



Newsletter

January 2014

Diary Dates for January

Membership subscriptions are due from 1st January. Please use the membership form sent with Pedal Power or download one from the club's website.

Wednesday, 1st. January. New Year's day

Thursday, 2nd. January. 19.00 Roller racing for under 16s in the club room.

Trophy return evening.

Saturday, 4th January. 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

Sunday, 5th January. 10.30 Youth club run from Crich. See below for details.

Monday, 6th January. 9.30 Slow morning ride from Cromford market place.

Tuesday, 7th January. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 8th January. . 18.30 Cyclocross training at Lea Green

Thursday, 9th January. 19.15 Roller training at Imperial Rooms. Cost £2

Saturday, 11th January. National cyclo-cross championships at Derby. See Notts & Derby website or BC's website for more details,

Sunday, 12th January. 9.30 Ladies ride from Crown Square

National cyclo-cross championships at Derby. See Notts & Derby website or BC's website for more details,

Monday, 13th January. 9.30 Slow

morning ride from Cromford market place.

Tuesday, 14th January. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 15th January. 18.30 Cyclocross training at Lea Green

Thursday, 16th January. 19.00 Roller racing for under 16s in the club room

19.00 Trophy return evening.

Saturday, 18th January. 9.30 Coaching for younger riders in Whitworth Park. Finishes about 10.45.

11.00 14th Notts & Derby Cyclo-cross League event at Chetwynd Barracks, Chilwell promoted by Ashfield RC/Fosse RT. See separate notice for details of these events.

Monday, 20th January. 9.30 Slow morning ride from Cromford market place.

Tuesday, 21st January. 19.00 Meet for a road ride starting from Crown Square, Matlock. Entries close for the BSCA Est Midlands Cyclo-cross Championships at Whitworth Park on Saturday, 1st February. Entries should be on a standard BSCA entry form and should be sent to C Mottram, Parkside, Station Road, Darley Dale, DE4 2EQ together with the entry fee of £5 - cheques made out to Matlock CC please.

Wednesday, 22nd January. 18.30 Cyclocross training at Lea Green

Thursday, 23rd January. 19.15 Roller training at Imperial Rooms. Cost £2

20.00 Trophy return evening

20.00 Dr Bike Let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Saturday, 25th January. 11.00 15th Notts & Derby Cyclo-cross League event at Broxtowe Country Park, Nuthall promoted by Beeston CC. See separate notice for details of these events.

Monday, 27th January. 9.30 Slow morning ride from Cromford market place.

Tuesday, 28th January. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 30th. January. 19.00 Roller racing for under 16s in the club room
Trophy return evening.

Saturday, 1st February.

10.00 BSCA East Midland Region Cyclo-cross Championships at Whitworth Park. No entry on the line. Closing date for entries was Tuesday, 21st January.

18.30 Social and trophy presentation evening at Pelideli. You need a (free) ticket to attend.

Sunday, 2nd February. 10.30 Youth club run from Crich. See below for details.

Monday, 3rd February. 9.30 Slow morning ride from Cromford market place.

Tuesday, 4th February. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 6th February. 19.00 Roller racing for under 16s in the club room

Saturday, 8th February. 14.00 First time trial of the 2014 season. Sheldon circuit. Starts just north of the first cross road on Monyash Road, Bakewell. Cost £3 unless you have a time trial pass.

Sunday, 9th February. 9.30 Ladies ride from Crown Square

Monday, 10th February. 9.30 Slow morning ride from Cromford market place.

Tuesday, 11th February. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 13th February. 19.15 Roller training at Imperial Rooms. Cost £2

Reminder.

Will all members, especially when wearing club kit and or in time trials, remember to maintain the good name of the club by observing the Highway Code. Please show respect for other road users and members of the public. Behave towards others as you would like them to behave towards you.

Thanks

Thanks to all members of the club and their friends who helped in any way with the club's cyclo-cross promotion at Bakewell. Especial thanks to Chris Green who certainly had a baptism of fire when promoting his first event!

Press Secretary.

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Volunteering

Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at helencoombes1964@talktalk.net Any help would be much appreciated.

Committee Member Vacancies

The committee is looking for :

Cyclo-cross secretary ;

Road race secretary ;

Young member,

For job descriptions and details about what the posts would involve, please contact Steve Strange on 07768 847743 or email spstrange@gmail.com

Club Kit.

Andy Woolf is taking over from Lee as kit co-ordinator. He can be reached at andrewwoolf@btinternet.com if you are interested in putting in an order for new kit. The supplier of the new kit with the new sponsors named, has not been decided. However "on demand" new kit can be obtained from Impsport using the password on the 2014 membership card.

Club Secretary .

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Club Auction.

This takes place on Thursday, 20th February in the clubroom at the The Barn, Church Street, Matlock. Tell Harry of any items you have for sale by ringing 01629 822259 or email :

hlgould@pedal0.plus.com. This is the main fund raising event for the Young Riders Fund.

Membership Cards and Discounts.

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn's and Wards Shoe Shops.

Open time trials 2014

Day	Date	Event	Course	Time
Saturday	1st March	Hilly 25	AH/2	14.00
Sunday	4th May	10	A10/16	8.00
Tuesday	3rd June	Grouse 10	A10/16	19.00
Sunday	22nd June	Tarmac 25	A25/12	7.30
Sunday	3rd Aug	GHS heat	A10/C	14.00
Sunday	19th Oct	Riber	AHC/1	10.00
Sunday	19th Oct	Bank Rd	AHC/6	14.00

Notts & Derby Cyclo-cross League

Event times :

Under 9 (7minutes) at 11.00 ; under-12 (15minutes) at 11.25 ; youth (25minutes) at 12.00; vets and women (50minutes) at 13.00 ; juniors, under-23 and seniors (50 minutes) at 14.30.

Online entry fee :

Under-9 £3.50 ; under-12 £3.50 ; youth £7.00 ; vets & women £15.00 ; juniors £10.00 ; under-23 & seniors £15.00.

On the day entry fee :

Under-9 £3.50 ; under-12 £3.50 ; youth £9.00 ; vets & women £18.00 ; juniors £12.00 ; under-12 & seniors £18.00.

If you are over 16 and do not have British Cycling membership you will need to pay £3 for day membership.

Trophy presentation and social evening

This take place at 18.30 on Saturday, 1st February at Pelideli. Free tickets available from Helen Coombes at helencoombes1964@talktalk.net.

Please could all 2012 trophy winners return their trophies at one of the trophy return evenings or ring 01629 734996

Spring Classics 2014

We are going to see the Fleche Wallonne and the Liege - Bastogne - Liege next year. departure will be on Tuesday, 15th April, returning on

Tuesday, 22nd April. We hope to stay in the Namur region. Booking in January. If you are interested please phone 01629 734996 or email cj@ormail.co.uk

Tour de France 2014

After the Tour visits Derbyshire we are going just into France hoping to see parts of two stages : the cobbles bit and Arras - Rheims. We hope to stay near to St Quentin. Departure will be Monday, 7th July returning Monday, 14th July. Booking at the end of January. If you are interested please phone 01629 734996 or email cj@ormail.co.uk

Junior Section

Junior Dr Bike

This session takes place on Thursday 23rd January starting at about 20.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Youth Club Runs

Starting in January we will be running Youth Club Runs on the first Sunday of the month, starting in Crich market place at 10:30. Riders need to be at least 10 years of age, a member of British Cycling (Silver) or CTC, and capable of riding 20 to 30 miles. All riders must have a well maintained bike, clothing appropriate to the conditions, and some basic equipment. This must include a helmet, gloves, rain jacket, drink, and a spare innertube. Parents/guardians are encouraged to join the ride.

If you would like to join us please email Andrew Briggs on andrew@briggfamily.me.uk

Club kit for young riders

The club has ordered kit for under-14 riders which will be available for purchase - delivery expected mid/late January. Cost will be £24 per item. Watch the club's website and the Forum (matlockcyclingclub.forumotion.co.uk) for more news.

Youth indoor coached racing

We are running the popular indoor sessions at

*the EIS in Sheffield again this winter.
 These are aimed at riders 11 years and under
 who interested in track racing but have not yet
 ridden at Manchester at the cluster sessions.
 If you are intrested please e-mail
 rthoday@uwclub.net or phone Richard
 on 07941156162*

Next BSCA Event.

*This is the Cyclocross at Whitworth Park
 Saturday, 1st February 2014. Entries close on
 Tuesday 21st January 2014.*

BSCA East Mids Championships 2013/4

Event	Date	Venue	Start
Cyclo X	1st February	Whitworth	10.00
TT	6th April	Darley Moor	14.00
Circuit	1st June	Darley Moor	9.00
Grass	7th June	Whitworth	10.00
MTB	7th June	Whitworth	11.00

Coaching dates 2014

Saturday, 4th January	9.30 - 10.45	
Saturday, 18th January	9.30 - 10.45	
Saturday, 1st February	9.00 - 12.00	- BSCA x event
Saturday, 15th February	9.30 - 10.45	
Saturday, 15th March	9.30 - 10.45	
Saturday, 29th March	9.30 - 10.45	

Saturday, 5th April	9.30 - 10.45
Monday, 7th April	18.30 - 19.30
Monday, 14th April	18.30 - 19.30
Saturday, 26th April	9.30 - 10.45
Monday, 28th April	18.30 - 19.30
Saturday, 3rd May	9.30 - 10.45
Monday, 12th May	18.30 - 19.30
Monday, 19th May	18.30 - 19.30
Saturday, 24th May	9.30 - 10.45
Monday, 2nd June	18.30 - 19.30
Saturday, 7th June	9.00 - 12.00
Monday, 9th June	18.30 - 19.30
Saturday, 19th July	9.30 - 10.45
Saturday, 26th July	9.30 - 10.45

Roller Training Sessions

Roller training sessions in the large hall at Imperial Rooms take place at 19.15 to 21.15 on
 Thursdays 9th & 23rd January
 Thursdays 13th & 27th February
 Cost : £2 per session

Cyclo Cross Training dates

Takes place at Lea Green
 Wed 8th January 18.30 - 20.00
 Wed 15th January 18.30 - 20.00
 Wed 22nd January 18.30 - 20.00

Check the website and the forum for any changes to the above dates.

Darley Moor Circuit Races 2014

Roy Osment is not continuing to act as event secretary for the club's series of circuit races at Darley Moor in 2014, but will remain as part of the team running these events. We need help with running the events listed below : signing on, giving out numbers, judging the races, etc. For further information on what happens ring Roy on 01773 608175 or email him on royosment@tiscali.co.uk

Sunday, 6th April	10.00 U-8	10.30 U-12	11.00 U-12,U-14	12.30 3rd/4th	14.00 E Mids BSCA TT
Sunday, 4th May				12.30 3rd/4th	
Sunday, 1st June	9.00 (?)	BSCA National Circuit Race Championships			
Sunday, 3rd August	10.00	Central District heat of GHS		11.00, 12.00	Paracyling
Sunday, 14th Sept.	10.00 U-8	10.30 U-12	11.00 U-12,U-14	12.30 3rd/4th	

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.
 Club website : www.matlockcyclingclub.org.uk**