



# Newsletter

## March 2013

### Diary Dates for March

**Saturday, 2nd March.** 14.00 Open hilly 25 mile time trial. Starts in School Lane, Rowsley, just off the A6. Entries closed on Tuesday, 19th February. Help marshalling this event always appreciated.

**Monday, 4th March.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 5th March.** 19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 7th March.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Club Roller Racing

19.00 Under - 14 roller racing at Club.

**Saturday, 9th March.** 9.30 Coaching in Whithworth Park for younger riders.

**Sunday, 10th March.** 9.00 16 mile hilly time trial starting from the layby above Lea. Costs £3 unless you have a time trial pass.

**Monday, 11th March.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 12th March.** 19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 14th March.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

19.15 Club rollers training sessions in the Imperial Rooms.

**Saturday, 16th March.** 9.30 Coaching in Whitworth Park for younger riders.

**Sunday, 17th March.** 8.30 Winster circuit time trial. Starts at the 10 start near to Four

Ways cross roads, Darley Dale. About 10 miles.  
Cost £3 unless you have a time trial pass.

**Monday, 18th March.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 19th March.** 19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 21st March.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Club Roller Racing

19.00 Under - 14 roller racing at Club.

19.00 onwards, Dr Bike - ring Rob on 01629 822259 if you want an appointment to mend your bike,

**Sunday, 24th March.** 8.00 25 mile time trial. Starts in the layby on the A6 near to Firth Rixons. Cost £3 unless you have a time trial pass.

**Monday, 25th March.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 26th March.** 19.00 Meet for a road ride starting from Crown Square, Matlock  
Entries close for the BSCA East Mids Circuit Race and Time Trial Championships at Darley Moor on 7th April. The time trials start at 9.30am and the circuit races start at 14.00. Each race costs £5. Cheques made payable to Matlock CC. You can enter on one form as long as you put the names of both event on the form and include a cheque for £10. Entries on a BSCA entry form should be sent to Chris Mottram, Parkside, Station Road, Darley Dale. Derbys DE4 2EQ

**Thursday, 28th March.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

19.15 Club rollers training sessions in the Imperial Rooms.

19.15 Club rollers training sessions in the Imperial Rooms.

**Monday, 1st April.** 17.00 Forest Town track "come and try it" event. Goes on until 19.00.

More details from Richard on 07941156162 or [www.foresttowntrack.co.uk](http://www.foresttowntrack.co.uk)

**Tuesday, 2nd April.** 19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 4th April.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

**Sunday, 7th April.** 9.30 BSCA East Mids Time Trial Championships note no entry on line - entries close on Tuesday, 26th March

12.00 Matlock CC crit at Darley Moor for 3rd, 4th, ladies and juniors. Entry fee : pre enter £14; on the line, £16. Roy Osment is the organiser. (01773 608175)

14.00 9.30 BSCA East Mids Circuit Race Championships note no entry on line - entries close on Tuesday, 26th March

**Help running some or all of these events very much appreciated**

**Monday, 8th April.** 9.30 Slow morning ride from Cromford market place.

### **Thanks**

Thanks to all who helped with the BSCA East Mids Cross Championships at Whitworth Park. Thanks to all involved in the successful club auction.

### **Press Secretary.**

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : [spstrange@gmail.com](mailto:spstrange@gmail.com). Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

### **Volunteering**

Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at [helencoombes1964@talktalk.net](mailto:helencoombes1964@talktalk.net) Any help would be much appreciated.

### **Committee Member Vacancies**

The committee is looking for additional members to help with the running of the club. There are general committee member vacancies as well as

road race and cyclocross secretary positions. An under-23 year old member is also sought. For job descriptions and details about what the posts would involve, please contact Steve Strange on 07768 847743 or email [spstrange@gmail.com](mailto:spstrange@gmail.com)

### **Club Kit.**

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year. The next order will be sent soon.

The Endura brochure is also available to view at [http://www.endura.co.uk/Dept.aspx?dept\\_id=207](http://www.endura.co.uk/Dept.aspx?dept_id=207)  
**Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.**

Lee can be contacted on 01246 590228 or via email at [lee.shunburne@nottingham.ac.uk](mailto:lee.shunburne@nottingham.ac.uk) or [oldpomilltown@gmail.com](mailto:oldpomilltown@gmail.com)

### **Club Secretary .**

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com).

### **Membership Cards and Discounts.**

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn and Wards Shoe Shops.

### **Open time trials 2013**

| Day      | Date      | Event        | Course | Time  |
|----------|-----------|--------------|--------|-------|
| Saturday | 2nd March | Hilly 25     | AH/2   | 14.00 |
| Sunday   | 5th May   | 10           | A10/16 | 8.00  |
| Tuesday  | 4th June  | Grouse 10    | A10/16 | 19.00 |
| Sunday   | 16th June | GHS heat     | A10/C  | 14.00 |
| Sunday   | 23rd June | Tarmac 25    | A25/12 | 7.30  |
| Sunday   | 20th Oct  | Riber HC     | AHC/1  | 10.00 |
| Sunday   | 20th Oct  | Bank Road HC | AHC/6  | 14.00 |

### **Club Auction**

This year's auction raised £237.40 for the Young Riders Fund. Thanks to the sellers, buyers and to Harry, Rob, Chris and Steve.

### **Tour de France 2013**

We hope to see the Tour twice near to Tours. It arrives at Tours on Thursday July 11th and leaves the next day. We aim to have some time either side

of this date. Please ring 01629 734996 if you are interested or need more details. Booking in late January.

### **Forest Town Track**

Forest Town track racing league starts on Monday, 8th April. Fixed and freewheel racing racing for youth riders. More information from Richard on 07941156162 or [www.foresttowntrack.co.uk](http://www.foresttowntrack.co.uk)

### **Junior Section**

#### **Junior Dr Bike**

This session takes place on Thursday 21st March starting at about 19.15. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

#### **Sainsbury's Active Kids Vouchers**

It's that time of year. Vouchers are available from 30th January to May. Please bring your vouchers to coaching sessions or time trials. The collecting box will be in the blue car.

#### **Young Riders Fund**

Requests for grants from the Young Rider Fund should give details of the event where the young rider has competed for Matlock CC in British Cycling and BSCA national or regional championships - date, name of event, result. Such requests should be sent to Harry Gould at [btgould@btinternet.com](mailto:btgould@btinternet.com) or ring 01629822259 Closing date for applications to the YRF is 7th March 2013.

#### **Next BSCA Event.**

This will be the East Midland Time Trials and Circuit Race championships at Darley Moor on 7th April. Entries close on Tuesday, 26th March 2013.

### **BSCA East Mids Championships 2013/4**

| Event        | Date      | Venue       | Start |
|--------------|-----------|-------------|-------|
| Time trial   | April 7th | Darely Moor | 09.00 |
| Circuit race | April 7th | Darely Moor | 14.00 |
| Rollers      | June 2nd  | Rowsley VH  | 10.00 |
| Grass        | June 22nd | Whitworth   | 10.00 |
| MTB          | June 22nd | Whitworth   | 10.00 |
| Hill climb   | Sep 29th  | High Tor    | 10.00 |
| Rollers      | Sep 29th  | Starkholmes | 11.00 |

Hard track and roller dates to follow.

#### **Whitworth Park coaching in March.**

Two sessions in March : Saturday, 9th : Saturday, 16th . Both start at 9.30am and finish at 10.45am.

Note that some coaching dates in June have been changed.

#### **Roller training**

At Imperial Rooms, Matlock.

Time 19.15 - 21.15

Dates :

14th and 28th March

Cost : £2. You need a set of rollers. Some are available - contact Dawn

#### **Coaching dates 2013 - check with the appropriate newsletter and /or the website**

|                            |                      |
|----------------------------|----------------------|
| Saturday, 9th March        | 9.30 - 10.45         |
| Saturday, 16th March       | 9.30 - 10.45         |
| Saturday, 13th April.      | 9.30 - 10.45         |
| Monday, 15th April         | 18.30 rpr            |
| Monday, 22nd April         | 18.30 rpr            |
| Saturday, 27th April       | 9.30 - 10.45         |
| Monday, 29th April         | 18.30 rpr            |
| Saturday, 11th May         | 9.30 - 10.45         |
| Monday, 20th May           | 18.30 rpr            |
| Saturday, 25th May         | 9.30 - 10.45         |
| Monday, 3rd June           | 18.30 grass track    |
| Monday, 10th June          | 18.30 grass track    |
| Saturday, 15th June        | 9.30 - 10.45         |
| <b>Saturday, 29th June</b> | <b>9.30 - 10.45*</b> |
| Saturday, 6th July         | 9.30 - 10.45         |
| Saturday, 20th July        | 9.30 - 10.45         |

#### **\* Date change**

rpr means round the pond racing for U-7, U-9, U-11 age groups at Whithworth Park. The grass track racing for the same age groups is also at Whitworth Park.

**Contact Steve Strange , the club secretary,  
for more information about club activities on  
07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com).  
Club website :  
[www.matlockcyclingclub.org.uk](http://www.matlockcyclingclub.org.uk)**

**Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of  
Matlock : Stanley Fearn Cycles ; Chubb and Co..**