



Newsletter

April 2009

Diary Dates for April

Thursday, 2nd April . 18.30 Short Hilly time trial. Starts at the end of the access road to Cromford railway station. Prompt signing-on required.

Club room open after the time trial, from about 19.00

Saturday, 4th April. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

Sunday, 5th April . Meet for a social ride starting at 9.30 in Crown Square, Matlock
9.00 Charnwood in Spring, 100km Audax from Stapleford

Monday, 6th April . 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 7th April . 18.30 5 mile time trial. Signing on takes place near to the bus shelter on the A6020 at Ashford in the Water. Prompt signing on required.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 9th April . 18.30 Short Hilly time trial. Starts at the end of the access road to Cromford railway station. Prompt signing-on required.

Club room open after the time trial, from about 19.00

Saturday, 11th April . 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

Sunday, 12th April. Ladies ride departing Crown Square at 9.30.

Monday, 13th April . 9.00 Hilly 10 mile time trial using AS/12 which starts in Long Dale, about 1 mile for Hartington towards the A515.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 14th April . 18.30 5 mile time trial. Signing on takes place near to the bus shelter on the A6020 at Ashford in the Water. Prompt signing on required.

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 16th April . 18.30 Short Hilly time trial. Starts at the end of the access road to Cromford railway station. Prompt signing-on required.

Club room open after the time trial, from about 19.00

Dr Bike : Please ring Rob on 01629 822259 for an appointment

Saturday, 18th April . 9.15 MTB ride starting from the new car park opposite Stanley Fearn's
9.30 Coaching at Whitworth Park

7.30 Roses to Wraggs, 200km Audax from Alfreton

Sunday, 19th April . 8.00 25 mile time-trial start in the layby close to Firth Rixons on the A6 and 200m north of Church Road/A6 junction, Darley Dale.

Meet for a social ride starting at 9.30 in Crown Square, Matlock

12.00 Darley Moor crit

Monday, 20th April . 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 21st April . 18.30 5 mile time trial. Signing on takes place near to the bus shelter on the A6020 at Ashford in the Water. Prompt signing on required.

19.00 Meet for a road ride starting from Crown

Square, Matlock

Closing date for entries to the club's open 10 mile time trial on Sunday, 3rd may using A10/16. Entries, £6.50, to Parkside, Station Road Darley Dale, DE4 2EQ

Thursday, 23rd April. 18.30 Short Hilly time trial. Starts at the end of the access road to Cromford railway station. Prompt signing-on required.

Club room open after the time trial, from about 19.00

Saturday, 25th April. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

Entries close for the BSCA National and Regional Circuit Race Championships at Darley Moor on 10th May and for the u-8, u-10 & u-12 Regional time trial championships

9.00 Wortley Wanderer 100km Audax from Bolsover

Sunday, 26th April. 8.00 Twenty five mile time trial using A25/12. Starts at small layby on the A6, 200m north of Church Road/A6 junction, Darley Dale.

Monday, 27th April. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 28th April. 18.30 5 mile time trial. Signing on takes place near to the bus shelter on the A6020 at Ashford in the Water. Prompt signing on required.

19.00 Meet for a road ride starting from Crown Square, Matlock

Entries close for the BSCA East Midland Hard Track and Roller Championships - both of which take place at Forest Town.

Thursday 30th April. 18.30 Short Hilly time

trial. Starts at the end of the access road to Cromford railway station. Prompt signing-on required.

Club room open after the time trial, from about 19.00

Press Secretary. John White is acting as Press Secretary. - stories, news, photos to John White, 01629 56341, johnwhite244@btinternet.com. John needs to keep a high profile for the Club on the sports pages of local press, please help by sending him your news by Sunday evenings. Thanks to Eric Ruthenberg, Chris Green and the Thodays for photos which have been published recently.

Club Kit. New club kit is available. Ordering is on-line at Impsport's website or by phone using a club-specific password to get your discount. This password is on your membership card.

Thanks. To all who helped with the successful running of the club's open hilly 25 at the beginning of March.

Sunday Club Runs Coming soon, club run every Sunday. There will be a diary of club runs on the website. We would like club members to put their name to a ride/rides to ensure that there is someone there each week from the club. Please email Chris Metcalfe at iam_mrmcalfe@hotmail.com with the dates that you could offer. This list will eventually be displayed on the club website.

Tissington Triangle Matlock Rotary Club 28 mile sponsored ride. Sunday 19th April.

Raising funds for Highfields School Minibus Appeal. Contact Peter on 01629 56259 Sponsor form from www.matlockrotary.com

Track Racing Forest Town Track (Mansfield)

Season starts on Easter Monday at 7pm with racing for seniors and juniors. Racing every Monday night until September. More info at www.foresttowntrack.co.uk

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

Contact Sue Statham , the club secretary, for more information about club activities on 01629 584238 or Email : kianga@btinternet.com Club website : www.matlockcyclingclub.org.uk

Junior Newsletter

April 2009

Coaching sessions.

Coaching continues in April. There are two sessions : Saturday, April 18th starting at 9.30 using Whitworth Park ; Sunday 19th April at Darley Moor near to Ashbourne starting at 2pm. **Please** remember to sign the register if you attend one or both of these sessions.

Junior Dr Bike This session takes place on Thursday, 16th April from 19.00. If you have problems with your bike you can get them fixed at this session. If you would like to know how to maintain your bike, or to check for faults, this could be the session for you. If you would like one or both of your parents to know how to maintain your bike, bring them along. However you must let Rob know at least a day before Dr Bike that you intend to come to the session by ringing 01629 822259.

BSCA Events There are two sets of BSCA championships in May.

On Saturday, 9th May there are the Hard Track and the Rollers Championships at Forest Town, Mansfield. Both cost £5 to enter using a standard BSCA entry form. Entries should be sent to Graeme Waters, 2, Cottam Road, Treswell, Retford, Notts DN22 0ED. Entries close on Tuesday, 28th April.

On Sunday, 10th May there are the East Midland and National Circuit Race Championships at Darley Moor near Ashbourne. Entry cost £7 as one race is counted in two championships. Entries close on Saturday, 25th April and should be sent to Chris Mottram, Parkside, Station Road, Darley Dale, Derbys DE4 3EQ

All the races above use under-8, under-10, under-12, under-14, under-16 and over-16 age categories for both boys and girls (ages as on 1st September 2008). They are worth entering for the experience and especially if you make up school teams within an age group. Boys teams have three members, girls teams have two members.

In the afternoon of the 10th May, the Easy Midland Time Trial championships for under-8 (2 miles), under-10 (3 miles) and under-12 (5 miles) take place at Darley Moor. Entries, £5, should be sent on another entry form to Chris Mottram by 28th April

Entry fees to all the above events can be claimed back through our Young Rider Fund at the end of the season

**Further details and additional information can be obtained by phoning
01629734996 or emailing cj@ormail.co.uk**