



# Newsletter

## May 2011

### Diary Dates for May

**Sunday, 1st May.** 8.00 Open 10 mile Time Trial starting in Darley Dale. Entries closed on Tuesday, 19th April

12.00 Darley Moor crit for 2/3/4/jun/vet/ladies

**Monday, 2nd May.** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 3rd May.** 18.30 Club Championship 5 mile time trial. Sign on by the bus shelter at Ashford, on the A6020. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 5th May.** 18.30 Club Championship short hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.00 Club room open after time trial

**Saturday, 7th May.** 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

**Sunday, 8th May.** 9.30 Ladies ride departing Crown Square.

**Monday, 9th May.** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 10th May.** 19.00 10 mile time trial. Starts by 4 Lane Ends at Darley Dale. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 12th May.** 19.00 Long hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.30 Club room open after time trial

**Saturday, 14th May.** 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park.

**Monday, 16th May.** 9.30 Slow morning ride from Cromford market place.

18.30 Coaching in Whitworth Park with round the pond racing in Under-8, Under-10 and Under-12 age groups.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 17th May.** 19.00 10 mile time trial. Starts by 4 Lane Ends at Darley Dale. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 19th May.** 19.00 Long hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.30 Club room open after time trial

19.30 Junior Dr Bike: Please ring Rob on 01629 822259 for an appointment.

20.00 Dr Bike - as above.

**Saturday, 21st May.** 9.15 MTB ride starting from the new car park opposite Stanley Fearn's.

11.00 White Peak Marathon. We usually help Matlock Athletics Club by providing pilots, sweepers and timekeepers for both the half and full marathons. If you would like to be involved and watch other people suffer please contact Chris on 01629734996

**Monday, 23rd May.** 9.30 Slow morning ride from Cromford market place.

18.30 Coaching in Whitworth Park with round the

pond racing in Under-8, Under-10 and Under-12 age groups.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 24th May.** 19.00 10 mile time trial. Starts by 4 Lane Ends at Darley Dale. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock.

Entries close for the BDCA's Open 50 mile Time Trial on Sunday, 5th June. This event incorporates the club's 50 mile time trial championships. Entries need to be on a CTT entry form and together with a cheque for £7.50 made payable to C Mottram should be sent to Parkside, Station Road, Darley Dale. DE4 2EQ.

**Thursday, 26th May.** 19.00 Long hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.30 Club room open after time trial

**Saturday, 28th May.** . 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park.

Entries close for the club's Open 10 mile Time Trial (Grouse 10) on Tuesday, 7th June. Entries need to be on a CTT entry form and together with a cheque for £7.00 made payable to H Collier and sent to 9, Hopewell Road, Matlock, Derbys DE4 3JW

**Sunday, 29th May.** 12.00 Darley Moor crit for 2/3/4/jun/vet/ladies

**Monday, 30th May.** 7.00 Club 25 mile time trial championships. Starts on the A6 just north of Church Road, Darley Dale. Cost £2 unless you have paid for the year.

9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 31st May.** 19.00 10 mile time trial. Starts by 4 Lane Ends at Darley Dale. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 2nd June.** 19.00 Winster Circuit Championship time trial. Starts by 4 Lane Ends at Darley Dale. Cost £2 unless you have paid for the year.

19.30 No Club after time trial

**Saturday, 4th June.** 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

**Sunday, 5th June.**

6.30 am BDCA 50 mile time trial. Incorporates the club 50 mile championships. Entries, (£7.50), close on Tuesday, 24th May.

9.30 Ladies ride departing Crown Square.

**Monday, 6th June.** 9.30 Slow morning ride from Cromford market place.

18.30 Coaching in Whitworth Park with grass track racing in Under-8, Under-10 and Under-12 age groups.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 7th June.** 18.30 Grouse open 10 mile time trial. Entries, (£7), close on Saturday, 28th May

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 9th June.** 19.00 Long hilly time trial. Cost £2 unless you have paid for the year.

19.30 Club room open after time trial

**Press Secretary.**

Please send Stories, News, Results and Photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

**Club Kit.**

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The Endura brochure is also available to view at [http://www.endura.co.uk/Dept.aspx?dept\\_id=207](http://www.endura.co.uk/Dept.aspx?dept_id=207)

**The next Endura order is to be submitted at the end of June for delivery by the cyclo-X season. Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.**

Lee can be contacted on 01246 590228 or via email at [lee.shunburne@nottingham.ac.uk](mailto:lee.shunburne@nottingham.ac.uk)

Lee also has some club cloth racing caps for sale at £7 each.

### **Volunteers Coordinator - Helen Collier**

*Volunteering: The AGM voted to accept the Volunteering Proposal for a trial period of 12 months commencing in January 2011. Helen will post on the forum a calendar of 2011 events for which volunteers are required. Club members who regularly compete in Club events are being asked to volunteer to help out at one event per year. Once the calendar is posted, can you please contact Helen by email ([helencollier@tiscali.co.uk](mailto:helencollier@tiscali.co.uk)) with the date(s) and event(s) for which you are available, and indicate if you have a preference for a particular duty e.g. marshalling, time-keeping, pushing off, etc.*

*Volunteers will be allocated on a first-come-first-served basis, so please ensure you offer a selection of dates if possible in case your first choice is already filled.*

### **Club Secretary**

*Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com).*

### **Membership Cards and Discounts**

*Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn's, Farmers and Wards Shoe Shops.*

### **Thanks.**

*Thanks to Emma for organising the velodrome trip.*

*Thanks to Rob and Roy for their help with the BSCA circuit racing championships at Darley Moor.*

### **Open Time Trial Dates 2011**

Sunday,	1st May	Open 10	A10/16	08.00
Sunday,	5th June	BDCA 50	A50/12	06.30
Tuesday,	7th June	Grouse 10	A10/16	18.30
Tuesday,	7th June	Grouse 10 MG	A10/16	18.30
Sunday,	26th June	GHS Cen Dist	A10/16	08.00
Sunday,	26th June	Tarmac 25	A25/12	08.00
Sunday,	26th June	Tarmac 25 MG	A25/12	08.00

Sunday, 23rd Oct Riber AHC/1  
10.00

Sunday, 23rd Oct Bank Road AHC/6  
14.00

### **Forest Town Track**

*The rack racing season started at Forest Town (Mansfield) in April.*

*Coaching for novice and experienced track riders at Forest Town Track every Thursday evening in June.*

*There are some track bikes available to borrow in a range of sizes.*

*Sessions start at 7pm.*

*For more information call Richard Thoday on 07941156162 or go to [www.foresttowntrack.co.uk](http://www.foresttowntrack.co.uk)*

### **Pennies in the Park**

*As part of the 100th birthday celebrations for Hall Leys Park, Matlock, the club is organising penny farthing races in the park on Sunday, September 11th. There will be other races as well. Contact Richard Thoday for more details.*

### **Club Senior Road Race Championships**

*Because of a date clash with Pennies in the Park, the senior road race championships will now take place on Sunday, July 17th at Darley Moor. (The youth, junior and under - 12 championships were on April 3rd as part of the BSCA East Mids events at Darley Moor)*

*Note that the club's promotion at Darley Moor on 11th September will still take place.*

### **Junior Section**

#### **Junior Dr Bike**

*This session takes place on Thursday 19th May starting at 19.30. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.*

#### **Next BSCA Event.**

*The BSCA East Midland hard track and roller championships due to be held at Forest Town in May have had to be cancelled due to the*

backlog of football fixtures that use the centre of the track. They will be rearranged possibly on 19th June. This means that the next BSCA East Midland championships could be the grass track and mtb to be held in Whitworth Park on Saturday, 18th June.

### **BSCA National Time Trial Championships.**

Matlock CC is again promoting this event on Sunday, 17th July at Darley Moor. The event will include the East Midland Region Championships. Note that there is a non-standard closing date of Saturday, 25th June.

### **Coaching in May .**

There are four session, Saturdays, 16th and 28th May - both start at 9.30am and run until 10.45am Both use Whitworth Park. These sessions will consist of some racing type activity cyclo cross, round the lake or up the mountain together with the possibility of learning new skills or improving those already learnt.

Secondly on Mondays, 16th and 23rd May there

are” Round Whitworth Pond” races for U-8, U-10 and U-12 age groups - the age being that on 1st September 2010. ie the beginning of the school year. There will be two races for each age group each evening and racing will be finished by 19.30. These events are open to all and cost £1 for non- Matlock CC members.

### **Sainsburys Active Kids vouchers 2011**

As the club has Clubmark accreditation we are able to collect and use these vouchers. We would like to collect enough for a new set of cones and markers. Please hand vouchers to a committee member. Thanks

---

#### **East Mids BSCA Championships 2011**

Day	Date	Event	Venue	Time
Sunday,	19th June?	Hard track	Forest Town	am
Sunday,	19th June?	Rollers	Forest Town	pm
Saturday,	18th June	Grass track	Darley Dale	am
Saturday,	18th June	mtb	Darley Dale	pm
Sunday,	17th July	Time trial	Darley Moor	09.00
<b>2011/2012</b>				
Sunday,	25th Sept	Hill climb	Matlock	10.00

---

### **Coaching April - July 2011**

Day	Date	Time	Coaching Activity
Saturday	14th May	9.30 - 10.45	general coaching
Monday	16th May	18.30 - 19.30	round the pond racing
Monday	23rd May	18.30 - 19.30	round the pond racing
Saturday	28th May	9.30 - 10.45	general coaching
Monday	6th June	18.30 - 19.30	grass track racing
Saturday	11th June	9.30 - 10.45	general coaching
Monday	13th June	18.30 - 19.30	grass track racing
Saturday	18th June	10.00 - 14.00	BSCA Championships
Saturday	2nd July	9.30 - 10.45	general coaching
Saturday	16th July	9.30 - 10.45	general coaching

**Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..**

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.  
Club website : www.matlockcyclingclub.org.uk**