



# Newsletter

## April 2014

### Diary Dates for April

**Tuesday, 1st April.** 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 3rd April.** 18.30 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

19.00 A rollers session at Imperial Rooms 19:00 until 21:00. £2.00 per rider. Roller rev out - sprint session and time trial (8mile for under 12's - 10 miles for above age groups) Limited to BC under-12 age group and older because of the content.

Results from this is going to be a requirement for youth riders wishing to access RSR's and starting to be looked at for inter regional events.

Youth riders will need a gear restricted bike fitted with a computer. Rollers are available if needed.

**Saturday, 5th April.** 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

**Sunday, 6th April.** Darley Moor Crits. 10.00 U-8 ; 10.30 U-12 ; 11.00 U-14 ; 11.30 U-16 ; 12.30 3rd/4th event including juniors and ladies. Help appreciated with this event including such duties as signing-on, judging etc,

14.00 BSCA East Midlands time trial

championships. No entry on the line. Entries closed on Tuesday, 25th March.

**Monday, 7th April.** 9.30 Slow morning ride from Cromford market place.

18.30 Round the pond racing in Whitworth Park for U-7, U-9, U-11 (ages taken at 1st September 2013) Each age group rides two races of between 4 to 6 laps. Free entry on the line - this is part of Matlock CC coaching programme.

19.00 Track coaching at Forest Town. See below

**Tuesday, 8th April.** 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 10th April.** 18.30 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

**Sunday, 13th April.** 8.00 25 mile time trial. Starts in the layby on the A6 near to Firth Rixons. Cost £3 unless you have a time trial pass.

**Monday, 14th April.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 15th April.** 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 17th April.** 18.30 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

19.30 - 20.00 The Barn clubroom open

20.00 Dr Bike Let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

**Monday, 21st April.** 9.30 Slow morning ride from Cromford market place.

19.00 Track coaching at Forest Town. See below

**Tuesday, 22nd April.** 19.00 Meet for a road ride starting from Crown Square, Matlock.

Closing date for entries to the club's open 10 mile time trial on May 6th. Entries, £8.50 cheques made out to Matlock CC, should be sent to C Mottram, Parkside, Station Road, Darley Dale, DE4 2EQ

**Thursday, 24th April.** 18.30 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

**Saturday, 26th April.** 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

**Sunday, 27th April.** 8.00 25 mile time trial. Starts in the layby on the A6 near to Firth Rixons. Cost £3 unless you have a time trial pass.

**Monday, 28th April.** 9.30 Slow morning ride from Cromford market place.

19.00 Track coaching at Forest Town. See Below

**Tuesday, 29th April.** 18.30 Ashford 5 mile time trial - club championship. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 1st May.** 18.30 Hilly time trial - club championship. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

**Saturday, 3rd May.** 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

**Sunday, 4th May**

7.30 Open 10 mile timetrial. Entries closed on Tuesday, 22nd April but help very much appreciated marshalling this event

10.30 Youth club run from Crich

Darley Moor Crits. 12.30 3rd/4th event 14.00

Ladies 3rd/4th event. Help appreciated with this event including such duties as signing-on, judging etc,

**Monday, 5th May.** 9.00 10 mile hilly time trial using AS/12. Starts near to the Long Dale, Hartington-A515 cross road. Cost £3 unless you have a time trial pass.

9.30 Slow morning ride from Cromford market place.

19.00 First track session at Forest Town track

**Tuesday, 6th May.** 19.00 10 mile time trial. Starts the B5057/Church Road junction in Darley Dale Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 8th May.** 19.00 Longer hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

**Monday, 12th May.** 9.30 Slow morning ride from Cromford market place.

18.30 Round the pond racing in Whitworth Park for U-7, U-9, U-11 (ages taken at 1st September 2013) Each age group rides two races of between 4 to 6 laps. Free entry on the line - this is part of Matlock CC coaching programme.

**Tuesday, 13th May.** 19.00 10 mile time trial. Starts the B5057/Church Road junction in Darley Dale Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 14th May.** 19.00 Longer hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

**Reminder.**

Will all members, especially when wearing club kit and or in time trials, remember to maintain the good name of the club by observing the Highway Code. Please show respect for other road users and members of the public. Behave towards others as you would like them to behave towards you.

**Thanks**

Thanks to all who helped with the smooth running of the open hilly 25 at the beginning of March.

## **Press Secretary.**

*Please send stories, news, results and photos to Helen Coombes*

*email : [Helencoombes1964@talktalk.net](mailto:Helencoombes1964@talktalk.net)*

*Tel : 01629 580027 or 07841076363*

*Helen needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.*

## **Volunteering**

*Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at [helencoombes1964@talktalk.net](mailto:helencoombes1964@talktalk.net) Any help would be much appreciated.*

## **Committee Member Vacancies**

*The committee is looking for :*

*Cyclo-cross secretary ;*

*Road race secretary ;*

*Young member,*

*For job descriptions and details about what the posts would involve, please contact Steve Strange on 07768 847743 or email [spstrange@gmail.com](mailto:spstrange@gmail.com)*

## **Club Kit.**

*Andy Woolf is taking over from Lee as kit co-ordinator. He can be reached at [andrewwoolf@btinternet.com](mailto:andrewwoolf@btinternet.com) if you are interested in putting in an order for new kit. The supplier of the new kit with the new sponsors named, has not been decided. However "on demand" new kit can be obtained from Impsport using the password on the 2014 membership card.*

## **Club Secretary .**

*Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com).*

## **Membership Cards and Discounts.**

*Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn, Chubbs, PeliDeli and First Ascent.*

## **Open time trials 2014**

Day	Date	Event	Course	Time
Sunday	4th May	10	A10/16	8.00

Tuesday	3rd June	Grouse 10	A10/16	19.00
Sunday	22nd June	Tarmac 25	A25/12	7.30
Sunday	3rd Aug	GHS heat	A10/C	14.00
Sunday	19th Oct	Riber	AHC/1	10.00
Sunday	19th Oct	Bank Rd	AHC/6	14.00

## **Forest Town Track**

*Forest Town track league starts with three coaching evenings on April 7th, 21st and 28th. Sessions start 7pm. Some track bikes are available to borrow for these sessions. To prebook a bike call Richard 07941156162*

*Monday evening racing league starts 5th May 7pm. Categories for youth freewheel, youth and senior fixed wheel.*

*Sessions are free.*

## **Road race coaching**

*Friday evening road race coaching for 7 to 15 year old riders at Forest Town Track. 7 to 8pm novices. 8 to 9pm experienced riders. More information from Steve Crosland on 07793844650 Cost £2 per rider.*

## **Pantani film at Wirksworth**

*The Northern Lights Cinema in Wirksworth is showing a Pantani feature film on May 18th only 2 days after its premiere on the 16th. 2 MCC members are extras on their bikes in the film. It is possibly fully booked but it will be shown again if enough bookings are made. Apparently cycling films shown in Wirksworth are well attended.*

## **Junior Section**

### **Junior Dr Bike**

*This session takes place on Thursday 7th April starting at about 20.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.*

### **Youth Club Runs**

*No youth club run in April. Starts again on the first Sunday in May*

### **Club kit for young riders**

*The club has ordered kit for under-14 riders which is available for purchase. Cost is £24 per item. Contact Andy Woolf via the Matlock CC's*

Forum ([matlockcyclingclub.forumotion.co.uk](http://matlockcyclingclub.forumotion.co.uk))

### **Active Kids Vouchers**

We are again collecting Sainsburys Active Kids Vouchers. Please bring to Whitworth Coaching sessions or other club events.

### **Next BSCA Event.**

Next BSCA event is the combined national and East Midland Regional Championships at Darley Moor on Sunday 1st June. No Entry on the line. The closing date is Saturday, 17th May and the entry fee is £10 with cheques made out to Matlock CC.

### **BSCA East Mids Championships 2013/4**

Event	Date	Venue	Start
TT	6th April	Darley Moor	14.00
Circuit	1st June	Darley Moor	10.00
Grass	7th June	Whitworth	10.00
MTB	7th June	Whitworth	11.00

### **Coaching dates 2014 in Whitworth Park**

Saturday, 5th April	9.30 - 10.45
Monday, 7th April	18.30 - 19.30
Monday, 14th April	18.30 - 19.30
Saturday, 26th April	9.30 - 10.45
Saturday, 3rd May	9.30 - 10.45
Monday, 12th May	18.30 - 19.30
Monday, 19th May	18.30 - 19.30
Saturday, 24th May	9.30 - 10.45
Monday, 2nd June	18.30 - 19.30
Saturday, 7th June	9.00 - 12.00
Monday, 9th June	18.30 - 19.30
Saturday, 19th July	9.30 - 10.45
Saturday, 26th July	9.30 - 10.45

### **Darley Moor Circuit Races 2014**

We need help with running the events listed below : signing on, giving out numbers, judging the races, etc. For further information on what happens ring Roy on 01773 608175 or email him on [royosment@tiscali.co.uk](mailto:royosment@tiscali.co.uk)

Sunday, 6th April	10.00 U-8	10.30 U-12	11.00 U-12,U-14	12.30 3rd/4th	14.00 E Mids BSCA TT
Sunday, 4th May				12.30 3rd/4th	14.00 Ladies 3rd/4th
Sunday, 1st June	10.00	BSCA National Circuit Race Championships			
Sunday, 3rd August	10.00	Central District heat of GHS		11.00, 12.00	Paracyling
Sunday, 14th Sept.	10.00 U-8	10.30 U-12	11.00 U-12,U-14	12.30 3rd/4th	

**Matlock Cycling Club is sponsored by : Stanley Fearn Cycles ; Chubb and Co ; PeliDeli : First Ascent.**

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com). Club website : [www.matlockcyclingclub.org.uk](http://www.matlockcyclingclub.org.uk)**