Racing starts at 18.30 You need to sign up ready for the first race at 18.30. Age groups are under-7, under-9 and under-11. Entry is free if

you are a member of the club or £1 if not a member. Age taken at 1st September 2011.

Derbyshire Dales District Council Summer Holiday Activity Weeks

We are expecting to organise at least two weeks - at Whitworth Park and Ashbourne. The leisure centres now organise their own timetable of activities and so the actual weeks involved are at present uncertain. Dates will be announced on the club's website.

These weeks are similar to the Saturday morning session with Trix skill awards added.

MTB Training.

These Wednesday sessions are at Thornbridge. They cost £2 per session You need to be aged 9 and over and bring night riding lights.

Dates are :

6th June 7 - 9pm Eliminator style racing
13th June 6.30 - 8.30pm normal coaching
27th June 6.30 - 8.30 normal coaching
4th July 7 - 9pm Eliminator style racing
1st August 7 - 9pm Eliminator style racing
Come and enjoy the atmosphere.

Coaching March 2012 - July 2012 at Whitworth Park

Day	Date	Time	Coaching Activity
Saturday	2nd June	9.30 - 10.45	general coaching
Saturday	9th June	9.30 - 10.45	general coaching
Monday	11th June	18.30 - 19.30	grass track
Monday	18th June	18.30 - 19.30	grass track
Saturday	21st July	9.30 - 10.45	general coaching

Please keep an eye on this list as there have been some changes to dates.

Additional events may be added.

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.
Club website : www.matlockcyclingclub.org.uk**