

### **Diary Dates for April**

Monday, 1st April. 17.00 Forest Town track "come and try it" event. Goes on until 19.00. More details from Richard on 07941156162 or www.foresttowntrack.co.uk

Tuesday, 2nd April. 19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 4th April.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Sunday, 7th April. 9.30 BSCA East Mids Time Trial Championships note no entry on line - entries closed on Tuesday, 26th March 12.00 Matlock CC crit at Darley Moor for 3rd. 4th. ladies and juniors. Entry fee: pre enter £14; on the line, £16. Roy Osment is the organiser. (01773 608175)

14.00 9.30 BSCA East Mids Circuit Race Championships note no entry on line - entries closed on Tuesday,26th March

Help running some or all of these events very much appreciated

**Monday, 8th April.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 9th April.** 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 11th April.** 18.30 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

# Newsletter April 2013

Club open after this event.

**Saturday, 13th April.** 9.30 Coaching in Whitworth Park for younger riders.

Sunday, 14th April. 8.00 25 mile time trial. Starts in the layby on the A6 near to Firth Rixons. Cost £3 unless you have a time trial pass.

*Monday, 15th April.* 9.30 Slow morning ride from Cromford market place.

18.30 Round the pond racing at Whitworth Park for under-7, under-9 and under-11 - ages taken at 1st September 2012. Two races per age group. First race is at 18.30 so please be there about 18.20 to sign-on.

**Tuesday, 16th April.** 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 18th April.** 18.30 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

19.30 onwards, Dr Bike - ring Rob on 01629 822259 if you want an appointment to mend your bike,

Club open after this event.

*Monday, 22nd April.* 9.30 Slow morning ride from Cromford market place.

18.30 Round the pond racing at Whitworth Park for under-7, under-9 and under-11 - ages taken at 1st September 2012. Two races per age group. First race is at 18.30 so please be there about 1820 to sign-on.

**Tuesday, 23rd** April. 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Entries close for the club's open 10 mile time trial on Sunday, 5th May using the A6. Entries should be on a standard CTT entry form downloadable from www. CTT.org.uk. Cheques (£8) should be made made payable to Matlock CC.The entry form and cheque should be sent to Chris Mottram, Parkside, Station Road, Darley Dale. Derbys DE4 2EQ

**Thursday, 25th April.** 18.30 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this event.

**Saturday, 27th April.** 9.30 Coaching in Whitworth Park for younger riders.

Sunday, 28th April 8.00 25 mile time trial. Starts in the layby on the A6 near to Firth Rixons. Cost £3 unless you have a time trial pass.

*Monday, 29th April.* 9.30 Slow morning ride from Cromford market place.

18.30 Round the pond racing at Whitworth Park for under-7, under-9 and under-11 - ages taken at 1st September 2012. Two races per age group. First race is at 18.30 so please be there about 1820 to sign-on.

**Tuesday, 30th April.** 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 2nd May.** 18.30 Hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this event.

**Sunday, 5th May** 8.00 Open 10 mile time trial. No entry on the line as entries closed on

Tuesday, 23rd April. Help appreciated marshalling this event. Please ring 01629 734996 or email cj@ormail.co.uk if you can help.

Monday, 6th May 9.00 10 mile club event around AS/12 which start near to the junction of Long Dale with the BB5054 near to Hartington. Cost £3 unless you have a time trial pass. 9.30 Slow morning ride from Cromford market place.

Tuesday. 7th May 19.00 10 mile time trial. Starts at Four Ways cross roads, Darley Dale. Cost £3 unless you have a time trial pass. Cost £3 unless you have a time trial pass. 19.00 Meet for a road ride starting from Crown Square, Matlock.

#### Thursday, 9th May

19.00 Winster circuit championships. Starts at Four Ways cross roads, Darley Dale. Cost £3 unless you have a time trial pass.

#### **Thanks**

Thanks to Andy Briggs for his innovative solution to creep on the roller setup

#### Press Secretary.

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel: 07768 847743 or email: spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

#### **Volunteering**

`Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at

helencoombes 1964@talktalk.net Any help would be much appreciated.

#### Committee Member Vacancies

The committee is looking for additional members to help with the running of the club. There are general committee member vacancies as well as road race and cyclocross secretary positions. An under-23 year old member is also sought. For job descriptions and details about what the posts would involve, please contact Steve Strange on

# 07768 847743 or email spstrange@gmail.com *Club Kit.*

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year. The next order will be sent soon.

The Endura brochure is also available to view at http://www.endura.co.uk/

Dept.aspx?dept\_id=207

# Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.

Lee can be contacted on 01246 590228 or via email at lee.shunburne@nottingham.ac.uk or oldpomilltown@gmail.com

#### Club Secretary.

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

#### Membership Cards and Discounts.

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearns and Wards Shoe Shops.

#### Open time trials 2013

Day	Date	Event	Course	Time
Sunday	5th May	10	A10/16	8.00
Tuesday	4th June	Grouse 10	A10/16	19.00
Sunday	16th June	GHS heat	A10/C	14.00
Sunday	23rd June	Tarmac 25	A25/12	7.30
Sunday	20th Oct	Riber HC	AHC/1	10.00
Sunday	20th Oct	Bank Road HC	AHC/6	14.00

#### Club Auction

This year's auction raised £237.40 for the Young Riders Fund. Thanks to the sellers, buyers and to Harry, Rob, Chris and Steve.

Around £600 will be given to young riders this year.

#### Tour de France 2013

We hope to see the Tour twice near to Tours. It arrives at Tours on Thursday July 11th and leaves the next day. We aim to have some time either side of this date. Please ring 01629 734996 if you are interested or need more details. Booking in April.

#### Forest Town Track

Forest Town track racing league starts on Monday, 8th April. Fixed and freewheel racing racing for youth riders. More information from Richard on 07941156162 or www.foresttowntrack.co.uk

#### Ladies Competition

This has been slightly modified from 2012 to include some 5 mile time trials. It is now the total points gained best five 10 mile time trials and the best three 5 mile time trials.

#### Hilly Time Trials

For 2013 it has been decided to modify the hilly course so that there is only one course - a "medium" hilly. The start is the same at Cromford railway station. It then follows the old long hilly course until on the second ascent above Lea the finish will be opposite the large layby just before the top of the hill. The layby is also the start of the AH/7

#### **Junior Section**

#### Junior Dr Bike

This session takes place on Thursday 18th April starting at about 19.30. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

#### Sainsbury's Active Kids Vouchers

It's that time of year. Vouchers are available from 30th January to May. Please bring your vouchers to coaching sessions or time trials. The collecting box will be in the blue car.

#### Next BSCA Event.

This is the rollers championships at Rowsley Village Hall on Sunday, 2nd June. Entries close on Tuesday, 21st May.

#### BSCA East Mids Championships 2013/4

Event	Date	Venue	Start	
Time trial	April 7th	Darely Moor	09.00	
Circuit race	April 7th	Darely Moor	14.00	
Rollers	June 2nd	Rowsley VH	10.00	
Grass	June 22nd	Whitworth	10.00	
MTB	June 22nd	Whitworth	10.00	
Hill climb	Sep 29th	High Tor	10.00	
Rollers	Sep 29th	Starkholmes	11.00	
Hard track date to follow.				

#### Whitworth Park coaching in April.

Two sessions in April: Saturday, 13th:

Saturday, 27th. Both start at 9.30am and finish at 10.45am.

Note that some coaching dates in June have been changed.

## Coaching dates 2013 - check with the appropriate newsletter and /or the website

Saturday, 13th April.	9.30 - 10.45
Monday, 15th April	18.30 rpr
Monday, 22nd April	18.30 rpr
Saturday, 27th April	9.30 - 10.45
Monday, 29th April	18.30 rpr

Saturday, 11th May	9.30 - 10.45
Monday, 20th May	18.30 rpr
Saturday, 25th May	9.30 - 10.45
Monday, 3rd June	18.30 grass track
Monday, 10th June	18.30 grass track
Saturday, 15th June	9.30 - 10.45
Saturday, 29th June	9.30 - 10.45*
Saturday, 6th July	9.30 - 10.45
Saturday, 20th July	9.30 - 10.45

\* Date change

rpr means round the pond roing for U-7, U-9, U-11 age groups at Whiworth Park. The grass track racing for the same age groups is also at Whitworth Park.

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

Contact Steve Strange, the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.

Club website: www.matlockcyclingclub.org.uk

#### **Matlock CC Darley Moor Races 2013**

Date	10.00	12.00	14.00
Date	10.00	12.00	17.00

7th April BSCA timetrials BC 3rd/4th crit BSCA circuit races

16th June BC U-8, U-12, Youth BC 3rd/4th crit GHS area heat

28th July BC U-8, U-12, Youth BC 3rd/4th crit BC paracycling

18th August BC U-8, U-12, Youth BC 3rd/4th crit 8th September BC U-8, U-12, Youth BC 3rd/4th crit

Help with all these events would be very much appreciated. The 10.00 events especially need a lot of helpers.

If you able to offer help please contact Roy Osment:

Tel: 01773 608175

email: royosment@tiscali.co.uk