



Newsletter

April 2012

Diary Dates for April

Sunday, 1st April.

8.00 25 mile time trial. Starts in the layby on the recently resurfaced A6 near to Firth Rixons. Cost £3 unless you have a time trial pass.

Meet for a social ride starting at 9.30 in Crown Square, Matlock

Check the forum on the website to see who is going

Monday, 2nd April. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 3rd April. 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 5th April. 18.30 Short hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this event.

Saturday, 7th April. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

12.00 Cycle speedway session at Sheffield. All welcome over 6 years old. Bikes provided and perhaps transport. If you want to attend or want more information please email Justin at j.knox1@umimail.derby.ac.uk Latest details on the club website

Sunday, 8th April. Ladies ride starting at

9.30 in Crown Square, Matlock

Monday, 9th April. Bank Holiday. 9.00 10 mile hilly time trial using course AS/12 which starts in Long Dale near to its junction with B5054 about 2 mile descent from the A515.

9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 10th April. 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Entries close for the East Midland Time Trial Championships to be held at Darley Moor on Sunday, 22nd April. Entries, £5, should use a standard BSCA entry form, which is downloadable from www.bsca.org.uk, and sent to C Mottram, Parkside, Station Road, Darley Dale, Derbys DE4 2EQ. Cheques made payable to C Mottram please.

Wednesday, 11th April. 18.30 MTB training at Thornbridge. See website for more details.

Thursday, 12th April. 18.30 Short hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this event.

Saturday, 14th April. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

Sunday, 15th April. 8.00 25 mile time trial. Starts in the layby on the recently resurfaced A6 near to Firth Rixons. Cost £3 unless you have a time trial pass.

Midlands XC series at Birchall near Chesterfield see <http://midlandscx.wordpress.com>

Monday, 16th April. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 17th April. 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 19th April. 18.30 Short hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this event.

Dr Bike: Please ring Rob on 01629 822259 for an appointment.

Saturday, 21st April. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park

Sunday, 22nd April. 9.00 BSCA East Midland Region Time Trial Championships at Darley Moor. Entries closed on Tuesday, 10th April.

Peak District Mountain Bike Enduro see <http://darkandwhite.co.uk>

Monday, 23rd April. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

18.30 Round the pond racing at Whitworth Park for the under-11s, You need to sign up ready for the first race at 18.30. Age groups are under-7, under-9 and under-11. Entry is free if you are a member of the club or £1 if not a member. Age taken at 1st September 2011.

Tuesday, 24th April. 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Entries close for the club's open 10 mile time

trial, which takes place on Sunday, 6th May. Standard CTT entry forms can be downloaded from www.ctt.org.uk. Completed entry forms together with the entry fee of £8 should be sent to C Mottram, Parkside, Station Road, Darley Dale, Derbys DE4 2EQ. Cheques made payable to C Mottram please.

Wednesday, 25th April. 18.30 MTB training at Thornbridge. See website for more details.

Thursday, 26th April. 18.30 Short hilly time trial. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after time trial. Trophy winner collect your trophy

Saturday, 28th April. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park

Entries close for the BSCA National Circuit Race Championships at Darley Moor on Sunday, 20th May. An entry form for this event can be downloaded from www.bsca.org.uk. Completed entry forms with the fee of £5, should be sent to C Mottram, Parkside, Station Road, Darley Dale, Derbys DE4 2EQ. Cheques made payable to Matlock CC please.

Sunday, 29th April. 8.00 25 mile time trial. Starts in the layby on the recently resurfaced A6 near to Firth Rixons. Cost £3 unless you have a time trial pass.

Manchester Velodrome sessions for 10-16 year olds. Track time 12 noon - 3pm. Email Emma at E.Martin@shu.ac.uk if you want to book with details of age, height, experience, etc

Monday, 30th April. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

18,30 Round the pond racing at Whitworth Park for the under-11s, You need to sign up ready for the first race at 18.30. Age groups are under-7, under-9 and under-11. Entry is free if you are a member of the club or £1 if not a member. Age taken at 1st September 2011.

Tuesday, 1st May. 18.30 Ashford 5 mile time trial - Club Championship. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 3rd May . 18.30 Short hilly time trial - Club Championship. Starts at the end of the entrance lane to Cromford railway station. Cost £3 unless you have a time trial pass.

Club open after this time trial

Saturday, 5th May. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park

Sunday, 6th May. 8.00 Open 10 mile time trial using course A10/16. Entries close for this event on Tuesday, 24th April.

Meet for a social ride starting at 9.30 in Crown Square, Matlock

Check the forum on the website to see who is going

Monday, 7th May. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 8th May. 18.30 Ashford 5 mile time trial. Sign up by the bus shelter near to the cricket ground. Cost £3 unless you have a time trial pass.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thanks

Thanks to Helen for organising the Ceilidh at Starkholmes Village Hall.

Thanks to all who helped in any way to make the hilly 25 a success.

Press Secretary. Please send Stories, News, Results and Photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Club Kit. The club has decided to use Endura to supply club clothing alongside the existing

'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The next order will be sent in soon.

The Endura brochure is also available to view at http://www.endura.co.uk/Dept.aspx?dept_id=207

Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.

Lee can be contacted on 01246 590228 or via email at lee.shunburne@nottingham.ac.uk or oldpomilltown@gmail.com

Club Secretary Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Membership Cards and Discounts

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn's, Farmers and Wards Shoe Shops.

Open Time Trial Dates 2012

Sunday, 6th May	Open 10	A10/16	08.00
Sunday, 10th June	BDCA 50	A50/12	06.30
Tuesday, 12th June	Grouse 10	A10/16	18.30
Sunday, 17th June	GHS heat	A10/C	9.00?
Sunday, 24th June	Open 25	A25/12	07.30
Sunday, 21st Oct	Riber	AHC/1	10.00
Sunday, 21st Oct	Bank Road,	AHC/6	14.00

Junior Section

Velodrome Sessions

Sessions for 10-16 year old take place on Sundays, 29th April and 24th June. Email Emma at E.Martin@shu.ac.uk if you want to book with details of age, height, experience, etc

Junior Dr Bike

This session takes place on Thursday 19th April starting at after the short hilly time trial at about 19.15. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259. events.

Next BSCA Event.

The BSCA will be the East Midland Time Trial Championships at Darley Moor Circuit,

Ashbourne on Sunday April 22nd. 2012 Entries close on Tuesday, 10th April.

BSCA East Mids Championships 2012

Time Trial	April 22nd	Darley Moor	9.00
Circuit Race	May 20th	Darley Moor	9.00
Hard track	May 26th	Forest Town	10.00
Rollers	May 26th	Forest Town	10.00
Grass track	June 23rd	Whitworth	10.00
MTB	June 23rd	Whitworth	10.00
Hill climb	Sept 30th	High Tor	10.00

Coaching in April.

Coaching takes place at Whitworth Park on Saturdays 21st and 28th April from 9.30 to 10.45. The sessions will consist of some racing and Go-ride games and exercises.

Round the pond racing at Whitworth Park for the under-11s, starts on Mondays, 23rd April and continues on Monday, 30th April. Racing starts at 18.30 You need to sign up ready for the first race at 18.30. Age groups are under-7, under-9 and under-11. Entry is free if you are a member of the club or £1 if not a member. Age taken at 1st September 2011.

Young Riders Fund

*If you are a young rider and have competed in Regional or National Championships this past season, please put in a written claim to either Harry Gould, Chris Mottram, your coach or a Committee member **without delay**.*

Then we will see how much we can help you.

Sainsbury Active Kids Voucher

We are again collecting Active Kids Vouchers from Sainsburys. Last year we used our vouchers to get some markers and an enormous cone. We banked the spare vouchers. This year we hope to collect enough to get some tabards for team game. All contributions gladly accepted. Please give your vouchers to any coach, timekeeper or committee member. Thanks.

Vouchers end on the 15th April but can be redeemed after this date.

MTB Training.

*These Wednesday sessions at Thornbridge are organised twice a month. They cost £2 per session and start at 18.30 and last until 20.00, You need to be aged 9 and over and bring night riding lights. Dates are 11th April
25th April
23rd May
13th June
27th June
Come and enjoy the atmosphere.*

Coaching March 2012 - July 2012 at Whitworth Park

Day	Date	Time	Coaching Activity
Saturday	21st April	9.30 - 10.45	general coaching
Monday	23rd April	18.30 - 19.30	round the pond racing
Saturday	28th April	9.30 - 10.45	general coaching
Monday	30th April	18.30 - 19.30	round the pond racing
Saturday	5th May	9.30 - 10.45	general coaching
Monday	21st May	18.30 - 19.30	round the pond racing
Monday	28th May	18.30 - 19.30	round the pond racing
Saturday	2nd June	9.30 - 10.45	general coaching
Saturday	9th June	9.30 - 10.45	general coaching
Monday	11th June	18.30 - 19.30	grass track
Monday	18th June	18.30 - 19.30	grass track
Saturday	23rd June	9.30 - 10.45	general coaching
Saturday	21st July	9.30 - 10.45	general coaching

Please keep an eye on this list as there have been some changes to dates.

Additional events may be added.

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.
Club website : www.matlockcyclingclub.org.uk**