



## Diary Dates for March

**Tuesday, 1st March.** 19.00 Meet for a road ride starting from Crown Square, Matlock.

**Thursday, 3rd March.** 19.00 Chain gang. Meet in Crown Square Matlock

19.00 for 19.30 Trophy Presentation Evening

**Saturday, 5th March.** 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

14.00 Open Hilly 25 mile time trial starting from School Lane, Rowsley. Entries closed in February. Help marshalling welcome. Please ring 01629 734996 if you can help.

**Sunday, 6th March.** Meet for a social ride starting at 9.30 in Crown Square, Matlock  
Check the forum on the website to see who is going.

**Monday, 7th March.** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 8th March.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 10th March.** 19.00 Chain gang - meet in Crown Square, Matlock

20.00 Barn Club - Club Auction

**Saturday, 12th March.** 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park.

**Sunday, 13th March.** 09.00 AH/7 hill time trial - Lea Circuit. Starts at the layby about 1km above Lea. Cost £2 unless you have paid for the year.

# Newsletter

## March 2011

9.30 Ladies ride departing Crown Square .

**Monday, 14th March.** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 15th March.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 17th March.** 19.00 Chain gang. Meet in Crown Square Matlock.

19.00 Junior Dr Bike: Please ring Rob on 01629 822259 for an appointment.

20.00 Dr Bike - as above.

**Saturday, 19th March.** 9.15 MTB ride starting from the new car park opposite Stanley Fearn's.

**Sunday, 20th March.**

08.30 Winster Circuit time trial. Starts a 4 Lane Ends, Darley Dale. Cost £2 unless you have paid for the year.

**Monday, 21st March.** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 22nd March.** 19.00 Meet for a road ride starting from Crown Square, Matlock.

Entries close for the East Mids BSCA Road race Championships at Darley Moor.

**Thursday, 24th March.** 19.00 Chain gang. Meet in Crown Square Matlock .

20.00 Become a time keeper. We will show you how.

**Saturday, 26th March.** 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park.

**Sunday, 27th March.** 8.00 25 mile time trial. Starts on the A6 just north of Church Road, Darley Dale. Cost £2 unless you have paid for the year.

**Monday, 28th March.** 9.30 Slow morning ride

from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 29th March.** 18.30 First 5 of the season. Sign on by the bus shelter at Ashford, on the A6020. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 31st March.** 18.30 Short hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

19.00 Club room open after time trial

**Saturday, 2nd April.** 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

**Sunday, 3rd April.** 8.00 25 mile time trial. Starts on the A6 just north of Church Road, Darley Dale. Cost £2 unless you have paid for the year.

Meet for a social ride starting at 9.30 in Crown Square, Matlock

Check the forum on the website to see who is going

12.00 First Darley Moor crit for 2/3/4/jun/vet/ladies

14.00 BSCA East Mids Road Race Championships at Darley Moor. Entries closed on 22nd March

**Monday, 4th April.** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 5th April.** 18.30 5 mile time trial. Sign on by the bus shelter at Ashford, on the A6020. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

**Press Secretary.** Steve Strange is our Press Secretary. Please send Stories, News, Results and Photos to Steve Strange - 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com). Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

**Club Kit.** The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The Endura brochure is also available to view at [http://www.endura.co.uk/Dept.aspx?dept\\_id=207](http://www.endura.co.uk/Dept.aspx?dept_id=207) Please submit orders to Lee Shunburne, who can be contacted on 01246 590228 or via email at [lee.shunburne@nottingham.ac.uk](mailto:lee.shunburne@nottingham.ac.uk)

Lee also has some club cloth racing caps for sale at £7 each.

**Volunteers Coordinator - Helen Collier**

Volunteering: The AGM voted to accept the Volunteering Proposal for a trial period of 12 months commencing in January 2011. Helen will post on the forum a calendar of 2011 events for which volunteers are required. Club members who regularly compete in Club events are being asked to volunteer to help out at one event per year. Once the calendar is posted, can you please contact Helen by email

([helencollier@tiscali.co.uk](mailto:helencollier@tiscali.co.uk)) with the date(s) and event(s) for which you are available, and indicate if you have a preference for a particular duty e.g. marshalling, time-keeping, pushing off, etc.

Volunteers will be allocated on a first-come-first-served basis, so please ensure you offer a selection of dates if possible in case your first choice is already filled.

**Club Secretary Steve Strange** is our new Club Secretary. He can be contacted on 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com).

**Membership Cards and Discounts** Please remember to show you current Matlock CC membership card when asking for a discount at Stanley Fearn's, Farmers and Wards Shoe Shops.

**Thanks** Thanks to Helen and Dawn for organising the excellent and successful ceilidh. Congratulation to the dancers for their performances! Next year Lee.

**Trophy Presentation Evening.** This now takes place at 7pm (for 7.30pm) on Thursday 3rd March at the Barn, Church Street, Matlock. Check website to see if you have won something

**Club Auction** Takes place on Thursday, 10th March. Items for sale to Harry as soon as

possible. A time to get rid of your unwanted kit.  
Phone 822259

**Tour de France 2011** The club's trip to see the 2011 event will visit Brittany from 4th-11th July to see bit of three stages. We hope to stay in Lambaille and sail to St Malo. More details by ringing 01629734996. Booking this month.

### **Open Time Trial Dates 2011**

Saturday, 5th March	Hilly 25	AH/2	14.00
Sunday, 1st May	Open 10	A10/16	08.00
Sunday, 5th June	BDCA 50	A50/12	06.30
Tuesday, 7th June	Grouse 10	A10/16	18.30
Tuesday, 7th June	Grouse 10 MG	A10/16	18.30
Sunday, 26th June	GHS Cen Dist	A10/16	08.00
Sunday, 26th June	Tarmac 25	A25/12	08.00
Sunday, 26th June	Tarmac 25 MG	A25/12	08.00
Sunday, 23rd Oct	Riber	AHC/1	10.00
Sunday, 23rd Oct	Bank Road	AHC/6	14.00

## **Junior Section**

### **Young Riders Fund**

Claim forms should have be submitted to Harry by the end of February. Submit them as soon as possible please. See the club's web site for details and a form.

**Junior Dr Bike** This session takes place on Thursday 17th February starting at 19.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259. events.

### **Velodrome Trip**

A trip to the Manchester Velodrome is being organised for 9-16 year olds with little or no track experience. Cost will be about £20 including bike hire. The date is Monday, April 18th and the time 12 noon to 2pm. Further details by ringing Emma Martin on 01246410956.

**Next BSCA Event** The next BSCA event is the East Midland Regional Road Race Championships at Darley Moor on Sunday, 3rd April. This event incorporates the club championships for U-8, U-10, U-12, U-14 and U-16. It is very much a come and try it event. Why not have a go? You need to enter on a BSCA entry form which can be obtained at a coaching session or from the BSCA website. Send the completed form together with the entry fee of £5 to Chris Mottram, Parkside, Station Road, Darley Dale, DE4 2EQ by Tuesday, 22nd March. Cheques payable to NDCXL

**Coaching in March**. There are two session, Saturday, 12th and 26th March- both start at 9.30am and run until 10.45am All use Whitworth Park. These sessions will consist of some racing type activity cyclo cross, round the lake or up the mountain together with the possibility of learning new skills or improving those already learnt.

### **Sainsburys Active Kids vouchers 2011**

As the club has Clubmark accreditation we are able to collect and use these vouchers. We would like to collect enough for a new set of cones and markers. Please hand vouchers to a committee member. Thanks

### **Coaching dates until April 2011**

Day	Date	Month	Time
Saturday	12th	March	9.30 - 10.45
Saturday	26th	March	9.30 - 10.45
Saturday	2nd	April	9.30 - 10.45
Saturday	16th	April	9.30 - 10.45

### **East Mids BSCA Championships 2011**

Day	Date	Event	Venue	Time
Sunday	3rd April	Crits	Darley Moor	14.00
Saturday	14th May	Hard track	Forest Town	am
Saturday	14th May	Rollers	Forest Town	pm
Saturday	20th June	Grass track	Darley Dale	am
Saturday	20th June	mtb	Darley Dale	pm
Sunday	17th July	Time trial	Darley Moor	10.00

### **2011/2012**

Sunday	25th Sept	Hill climb	Matlock	10.00
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**Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..**

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or pstrange@gmail.com.  
Club website : www.matlockcyclingclub.org.uk**

## ***Code of Conduct for Riders and Parents***

### **We expect parents, carers and other supporters :**

- \*Ensure your child arrives for events in good time for registration and take part in warm up and briefing activities.
- \*Discourage unfair play and arguing with officials.
- \*Help their child to recognise good performances, not just results.
- \*Set a good example by praising fair play and applauding all good performances.
- \*Never punish or chastise a child for losing or making mistakes.
- \*Support their child's involvement and help them to enjoy their cycling.
- \*Respect the rights, dignity and worth of every young person.
- \*Show appreciation and respect for the coaches and officials.
- \*Ensure your child's bike is in good mechanical order, for the safety of your child and other members.
- \*Collect your child at the end of the session and sign them out.

### **Riders to:**

- \*Arrive for events in good time for registration and take part in warm up and briefing activities.
- \*Wear suitable clothing (including a helmet and gloves) for all sessions.
- \*Play by the rules
- \*Do not ride around while waiting to participate in an activity
- \*Respect the decisions of event officials, and obey any instructions given by officials.
- \*Be a good sport by applauding all good performances „ both club-mates and opponents.
- \*Respect the rights, dignity and worth of all participants.
- \*Treat all participants in cycling as they would like to be treated.
- \*Cooperate with the coaches, helpers, club-mates and opponents.

***Matlock Cycling Club Committee reserves the right to issue a written warning, demote, suspend, or exclude from future events any rider, parent or supporter who is deemed by the organisers to be in breach of this code of conduct***