



# Newsletter

## February 2013

### **Diary Dates for February**

**2013 club subs are now due. Please pay promptly. Either use the membership form sent out with Pedal Power or download one from the website.**

**Saturday, 2nd February.** 10.00 East Midlands BSCA cyclo cross championships at Whitworth Park. No entry on the line. Entries closed on Tuesday, 22nd January.

**Monday, 4th February.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 5th February.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 7th February.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

**Club Roller Racing**

19.00 Under - 14 roller racing at Club.

**Saturday, 9th February.**

10.00 Lea Green WinterTaster Day for 5 - 11 year olds. The club rollers will be there in the morning. You need to book a session on line. The club forum has the address.

14.00 Sheldon circuit time trial. Starts north of the first cross roads on Monyash Road, B5055 out of Bakewell. Costs £3 unless you have a time trial pass.

18.30 Club social and trophy presentation evening. - Peliton Podium Party - See below for more details of how to get tickets.

**Sunday, 10th February.** Ladies ride starting at 9.30 from Crown Square, Matlock

**Monday, 11th February.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 12th February.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 14th February.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.  
19.15 Club rollers training sessions in the Imperial Rooms

**Saturday, 16th February.** 9.30 Coaching in Whitworth Park

10.00 MTB coaching at Holme Pierrepont. Contact Emma Martin at [e.martin@shu.ac.uk](mailto:e.martin@shu.ac.uk)

14.00 Sheldon circuit time trial. Starts north of the first cross roads on Monyash Road, B5055 out of Bakewell. Costs £3 unless you have a time trial pass.

**Sunday, 17th February.** 15.00 Track training session at EIS. Contact Emma Martin at [e.martin@shu.ac.uk](mailto:e.martin@shu.ac.uk)

**Monday, 18th February.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 19th February.** 13.30 Club rollers at the Arc Leisure Centre. Finishes at 17.00. All welcome. Bikes provided.

19.00 Meet for a road ride starting from Crown Square, Matlock

Entries close for Matlock CC's open hilly 25 mile time trial which takes place on Saturday, 2nd March. Entries cost £8 and should be on a standard CTT entry form which is downloadable from [ctt.org.uk](http://ctt.org.uk). Cheques, £8, should be made payable to Matlock CC. Send the completed form to C Mottram, Parkside, Station Road, Darley Dale, Derbys DE4 2EQ

**Thursday, 21st February.** 19.00 Chain gang

leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

19.30 for 20.00 Club Auction. Items for sale need to be there by 19.30

**Friday, 22nd February.** 19.00 Notts and Derby Cyclocross League Prize Presentation. Harry has the details. Ring him on 01629822259

**Saturday, 23rd February.** 9.30 Coaching in Whitworth Park

14.00 Hilly 25 mile time trial. Starts in School Lane, Rowsley, just off the A6. Costs £3 unless you have a time trial pass.

**Sunday, 24th February.** 10.00 Road coaching session. Contact Emma Martin at e.martin@shu.ac.uk

**Monday, 25th February.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 26th February.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 28th February.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

19.15 Club rollers training sessions in the Imperial Rooms

19.00 onwards, Dr Bike - ring Rob on 01629 822259 if you want an appointment to mend your bike,

**Saturday, 2nd March** 14.00 Open hilly 25 mile time trial. Starts in School Lane, Rowsley, just off the A6. Entries closed on Tuesday, 19th February. Help marshalling this event always appreciated.

**Monday, 4th March** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 5th March.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 7th March.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

**Saturday, 9th March.** 9.30 Coaching in Whitworth Park for under-12s

**Sunday, 10th March.** 9.00 16 mile hilly time

trial starting from the layby above Lea. Costs £3 unless you have a time trial pass.

**Monday, 11th March.** 9.30 Slow morning ride from Cromford market place.

**Tuesday, 12th March.** 19.00 Meet for a road ride starting from Crown Square, Matlock

**Thursday, 14th March.** 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

19.15 Club rollers training sessions in the Imperial Rooms

### **Thanks**

Thanks to Lee Shunburne for organising another excellent cyclocross at Thornbridge and to club members and friends who turned up to help.

### **Press Secretary.**

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

### **Volunteering**

'Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at helencoombes1964@talktalk.net Any help would be much appreciated'.

### **Club membership**

2013 subs are now due.

### **Committee Member Vacancies**

The committee is looking for additional members to help with the running of the club. There are general committee member vacancies as well as road race and cyclocross secretary positions. An under-23 year old member is also sought. For job descriptions and details about what the posts would involve, please contact Steve Strange on 07768 847743 or email spstrange@gmail.com

### **Club Kit.**

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand'

system from Impsport. Endura orders will be placed 3-4 times per year. The next order will be sent in mid-February

The Endura brochure is also available to view at [http://www.endura.co.uk/Dept.aspx?dept\\_id=207](http://www.endura.co.uk/Dept.aspx?dept_id=207)

**Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.**

Lee can be contacted on 01246 590228 or via email at [lee.shunburne@nottingham.ac.uk](mailto:lee.shunburne@nottingham.ac.uk) or [oldpomilltown@gmail.com](mailto:oldpomilltown@gmail.com)

### **Club Secretary .**

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com).

### **Membership Cards and Discounts.**

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn's and Wards Shoe Shops.

### **Open time trials 2013**

Day	Date	Event	Course	Time
Saturday	2nd March	Hilly 25	AH/2	14.00
Sunday	5th May	10	A10/16	8.00
Sunday	2nd June	BDCA 50?	A50/12	6.30
Tuesday	4th June	Grouse 10	A10/16	19.00
Sunday	16th June	GHS heat	A10/C	14.00
Sunday	23rd June	Tarmac 25	A25/12	7.30
Sunday	20th Oct	Riber HC	AHC/1	10.00
Sunday	20th Oct	Bank Road HC	AHC/6	14.00

### **Club Cyclo-Cross Championships**

The vets, seniors, ladies, juniors and youths championships took place as part of the club's promotion on Saturday, 29th December at Thornbridge - the 12th round of NDCXL Trophies will be presented on the 9th February at the Peliton Podium Party at Peli Deli.

The remaining championships, U-7, U-9, U-11, are on 2nd February at Whitworth Park - note no entry on the line for these BSCA events. The trophies will also be presented on the 9th February. Tickets have been reserved for winners of cyclo cross trophies at these two

events but you must let Helen Coombes know that you want to come.

### **Club Social and Trophy Presentation Evening - Peliton Podium Party**

This takes place at 18.30 on Saturday evening 9th February at Peli Deli, Matlock. Free food. Please let Helen Coombes know that you want to come by emailing : [helencoombes1964@talktalk.net](mailto:helencoombes1964@talktalk.net). See the entry on the Matlock CC website's forum.

### **Club Auction**

This year's auction will take place on 21st February 2013 at 20.00 Contact Harry on 01629822259 if you have anything to sell before the date of the auction.

### **Notts and Derby Cyclocross League Prize Presentation**

This event takes place on Friday, 22nd at 7pm. Tickets are £12 for adults and £8 for children. Harry has tickets and can be contacted on 01629822259.

### **Tour de France 2013**

We hope to see the Tour twice near to Tours. It arrives at Tours on Thursday July 11th and leaves the next day. We aim to have some time either side of this date. Please ring 01629 734996 if you are interested or need more details. Booking in late January.

### **Junior Section**

#### **Junior Dr Bike**

This session takes place on Thursday 28th February starting at about 19.15. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

### **Lea Green Sports Taster Day : February 9th from 10.00**

Lea Green Winter Taster Day for 5 - 11 year olds. The club rollers will be there in the morning. You need to book a session on line. The club forum has the address or contact John

White

### **Sainsbury's Active Kids Vouchers**

*It's that time of year. Vouchers are available from 30th January to May. Please bring your vouchers to coaching sessions or time trials. The collecting box will be in the blue car.*

### **Young Riders Fund**

*Requests for grants from the Young Rider Fund should give details of the event where the young rider has competed for Matlock CC in British Cycling and BSCA national or regional championships - date, name of event, result. Such requests should be sent to Harry Gould at [btgould@btinternet.com](mailto:btgould@btinternet.com) or ring 01629822259*

### **Next BSCA Event.**

*This will be the East Midland Time Trials and Circuit Race championships at Darley Moor on 7th April. Entries close on Tuesday, 26th March 2013.*

### **BSCA East Mids Championships 2013/4**

Event	Date	Venue	Start
Cyclo-X	Feb 2nd	Whitworth	10.00
Time trial	April 7th	Darely Moor	09.00
Circuit race	April 7th	Darely Moor	14.00
Grass	June 22nd	Whitworth	10.00
MTB	June 22nd	Whitworth	10.00
Hill climb	Sep 29th	High Tor	10.00
Rollers	Sep 29th	Starkholmes	11.00

Hard track and roller dates to follow.

### **Whitworth Park coaching in February.**

*Two sessions in February : Saturday, 16th February : Saturday, 23rd February. Both start at 9.30am and finish at 10.45am.*

*Note that some coaching dates in February and June have been changed.*

### **Roller training**

*New venue - Imperial Rooms, Matlock.*

*Time 19.15 - 21.15*

*Dates :*

*14th and 28th February*

*14th and 28th March*

*Cost : £2. You need a set of rollers. Some are available - contact Dawn*

**Coaching dates 2013 - check with the appropriate newsletter and /or the website**

Saturday, 2nd February	10.00
Saturday, 16th February	9.30 - 10.45
<b>Saturday, 23rd February</b>	<b>9.30 - 10.45*</b>
Saturday, 9th March	9.30 - 10.45
Saturday, 16th March	9.30 - 10.45
Saturday, 13th April.	9.30 - 10.45
Saturday, 27th April	9.30 - 10.45
Saturday, 11th May	9.30 - 10.45
Saturday, 25th May	9.30 - 10.45
Saturday, 15th June	9.30 - 10.45
<b>Saturday, 29th June</b>	<b>9.30 - 10.45*</b>
Saturday, 6th July	9.30 - 10.45
Saturday, 20th July	9.30 - 10.45

**\* Date change**

**Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..**

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or [spstrange@gmail.com](mailto:spstrange@gmail.com). Club website : [www.matlockcyclingclub.org.uk](http://www.matlockcyclingclub.org.uk)**