



# Newsletter

## May 2013

### **Sainsbury's Active Kids Vouchers**

*It's that time of year. Vouchers are available from 30th January to May. Please bring your vouchers to coaching sessions or time trials. The collecting box will be in the blue car.*

### **Diary Dates for May**

**Thursday, 2nd May.** 18.30 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

*Club open after this event.*

**Sunday, 5th May** 8.00 Open 10 mile time trial. No entry on the line as entries closed on Tuesday, 23rd April. Help appreciated marshalling this event. Please ring 01629 734996 or email [cj@ormail.co.uk](mailto:cj@ormail.co.uk) if you can help.

**Monday, 6th May** 9.00 10 mile club event around AS/12 which start near to the junction of Long Dale with the B5054 near to Hartington. Cost £3 unless you have a time trial pass.

9.30 Slow morning ride from Cromford market place.

**Tuesday, 7th May** 19.00 10 mile time trial. Starts at Four Ways cross roads, Darley Dale. Cost £3 unless you have a time trial pass. 19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 9th May** 19.00 Winster circuit championships. Starts at Four Ways cross roads, Darley Dale. Cost £3 unless you have a time trial pass.

**Saturday, 11th May.** 9.30 Coaching in Whitworth Park for younger riders.

**Monday, 13th May.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 14th May.** 19.00 10 mile time trial. Starts at Four Ways cross roads, Darley Dale. Cost £3 unless you have a time trial pass. 19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 16th May.** 19.00 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

**Monday, 20th May.** 9.30 Slow morning ride from Cromford market place.

18.30 Round the pond racing at Whitworth Park for under-7, under-9 and under-11 - ages taken at 1st September 2012. Two races per age group. First race is at 18.30 so please be there about 18.20 to sign-on.

**Tuesday, 21st May.** 19.00 10 mile time trial. Starts at Four Ways cross roads, Darley Dale. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

Entries close for the East Midland Region BSCA Roller Championships at Rowsley Village Hall. Entries should be on a standard BSCA entry form downloadable from [BSCA.org.uk](http://BSCA.org.uk). Entry fee cheques for £5 should be made payable to Matlock CC.

**Thursday, 23rd May.** 19.00 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

20.00 onwards, Dr Bike - ring Rob on 01629 822259 if you want an appointment to mend your bike,

*Club open after this event.*

**Saturday, 25th May** 9.30 Coaching in Whitworth Park for younger riders.

**Entries close for the club's Grouse open 10 mile time trial on Tuesday evening, 4th June** using the A6. Entries should be on a standard CTT entry form downloadable from [www.CTT.org.uk](http://www.CTT.org.uk). Cheques (£8) should be made payable to Matlock CC. The entry form and cheque should be sent to Richard Thoday, 8, Lime Tree Grove, Matlock, Derbys DE4 3FD

**Monday, 27th May.** 7.00 25 mile time trial Championship. Starts in the layby on the A6 near to Firth Rixons. Cost £3 unless you have a time trial pass.

9.30 Slow morning ride from Cromford market place.

**Tuesday, 28th May.** 19.00 10 mile time trial. Starts at Four Ways cross roads, Darley Dale. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 30th May..** 19.00 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

*Club open after this event.*

**Saturday, 1st June.** 9.30 Coaching in Whitworth Park for younger riders.

**Sunday, 2nd June.** 6.30 Club 50 mile time trial Championship. Starts in the layby on the A6 opposite Haddon Hall. Cost £3 unless you have a time trial pass. Please email [cj@ormail.co.uk](mailto:cj@ormail.co.uk) if you hope to ride this event by Tuesday, 28th May. A rough start order will be produced.

9.30 East Midlands BSCA Roller Championships in Rowsley Village Hall. No entry on the line. Entries close on Tuesday, 21st May.

**Monday, 3rd June.** 9.30 Slow morning ride from Cromford market place.

18.30 Grass Track racing at Whitworth Park for under-7, under-9 and under-11 - ages taken at 1st September 2012. Two races per age group. First race is at 18.30 so please be there about

1820 to sign-on.

**Tuesday, 4th June.** 19.00 Grouse 10 mile open time trial. No entry on the line. Entries close on Saturday, 25th May.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 6th June.** 19.00 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

**Sunday, 9th June**

9.30 Ladies ride starting from Crown Square.

**Monday, 10th June** 9.30 Slow morning ride from Cromford market place.

18.30 Grass Track racing at Whitworth Park for under-7, under-9 and under-11 - ages taken at 1st September 2012. Two races per age group. First race is at 18.30 so please be there about 1820 to sign-on.

**Tuesday, 11th June** 19.00 10 mile time trial. Starts at Four Ways cross roads, Darley Dale. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thanks**

Thanks to all who helped with the club's crits at Darley Moor.

**Press Secretary.**

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : [spstrange@gmail.com](mailto:spstrange@gmail.com). Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

**Volunteering**

Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at [helencoombes1964@talktalk.net](mailto:helencoombes1964@talktalk.net) Any help would be much appreciated.

**Committee Member Vacancies**

The committee is looking for additional members

to help with the running of the club. There are general committee member vacancies as well as road race and cyclocross secretary positions. An under-23 year old member is also sought. For job descriptions and details about what the posts would involve, please contact Steve Strange on 07768 847743 or email [spstrange@gmail.com](mailto:spstrange@gmail.com)

### **Club Kit.**

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year. The next order will be sent soon.

The Endura brochure is also available to view at [http://www.endura.co.uk/Dept.aspx?dept\\_id=207](http://www.endura.co.uk/Dept.aspx?dept_id=207)

**Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.**

Lee can be contacted on 01246 590228 or via email at [lee.shunburne@nottingham.ac.uk](mailto:lee.shunburne@nottingham.ac.uk) or [oldpomilltown@gmail.com](mailto:oldpomilltown@gmail.com)

### **Club Secretary .**

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com).

### **Membership Cards and Discounts.**

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn and Wards Shoe Shops.

### **Open time trials 2013**

Day	Date	Event	Course	Time
Sunday	5th May	10	A10/16	8.00
Tuesday	4th June	Grouse 10	A10/16	19.00
Sunday	16th June	GHS heat	A10/C	14.00
Sunday	23rd June	Tarmac 25	A25/12	7.30
Sunday	20th Oct	Riber HC	AHC/1	10.00
Sunday	20th Oct	Bank Road HC	AHC/6	14.00

### **Forest Town Track**

Forest Town track racing leagu has started on Monday evenings. Fixed and freewheel racing racing for youth riders. More information from Richard on 07941156162 or [www.foresttowntrack.co.uk](http://www.foresttowntrack.co.uk)

### **Ladies Competition**

This has been slightly modified from 2012 to include some 5 mile time trials. It is now the total points gained best five 10 mile time trials and the best three 5 mile time trials.

### **Hilly Time Trials**

For 2013 it has been decided to modify the hilly course so that there is only one course - a "medium" hilly. The start is the same at Cromford railway station. It then follows the old long hilly course until on the second ascent above Lea the finish will be opposite the large layby just before the top of the hill. The layby is also the start of the AH/7

### **Junior Section**

#### **Junior Dr Bike**

This session takes place on Thursday 23rd May starting at about 20.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

#### **Sainsbury's Active Kids Vouchers**

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#### **Next BSCA Event.**

This is the rollers championships at Rowsley Village Hall on Sunday, 2nd June. Entries close on Tuesday, 21st May.

## **BSCA East Mids Championships 2013/4**

Event	Date	Venue	Start
Rollers	June 2nd	Rowsley VH	10.00
Grass	June 22nd	Whitworth	10.00
MTB	June 22nd	Whitworth	10.00
Hill climb	Sep 29th	High Tor	10.00
Rollers	Sep 29th	Starkholmes	11.00

Hard track date to follow.

### **Whitworth Park coaching in May.**

*Two sessions in May : Saturday, 11th : Saturday, 25th . Both start at 9.30am and finish at 10.45am.*

*Note that some coaching dates in June have been changed.*

**Coaching dates 2013 - check with the appropriate**

### **newsletter and /or the website**

Saturday, 11th May	9.30 - 10.45
Monday, 20th May	18.30 rpr
Saturday, 25th May	9.30 - 10.45
Monday, 3rd June	18.30 grass track
Monday, 10th June	18.30 grass track
Saturday, 15th June	9.30 - 10.45
<b>Saturday, 29th June</b>	<b>9.30 - 10.45*</b>
Saturday, 6th July	9.30 - 10.45
Saturday, 20th July	9.30 - 10.45

#### **\* Date change**

rpr means round the pond racing for U-7, U-9, U-11 age groups at Whithworth Park. The grass track racing for the same age groups is also at Whitworth Park.

**Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..**

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.  
Club website : [www.matlockcyclingclub.org.uk](http://www.matlockcyclingclub.org.uk)**

### **Matlock CC Darley Moor Races 2013**

Date	10.00	12.00	14.00
16th June	BC U-8, U-12, Youth	BC 3rd/4th crit	GHS area heat
28th July	BC U-8, U-12, Youth	BC 3rd/4th crit	BC paracycling
18th August	BC U-8, U-12, Youth	BC 3rd/4th crit	
8th September	BC U-8, U-12, Youth	BC 3rd/4th crit	

Help with all these events would be very much appreciated. The 10.00 events especially need a lot of helpers.

If you able to offer help please contact Roy Osment :

Tel : 01773 608175

email : [royosment@tiscali.co.uk](mailto:royosment@tiscali.co.uk)