



Newsletter

February 2012

Diary Dates for February

Thursday, 2nd February. 19.00 Chain gang from Crown Square, Matlock

19.00 Rollers sessions at Highfields lower school. See website for more details.

No club - the competition rollers are at Highfields - see above.

Any trophies to be returned please bring to Highfields.

Saturday, 4th February. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

9.30 Coaching at Whitworth Park

12 noon onwards 14th Round and last of the SRAM Notts & Derby Cyclo Cross League at Darley Moor - promoted by Ashfield RC. See below for individual event times.

Sunday, 5th February. Meet for a social ride starting at 9.30 in Crown Square, Matlock
Check the forum on the website to see who is going

Monday, 6th February 2012. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 7th February. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 9th February. 19.00 Chain gang from Crown Square, Matlock

19.00 Rollers sessions at Highfields lower school. see website for more details.

Clubroom not open tonight.

Saturday, 11th February. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

9.30 Coaching at Whitworth Park

14.00 Sheldon Circuit time trial. Starts north of the first cross roads on Monyash Road, B5055 out of Bakewell. Costs £3 unless you have a time trial pass.

Sunday, 12th February. 9.30 Ladies ride departing Crown Square .

Monday, 13th February. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 14th February. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 16th February. 19.00 Chain gang from Crown Square, Matlock

19.30 Club Auction - viewing

20.00 Club Auction

Trophy return evening

Saturday, 18th February. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's.

14.00 Sheldon Circuit time trial. Starts north of the first cross roads on Monyash Road, B5055 out of Bakewell. Costs £3 unless you have a time trial pass.

Monday, 20th February. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 21st February. 19.00 Meet for a road ride starting from Crown Square, Matlock

Wednesday, 22nd February. 18.30 MTB training at Thornbridge. See website for more details.

Thursday, 23rd February. 19.00 Chain gang

from Crown Square, Matlock

19.00 Junior Dr Bike: Please ring Rob on 01629 822259 for an appointment.

20.00 Dr Bike - as above.

Trophy return evening at club

Saturday, 25th February. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's.

14.00 Hilly 25 mile time trial. Starts in School Lane, Rowsley. Costs £3 unless you have a time trial pass.

Monday, 27th February. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 28th February. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 1st March . 19.00 Chain gang from Crown Square, Matlock

19.00 Roller racing for under-13 Come and try the clubs competition roller set up in club room

20.00 Roller racing for everyone else.

Trophy return evening

Saturday, 3rd March. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

14.00 Open 25 mile hilly time trial Entries, £8, closed on Tuesday, 21st February. Send to C Mottram, Parkside, Station Road, Darley Dale DE4 2EQ. Use a standard CTT entry form downloadable from CTT.org.uk

Monday, 5th March. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 6th March. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 8th March. 19.00 Chain gang from Crown Square, Matlock

Saturday, 10th March. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

Sunday, 11th March. Meet for a social ride

starting at 9.30 in Crown Square, Matlock

Check the forum on the website to see who is going

9.00 16 mile hilly time trial (2 laps). Starts at large layby above Lea. Costs £3 unless you have a time trial pass.

Monday, 12th March. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 13th March. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thanks

Thanks to John for producing yet another splendid Pedal Power.

Thanks to all who helped in any way with the preparation for and the running of the BSCA National X Championships at Thornbridge.

Thanks to Harry for organising an excellent event.

Press Secretary.

Please send Stories, News, Results and Photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Club Kit.

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The next order will be sent at the end of February.

The Endura brochure is also available to view at http://www.endura.co.uk/Dept.aspx?dept_id=207

Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.

Lee can be contacted on 01246 590228 or via email at lee.shunburne@nottingham.ac.uk or oldpomilltown@gmail.com

Club Secretary

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Membership Cards and Discounts

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn's, Farmers and Wards Shoe Shops.

Open Time Trial Dates 2012

Saturday, 3rd March	Hilly 26	AH/2	14.00
Sunday, 6th May	Open 10	A10/16	08.00
Sunday, 10th June	BDCA 50	A50/12	06.30
Tuesday, 12th June	Grouse 10	A10/16	18.30
Sunday, 17th June	GHS heat	A10/C	9.00?
Sunday, 24th June	Open 25	A25/12	07.30
Sunday, 21st Oct	Riber	AHC/1	10.00
Sunday, 21st Oct	Bank Road,	AHC/6	14.00

Notts and Derby Cyclo-Cross League.

These events start in September and finish in February, 14 events in all. They follow a similar pattern.

Under- 9 (born 2003 or later): starts at 12 noon, lasts 7 minutes and costs £1.

Under- 12 (born 2000 or later) : starts at 12.30 lasts 15 minutes and costs £1

Youth (born 1996 to 1999): starts at 13.00, lasts 25 minutes and costs £5

Youth under 14 (born 1998 or 1999)

Junior (born 1994 or 1995): starts at 14.15, lasts 50 minutes and costs £8

Seniors, vets, women : starts at 14.15, lasts 50 minutes and costs £12

Senior and junior riders need a BC licence.

Details can be found at www.ndcxl.org.uk including details of the venues.

Lee Shunburne is always available to give advice. Tel : 01246 590228.

Spring Classic visit.

We are going to see the Amstel Gold race in Holand. This takes place on Sunday, 15th April. we intend to travel on Thursday night from Hull and stay near to or in Maastricht. Travelling out on Wednesday, 11th April and returning on Tuesday, 17th April. Ring 01629 734996 if you are interested in coming along. Booking at the beginning of February..

Matlock CC Hoodies

We are planning on putting in an order for Matlock CC hoodies again. These will have navy blue hoodies with the Malock CC logo on the front left hand side breast and Matlock Cycling Club in white on the back. You can also have your name on the back too. All children's sizes are £15 and adult sizes £20. Sizes Children Aged 7/8, 9/11, 12/13. Adults sizes : small, medium, large X large. To order email emmainandtim@gmail.com

Club auction

The 2012 auction takes place on Thursday, 16th February at 20.00 in the club room, viewing from 19.30. Contact Harry on 01629822259 if you have anything to sell. Proceeds to Young Riders Fund. List of sale items will appear on the club website.

Trophy Presentation Evening and Ceilidh

Saturday, 10th March, 7.30pm until 11pm at Starkholmes Village Hall, dancing to Reel Easy. Tickets : £7.50/£5

Raffle in aid of club charity. Donation of prizes appreciated.

Junior Section

Junior Dr Bike

This session takes place on Thursday 23rd February starting at 19.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Next BSCA Event.

The BSCA will be the East Midland Time Trial Championships at Darley Moor Circuit, Ashbourne on Sunday April 22nd. 2012

BSCA East Mids Championships 2012

Cyclo cross	January 22nd	Thornbridge	10.00
Time Trial	April 22nd	Darley Moor	9.00
Circuit Race	May 20th	Darley Moor	9.00
Grass track	June 23rd	Whitworth	10.00
MTB	June 23rd	Whitworth	10.00
Hill climb	Sept 30th	High Tor	10.00
Hard track	?	Forest Town	
Rollers	?	Forest Town	

Coaching in February.

Coaching takes place at Whitworth Park on Saturdays 4th and 11th January from 9.30 to 10.45. The sessions will consist of some racing and Go-ride games and exercises.

Young Riders Fund

Keep a note of regional and national BC and BSCA events that you ride ready for your claim to be sent in at the beginning of **March 2012**. Website has more details.

Roller training dates

All sessions start at 19.00 and are held at Highfields lower school site on Starkholmes

Road, Matlock.

February 2nd & 9th

More details on the website

MTB Training.

These Wednesday sessions at Thornbridge are organised twice a month. They cost £2 persession and start at 18.30 and last until 20.00, You need to be aged 9 and over and bring night riding lights. Date is February 22nd

Come and enjoy the atmosphere.

Coaching February 2012 - July 2012 at Whitworth Park

Day	Date	Time	Coaching Activity
Saturday	4th February	9.30 - 10.45	general coaching
Saturday	11th February	9.30 - 10.45	general coaching
Saturday	17th March	9.30 - 10.45	general coaching
Saturday	31st March	9.30 - 10.45	general coaching
Monday	16th April	18.30 - 19.30	round the pond racing
Saturday	21st April	9.30 - 10.45	general coaching
Monday	23rd April	18.30 - 19.30	round the pond racing
Saturday	28th April	9.30 - 10.45	general coaching
Monday	30th April	18.30 - 19.30	round the pond racing
Saturday	19th May	9.30 - 10.45	general coaching
Monday	21st May	18.30 - 19.30	round the pond racing
Saturday	26th May	9.30 - 10.45	general coaching
Monday	28th May	18.30 - 19.30	round the pond racing
Saturday	9th June	9.30 - 10.45	general coaching
Monday	11th June	18.30 - 19.30	grass track
Monday	18th June	18.30 - 19.30	grass track
Saturday	23rd June	9.30 - 10.45	general coaching
Saturday	7th July	9.30 - 10.45	general coaching
Saturday	21st July	9.30 - 10.45	general coaching

Please keep an eye on this list as there may be some changes to dates.

Roller Training at Highfields

February	2nd February	19.00
February	9th February	19.00

MTB Training at Thornbridge

Wednesday 22nd February	18.30
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Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.
Club website : www.matlockcyclingclub.org.uk**