



Newsletter

May 2010

Diary Dates for May

Saturday, 1st May. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

Sunday, 2nd May. 8.00 Open 10 mile time trial. Entries closed Tuesday 20th April. Help appreciated with marshalling this event and provision of cakes!

Meet for a social ride starting at 9.30 in Crown Square, Matlock

Monday, 3rd May. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 4th May. 18.30 5 mile Time trial Championship, sign on by the bus shelter at Ashford, on the A6020. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 6th May. 18.30 Short hilly time trial Championship.. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.00 Club room open after time trial

Saturday, 8th May. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

Sunday, 9th May Meet for a social ride starting at 9.30 in Crown Square, Matlock

. 12.00 Darley Moor Crit

Monday, 10th May. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney

Road.

Tuesday, 11th May. 19.00 10 mile Time trial. Starts by the junction of B5057 and Church Road, Darley Dale. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 13th May. 19.00 Long hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.30 Club room open after time trial

Saturday 15th May. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's
9.30 Coaching at Whitworth Park

Sunday, 16th May. Meet for a social ride starting at 9.30 in Crown Square, Matlock

Monday, 17th May. 9.30 Slow morning ride from Cromford market place.

18.15 Third set of races for riders under 12 years old at Whitworth Park

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 18th May. 19.00 10 mile Time trial. Starts by the junction of B5057 and Church Road, Darley Dale. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 20th May. 19.00 Long hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.30 Club room open after time trial

19.30 Junior Dr Bike: Please ring Rob on 01629 822259 for an appointment

20.00 Dr Bike - as above

Saturday, 22nd May. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

Sunday, 23rd May Club run : see website for details or contact Chris Metcalfe

Monday, 24th May. 9.30 Slow morning ride from Cromford market place.

18.15 Fourth set of races for riders under 12 years old at Whitworth Park

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 25th May. 19.00 10 mile Time trial. Starts by the junction of B5057 and Church Road, Darley Dale. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

Entries close for th BDCA 50 mile time trial which is also the club championship

Thursday, 27th May. 19.00 Long hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.30 Club room open after time trial

Saturday, 29th May. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's
9.30 Coaching at Whitworth Park

Entries close for the Grouse 10 mile open time trial.

Sunday, 30th May.

Meet for a social ride starting at 9.30 in Crown Square, Matlock

Monday, 31st May. 7.00 25 mile club championship time trial. Starts on the A6 just north of Church Road, Darley Dale. Cost £2 unless you have paid for the year.

9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 1st June 19.00 10 mile Time trial. Starts by the junction of B5057 and Church Road, Darley Dale. Cost £2 unless you have paid for the year.

Thursday, 3rd June 19.00 Long hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.30 Club room open after time trial

Saturday, 5th June 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

Sunday, 6th June 6.30 BDCA Open 50 mile time trial using A50.12. Help appreciated marshalling this event..Meet for a social ride starting at 9.30 in Crown Square, Matlock

Monday, 7th June 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 8th June 19.00 10 mile Time trial. Starts by the junction of B5057 and Church Road, Darley Dale. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

Press Secretary. **Steve Strange** is our Press Secretary. Please send Stories, News, Results and Photos to Steve Strange - 07768 847743 or spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Club Kit. Order on-line at Impsport's website or by phone using a club-specific password to get your discount. This password is on your membership card.

For those with no internet access, Lee Shunburne will act as co-ordinator and arrange an on-line order of your garments. Lee can be contacted on 01246 590228. Lee also has some club cloth racing caps for sale at £7 each.

Volunteers Coordinator - Helen Collier

If you are able to help out at any MCC event in 2010 whether this be marshalling, making tea, etc please can you either reply to Helen's thread on the website General Forum or email her at helencollier@tiscali.co.uk training will be given where required. Specifically we need : 1. Monday evening races for under-12, at Whitworth Park : May 17th, 24th ; June 14th, 21st ; a) Signing on and issuing numbers. 6.00pm to about 6.45pm. [1 or 2 people] ; b) Marshalling at the lower gate 6.15pm to 7.30pm [1] ; c) Marshalling around the course/pond 6.25pm to 7.30pm [5+] ; d) First aid 6.15pm to 7.30pm should have current certificate [1 or 2]

Thanks Thanks to Rob for help with the BSCA crits. Thanks to all who are helping with the races in Whitworth Park.

Tony, our chairperson, would like to thank everyone who has sent cards, telephoned or asked about his wellbeing after his unfortunate encounter with a hole on the Cromford Canal.

Forest Town Track Forest Town Track League is up and running again every Monday night from April 12th for seniors and junior racing (juniors fixed or freewheel)

New Track coaching evenings for beginners or developing riders on Wednesday evenings - dates to follow.

More information from Richard Thoday 582300 or www.foresttowntrack.co.uk

Open Time Trial Dates 2010

Sunday,	2nd May	10	A10/16	08.00
Sunday,	6th June	BDCA 50	A50/12	06.30
Tuesday,	8th June	Grouse 10	A10/16	18.30
Sunday,	27th June	Tarmac 25	A25/12	08.00
Sunday,	27th June	GHS	A10/?	14.00
Sunday,	4th July	BSCA TT	D Moor	9.00
Sunday,	24th Oct	Riber	AHC/1	10.00
Sunday,	24th Oct	Bank Road	AHC/6	14.00

Junior Section

Coaching in May. There are two coaching sessions in Whitworth Park during May, 15th and 29th May. Both sessions start at 9.30 and will last about one hour. They will consist of the usual mix of games and skill training with three different activities each time including a cross/mtb course and some circuit racing.

Junior Dr Bike This session takes place on Thursday 20th May starting at 19.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing 01629 822259.

BSCA East Midland Region Events 2009/10

Event	Date	Where	Time
Hard Track	Postponed	Forest Town	10.00
Rollers	Postponed	Forest Town	14.00
Grass Track	19th June '10	Whitworth	10.00
MTB	19th June '10	Whitworth	13.00
Time Trial*	4th July '10	Darley Moor	9.00
Hill climb	26th Sept '10	High Tor	10.00

* Incorporated in the BSCA National Time Trial Championships

Young Riders Fund This fund provides money towards rider's expenses, eg entry fees, if they have ridden National or Area Championships in the name of the club or in the name of their school. Applications for grants should be made at the end of the cyclo-cross season in February. Further details appear on the club's website.

Circuit Racing at Whitworth Park.

Circuit racing takes place on 17th and 24th May this month and on 14th and 21st June. Signing-on takes place at each evening with racing starting at 18.30 and be finishing by 19.30. There will be 2 races per age group each evening. Initially these races will be 4 laps for U - 8, 5 laps for U - 10 and 6 laps for U-12. These distances may change as the series goes on. Entry will cost £1 per evening for club members, £2 per evening for non-club members. Races will be run under the British Schools Cycling Association rules of racing and will include gear restrictions. Riders will ride in the name of their school. Prizes will be awarded at the end of the six race series.

Coaching dates until July 2010

Day	Date	Month	Time
Saturday	15	May	9.30 - 10.30
Saturday	29	May	9.30 - 10.30
Saturday	12	June	14.00 - 16.00*
Saturday	26	June	9.30 - 10.30
Saturday	3	July	9.30 - 10.30
Saturday	17	July	9.30 - 10.30

*Starkholmes Village Fete

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Sue Statham , the club secretary, for more information about club activities on 01629 584238 or Email : matlockcc@live.co.uk
Club website : www.matlockcyclingclub.org.uk**