



# Newsletter

## March 2010

### Diary Dates for March

**Monday, 1st March.** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 2nd March.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 4th March.** 19.00 Chain gang meet at Crown Square

19.00 Junior Club night : Marbles

20.00 Meet Jenny Gretton BC's Regional Events Co-ordinator

**Saturday, 6th March.** 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

14.00 Open Hilly 23. Help marshalling much appreciated. Please ring 01629734996 if you can help.

**Sunday, 7th March.** Meet for a social ride starting at 9.30 in Crown Square, Matlock

**Monday, 8th March.** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 9th March .** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday 11th March .** 19.00 Chain gang meet at Crown Square

20.00 Club room open. Club Auction. Proceeds go to Young Riders Fund.

**Saturday, 13th March .** 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

9.30 Coaching at Whitworth Park

**Sunday, 14th March .** 9.00 Hilly 16 mile time trial. Starts at the large layby on the road above Lea just below the road to Crich. Cost £2 unless you have paid for the year.

Meet for a social ride starting at 9.30 in Crown Square, Matlock

**Monday, 15th March .** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 16th March .** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 18th March .** 19.00 Chain gang meet at Crown Square

19.00 Junior Dr Bike: Please ring Rob on 01629 822259 for an appointment

20.00 Dr Bike - as above

**Saturday 20th March .** 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

9.30 Coaching at Whitworth Park

**Sunday, 21st March .** 8.30 Winstar circuit time trial, Starts on Church Lane, just north of its junction with B5057 at Darley Dale. Cost £2 unless you have paid for the year.

Meet for a social ride starting at 9.30 in Crown Square, Matlock

**Monday, 22nd March .** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 23rd March .** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 25th March .** 19.00 Chain gang meet at Crown Square

20.00 Club room open. Power meter revisited.

**Saturday, 27th March .** 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

**Sunday, 28th March .** 8.00 25 mile time trial, **Club Kit.**

Starts on the A6 just north of Church Road, Darley Dale. Cost £2 unless you have paid for the year.

Club run : see website for details or contact Chris Metcalfe

**Monday, 29th March .** 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

**Tuesday, 30th March.** 18.30 5 mile time trial. Sign on by the bus shelter on the Ashford bypass, A6020. Cost £2 unless you have paid for the year.

19.00 Meet for a road ride starting from Crown Square, Matlock

Entries close for the BSCA East Mids Circuit Race Championships to be held at Darley Moor on Sunday, 11th April.

**Thursday, 1st April.** 18.30 Short hilly time trial. Starts at the end of the Cromford railway station access road. Cost £2 unless you have paid for the year.

**Saturday, 3rd April.** 9.15 MTB ride starting from the new car park opposite Stanley Fearn's

**Sunday, 4th April.** Meet for a social ride starting at 9.30 in Crown Square, Matlock

**Monday, 5th April.** 9.00 Hilly 10 mile time trial. Starts near Hartington, in Long Dale, 100m north of B5054. Cost £2 unless you have paid for the year.

9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

### **Press Secretary.**

John White is our acting Press Secretary. - stories, news, photos to John White, 01629 56341, johnwhite244@btinternet.com. John needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

John would like to thank all who have sent in news and photos for his press reports.

Order on-line at Impsport's website or by phone using a club-specific password to get your discount. This password is on your membership card.

For those with no internet access, Lee Shunburne will act as co-ordinator and arrange an on-line order of your garments. Lee can be contacted on 01246 590228. Lee also has some club cloth racing caps for sale at £7 each.

### **Notts & Derby Presentation Evening.**

Friday 5th March at Underwood Miners Welfare. Tickets : £4 for U-16s; £8 for adults. Both Lee and Harry have tickets.

### **Club Subscriptions.**

These were due on **January 1st 2010. Please pay promptly.**

### **Volunteers Coordinator - Helen Collier**

If you are able to help out at any MCC event in 2010 whether this be marshalling, making tea, etc please can you either reply to Helen's thread on the website General Forum or email her at helencollier@tiscali.co.uk training will be given where required. It would be lovely to see some new faces helping out at MCC events, so if you have never volunteered before or haven't helped out at an event for sometime and would like to become more involved in club activities, can you please give special consideration to offering your time during 2010

### **Thanks**

Thanks to Rob for organising the social evening at Starkholmes Village Hall.

Thanks to all who helped with the Notts & Derby promoted BSCA National Cyclo Cross Championships.

### **Open Time Trial Dates 2010**

Saturday, 6th March	Hilly 25/23	AH/2	14.00
Sunday, 2nd May	10	A10/16	08.00
Sunday, 6th June	BDCA 50	A50/12	06.30
Tuesday, 8th June	Grouse 10	A10/16	18.30
Sunday, 27th June	Tarmac 25	A25/12	08.00
Sunday, 4th July	BSCA TT	D Moor	9.00
Sunday, 4th July	GHS	A10/?	14.00
Sunday, 24th Oct	Riber	AHC/1	10.00
Sunday, 24th Oct	Bank Road	AHC/6	14.00

## **Club Auction**

The club auction raises money for the Young Riders Fund. It is great fun and usually a whole variety of "things" are for sale. 10% of the purchase price goes to the Young Riders Fund. If you have anything to sell at this auction please let Harry know on 01629 822259.

## **Junior Section**

### **Coaching in March.**

There are two coaching sessions in Whitworth Park during March, 13th and 27th February. Both sessions start at 9.30 and will last about one hour. They will consist of the usual mix of games and skill training with three different activities each time including a cross/mtb course and some circuit racing.

**Junior Dr Bike** This session takes place on Thursday 18th March starting at 19.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing 01629 822259.

### **BSCA East Midland Region Events 2009/10**

Event	Date	Where	Time
Crits	11th April '10	Darley Moor	9.00
Hard Track	8th May '10	Forest Town	10.00
Rollers	8th May '10	Forest Town	14.00
Grass Track	19th June '10	Whitworth	10.00
MTB	19th June '10	Whitworth	13.00
Time Trial*	4th July '10	Darley Moor	9.00
Hill climb	26th Sept '10	High Tor	10.00

\* Incorporated in the BSCA National Time Trial Championships

### **Young Riders Fund**

This fund provides money towards rider's expenses, eg entry fees, if they have ridden National or Area Championships in the name of

the club or in the name of their school.

Applications for grants should be made at the end of the cyclo-cross season which this year appears to be around the end of February/beginning of March. Further details appear on the club's website.

Apply **now** before it is too late for events in 2009 and the first two months of 2010.

### **Circuit Racing at Whitworth Park.**

We intend to run a series of short circuit races around the pond in Whitworth Park for under- 8s, under-10s and under-12s. They will take place on 12th and 26th April, 17th and 24th May and 14th and 21st June. Each evening racing will start at 18.30 and be finished by 19.30. There will be 2 races per age group each evening. Initially these races will be 4 laps for U - 8, 5 laps for U - 10 and 6 laps for U-12. These distances may change as the series goes on. Entry will cost £1 per evening. for club members. £2 per evening for non-club members. Races will be run under the British Schools Cycling Association rules of racing and will include gear restrictions. Riders will ride in the name of their school. Prizes will be awarded at the end of the six race series. Final details Next month.

### **Coaching dates until July 2010**

Day	Date	Month	Time
Saturday	13	March	9.30 - 10.30
Saturday	20	March	9.30 - 10.30
Saturday	10	April	9.30 - 10.30
Saturday	17	April	9.30 - 10.30
Saturday	15	May	9.30 - 10.30
Saturday	29	May	9.30 - 10.30
Saturday	12	June	14.00 - 16.00*
Saturday	26	June	9.30 - 10.30
Saturday	3	July	9.30 - 10.30
Saturday	17	July	9.30 - 10.30

\*Starkholmes Village Fete

**Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..**

**Contact Sue Statham , the club secretary, for more information about club activities on 01629 584238 or Email : matlockcc@live.co.uk  
Club website : www.matlockcyclingclub.org.uk**