

### Diary Dates for April

**Thursday, 1st April.** 18.30 Short hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.00 Club room open after time trial **Saturday, 3rd April.** 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

Sunday, 4th April. Meet for a social ride starting at 9.30 in Crown Square, Matlock

Monday, 5th April. 9.00 10 mile hilly time trial near to Hartington. Starts in Long Dale just off the B5054. Cost £2 unless you have paid for the year.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 6th April**. 18.30 5 mile Time trial, sign on by the bus shelter at Ashford, on the A6020. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday 8th April**. 18.30 Short hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.00 Club room open after time trial **Saturday, 10th April**. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

9.30 Coaching at Whitworth Park

**Sunday, 11th April**. 9.00 BSCA East Midlands Region Circuit Race Championships

# Newsletter April 2010

at Darley Moor. Entries closed om March 30th. 12.00 Darley Moor Crit

Meet for a social ride starting at 9.30 in Crown Square, Matlock

Monday, 12th April. 9.30 Slow morning ride from Cromford market place.

18.15 First set of races for riders under 12 years old at Whitworth Park

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 13th April.** 18.30 5 mile Time trial, sign on by the bus shelter at Ashford, on the A6020. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 15th April. 18.30 Short hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.00 Club room open after time trial 19.00 Junior Dr Bike: Please ring Rob on 01629 822259 for an appointment

20.00 Dr Bike - as above

Saturday 17th April. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's 9.30 Coaching at Whitworth Park

Sunday, 18th April. 8.00 25 mile time trial, Starts on the A6 just north of Church Road, Darley Dale. Cost £2 unless you have paid for the year.

Meet for a social ride starting at 9.30 in Crown Square, Matlock

*Monday, 19th April.* 9.30 Slow morning ride from Cromford market place.

18.15 Second set of races for riders under 12 years old at Whitworth Park

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 20th April. 18.30 5 mile Time trial, sign on by the bus shelter at Ashford, on the A6020. Cost £2 unless you have paid for the year.

Square, Matlock

Entries close for the club's open 10 mile time trial on Sunday, 2nd May. Entries (£7) to Chris Mottram. Further details ring 01629734996

Thursday, 22nd April. 18.30 Short hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.00 Club room open after time trial

Saturday, 24th April. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's Sunday, 25th April 8.00 25 mile time trial, Starts on the A6 just north of Church Road, Darley Dale. Cost £2 unless you have paid for the year.

Club run: see website for details or contact Chris Metcalfe

Monday, 26th April. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 27th April. 18.30 5 mile time trial. Sign on by the bus shelter on the Ashford bypass, A6020. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 29th April. 18.30 Short hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.00 Club room open after time trial

Saturday, 1st May. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

Sunday, 2nd May. 8.00 Open 10 mile time trial. Entries closed Tuesday 20th April. Help appreciated with marshalling this event

Meet for a social ride starting at 9.30 in Crown Square, Matlock

Monday, 3rd May. 9.30 Slow morning ride

from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Press Secretary.** John White is our acting Press 19.00 Meet for a road ride starting from Crown Secretary. - stories, news, photos to John White, 01629 56341, johnwhite244@btinternet.com. John needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

> John would like to thank all who have sent in news and photos for his press reports.

John is retiring fromt his temporary post on April 12th. Thanks, John for your excellent press reports.

Would you like to be press secretary? We urgently need a volunteer. We need YOU.

Please contact Sue Statham (01629584238) if you are willing and can help.

Club Kit. Order on-line at Impsport's website or by phone using a club-specific password to get your discount. This password is on your membership card.

For those with no internet access, Lee Shunburne will act as co-ordinator and arrange an on-line order of your garments. Lee can be contacted on 01246 590228. Lee also has some club cloth racing caps for sale at £7 each.

Volunteers Coordinator - Helen Collier If you are able to help out at any MCC event in 2010 whether this be mashalling, making tea, etc please can you either reply to Helen's thread on the website General Forum or email her at helencollier@tiscali.co.uk training will be given where required. Specifically we need: 1. Monday evening races for under-12, at Whitworth Park: April 12th, 19th; May 17th, 24th; June 14th, 21st; a) Signing on and issuing numbers. 6.00pm to about 6.45pm. [1 or 2 people]; b) Marshalling at the lower gate 6.15pm to 7.30pm [1]; c) Marshalling around the course/pond 6.25pm to 7.30pm [5+]; d) First aid 6.15pm to 7.30pm should have current certificate [1 or 21

Thanks Thanks to all who helped in any way with the open hilly 22.

Thanks to all who helped with the successful auction.

Forest Town Track Forest Town Track League

is up and running again every Monday night from April 12th for seniors and junior racing (juniors fixed for freewheel)

New Track coaching evenings for beginners or developing riders on Wednesday evenings - dates to follow.

More information from Richard Thoday 582300 or www.foresttowntrack.co.uk

#### Open Time Trial Dates 2010

Sunday,	2nd May	10	A10/16 08.00
Sunday,	6th June	BDCA 50	A50/12 06.30
Tuesday,	8th June	Grouse 10	A10/16 18.30
Sunday,	27th June	Tarmac 25	A25/12 08.00
Sunday,	4th July	BSCA TT	D Moor 9.00
Sunday,	4th July	GHS	A10/? 14.00
Sunday,	24th Oct	Riber	AHC/1 10.00
Sunday,	24th Oct	Bank Road	AHC/6 14.00

Club Auction. Over £690 of items were sold raising £96.55 for the Young Riders Fund. Thanks to all who sold and bought at the auction.

#### **Junior Section**

Coaching in April. There are two coaching sessions in Whitworth Park during April, 10th and 17th April. Both sessions start at 9.30 and will last about one hour. They will consist of the usual mix of games and skill training with three different activities each time including a cross/mtb course and some circuit racing.

Junior Dr Bike This session takes place on Thursday 15th April starting at 19.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing 01629 822259.

## BSCA East Midland Region Events 2009/10

Event	Date	Where	Time
Crits	11th April '10	Darley Moor	9.00
Hard Track	8th May '10	Forest Town	10.00

Rollers	8th May '10	Forest Town	14.00
Grass Track	19th June '10	Whitworth	10.00
MTB	19th June '10	Whitworth	13.00
Time Trial*	4th July '10	Darley Moor	9.00
Hill climb	26th Sept '10	High Tor	10.00
* Incorporate	ed in the BSCA	<b>National Time</b>	Trial
Championshi	ips		

Young Riders Fund This fund provides money towards rider's expenses, eg entry fees, if they have ridden National or Area Championships in the name of the club or in the name of their school. Applications for grants should be made at the end of the cyclo-cross season in February. Further details appear on the club's website.

#### Circuit Racing at Whitworth Park.

We intend to run a series of short circuit races around the pond in Whitworth Park for under-8s, under-10s and under-12s. [ages taken at 1st September 2009] They will take place on 12th and 19th April, 17th and 24th May and 14th and 21st June. Signing-on takes place at each evening with racing starting at 18.30 and be finishing by 19.30. There will be 2 races per age group each evening. Initially theses races will be 4 laps for U - 8, 5 laps for *U* - 10 and 6 laps for *U*-12. These distances may change as the series goes on. Entry will cost £1 per evening. for club members. £2 per evening for non-club members. Races will be run under the British Schools Cycling Association rules of racing and will include gear restrictions. Riders will ride in the name of their school. Prizes will be awarded at the end of the six race series.

#### Coaching dates until July 2010

Day	Date	Month	Time
Saturday	10	April	9.30 - 10.30
Saturday	17	April	9.30 - 10.30
Saturday	15	May	9.30 - 10.30
Saturday	29	May	9.30 - 10.30
Saturday	12	June	14.00 - 16.00*
Saturday	26	June	9.30 - 10.30
Saturday	3	July	9.30 - 10.30
Saturday	17	July	9.30 - 10.30

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

Contact Sue Statham, the club secretary, for more information about club activities on 01629 584238 or Email: matlockcc@live.co.uk

Club website: www.matlockcyclingclub.org.uk