



Newsletter

January 2013

Diary Dates for January

Tuesday, 1st January. Membership subscriptions for 2013 **now due.**

19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 3rd January. 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Trophy return evening.

Club Roller Racing

19.00 Under - 14 roller racing at Club.

20.00 Over - 14 roller racing at club.

Saturday, 5th January. 9.30 Coaching in Whiworth Park for under-12s

Monday, 7th January. 9.30 Slow morning ride from Cromford market place.

Tuesday, 8th January, 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 10th January, 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Trophy return evening.

Club Roller Racing

19.00 Under - 14 roller racing at Club.

20.00 Over - 14 roller racing at club.

Last trophy return evening

Sunday, 13th January. Ladies ride starting at 9.30 from Crown Square, Matlock

Monday, 14th January. 9.30 Slow morning ride from Cromford market place.

Tuesday, 15th January. 19.00 Meet for a road ride starting from Crown Square,

Matlock

Thursday, 17th January. . 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

19.15 Club rollers training sessions in the Imperial Rooms

Saturday, 19th January. 12 noon onwards 13th Round of the SRAM Notts & Derby Cyclo Cross League at Darley Moor; promoted by Ashfield RC. See below for individual event times.

Monday, 21st January. 9.30 Slow morning ride from Cromford market place.

Tuesday, 22nd January. 19.00 Meet for a road ride starting from Crown Square, Matlock
Entries close for the East Midlands BSCA cyclocross championships that include the club's U-11, U-9 and U-7 championships. Entries should be on a standard BSCA entry form, obtainable from Saturday morning coaching and should be sent with a cheque for £5 made out to Matlock CC, to C Mottram, Parkside, Station Road, Darley Dale. DE4 2EQ

Thursday, 24th January. 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

19.00 onwards, Dr Bike - ring Rob on 01629 822259 if you want an appointment to mend your bike,

Monday, 28th January. 9.30 Slow morning ride from Cromford market place. Check Forum

Thursday, 31st January. 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

19.15 Club rollers training sessions in the Imperial Rooms

Saturday, 2nd February. 10.00 East Midlands BSCA cyclo cross championships at Whitworth Park. No entry on the line. Entries closed on

Tuesday, 22nd January.

Monday, 4th February. 9.30 Slow morning ride from Cromford market place.

Tuesday, 5th February. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 7th February. 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

Club Roller Racing

19.00 Under - 14 roller racing at Club.

20.00 Over - 14 roller racing at club.

Saturday, 9th February. 14.00 Sheldon circuit time trial. Starts north of the first cross roads on Monyash Road, B5055 out of Bakewell. Costs £3 unless you have a time trial pass.

18.30 Club social and trophy presentation evening. - Peliton Podium Party - See below for more details of how to get tickets.

Monday, 11th February. 9.30 Slow morning ride from Cromford market place.

Tuesday, 12th February. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 14th February. 19.00 Chain gang leaves Crown Square Matlock. Check with the Forum on the website to see who is going.

19.15 Club rollers training sessions in the Imperial Rooms

Saturday, 16th February. 9.30 Coaching in Whiworth Park for under-12s

14.00 Sheldon circuit time trial. Starts north of the first cross roads on Monyash Road, B5055 out of Bakewell. Costs £3 unless you have a time trial pass.

Thanks

Thanks to John for producing another superb Pedal Power.

Thanks to Lee Shunburne for organising another excellent cyclocross at Thornbridge and to club members and friends who turned up to help.

Press Secretary.

Please send stories, news, results and photos to Steve Strange, our Press Secretary, - Tel :

07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Volunteering

'Volunteering can be rewarding - if you would like to get involved with helping out at club events, please contact Helen Coombes our Volunteer Co-Ordinator via email at helencoombes1964@talktalk.net Any help would be much appreciated'.

Club membership

31st December is membership renewal time. Rates unchanged from 2012. You will receive a membership renewal form towards the end of December. Please renew promptly.

Committee Member Vacancies

The committee is looking for additional members to help with the running of the club. There are general committee member vacancies as well as road race and cyclocross secretary positions. An under-23 year old member is also sought. For job descriptions and details about what the posts would involve, please contact Steve Strange on 07768 847743 or email spstrange@gmail.com

Club Kit.

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The Endura brochure is also available to view at http://www.endura.co.uk/Dept.aspx?dept_id=207

Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.

Lee can be contacted on 01246 590228 or via email at lee.shunburne@nottingham.ac.uk or oldpomilltown@gmail.com

Club Secretary .

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Membership Cards and Discounts.

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn and Wards Shoe Shops.

Open time trials 2013

Day	Date	Event	Course	Time
Saturday	2nd March	Hilly 25	AH/2	14.00
Sunday	5th May	10	A10/16	8.00
Sunday	2nd June	BDCA 50?	A50/12	6.30
Tuesday	4th June	Grouse 10	A10/16	19.00
Sunday	16th June	GHS heat	A10/C	14.00
Sunday	23rd June	Tarmac 25	A25/12	7.30
Sunday	20th Oct	Riber HC	AHC/1	10.00
Sunday	20th Oct	Bank Road HC	AHC/6	14.00

Notts and Derby Cyclo-Cross League.

These events start in September and finish in January, 13 events in all. They follow a similar pattern.

Under- 9 (born 2004 or later): starts at 12 noon, lasts 7 minutes and costs £1.

Under- 12 (born 2001 or later) : starts at 12.30 lasts 15 minutes and costs £1

Youth (born 1997 to 2000): starts at 13.00, lasts 25 minutes and costs £5

Youth under 14 (born 1999 or 2000)

Junior (born 1994 or 1995): starts at 14.15, lasts 50 minutes and costs £8

Seniors, vets, women : starts at 14.15, lasts 50 minutes and costs £12

Senior and junior riders need a BC licence.

Details can be found at www.ndcxl.org.uk including details of the venues.

Harry Gould is always available to give advice. Tel : 01629 822259.

Club Cyclo-Cross Championships

The vets, seniors, ladies, juniors and youths championships took place as part of the club's promotion on Saturday, 29th December at Thornbridge - the 12th round of NDCXL Trophies will be presented on the 9th February at the Peliton Podium Party at Peli Deli.

The remaining championships, U-7, U-9, U-11, are on 2nd February at Whitworth Park - note

no entry on the line for these BSCA events. The trophies will also be presented on the 9th February. Tickets have been reserved for winners of cyclo cross trophies at these two events but you must let Helen Coombes know that you want to come.

Club Social and Trophy Presentation Evening - Peliton Podium Party

This takes place at 18.30 on Saturday evening 9th February at Peli Deli, Matlock. Free food. Please let Helen Coombes know that you want to come by emailing :

helencoombes1964@talktalk.net. See the entry on the Matlock CC website's forum.

Club Auction

This year's auction will take place in late February 2013. The final date will be in the February newsletter and displayed on the website. Contact Harry on 01629822259 if you have anything to sell.

Tour of Flander 2013

We intend to see the 2013 Tour of Flanders which is on Sunday, 31st March 2013. (Easter Sunday) We will leave on Thursday, 28th March and return on Wednesday, 3rd April Please ring 01629 734996 if you are interested or need more details. Booking in the first week in January.

Tour de France 2013

We hope to see the Tour twice near to Tours. It arrives at Tours on Thursday July 11th and leaves the next day. We aim to have some time either side of this date. Please ring 01629 734996 if you are interested or need more details. Booking in late January.

Junior Section

Junior Dr Bike

This session takes place on Thursday 24th January starting at about 19.15. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by

ringing Rob on 01629 822259.

Young Riders Fund

Keep a note of regional and national BC and BSCA events that you ride ready for your claim in **March 2013**. Website has more details.

Next BSCA Event.

This will be the East Midland cyclo - X championships on 2nd February 2013 at Whitworth Park. . Entries close on Tuesday, 22nd January 2013.

BSCA East Mids Championships 2013/4

Event	Date	Venue	Start
Cyclo-X	Feb 2nd	Whitworth	10.00
Time trial	April 7th	Darely Moor	09.00
Circuit race	April 7th	Darely Moor	14.00
Grass	June 22nd	Whitworth	10.00
MTB	June 22nd	Whitworth	10.00
Hill climb	Sep 29th	High Tor	10.00
Rollers	Sep 29th	Starkholmes	11.00

Hard track and roller dates to follow.

Whitworth Park coaching in January.

Two sessions in January : Saturday, 5th January : Saturday, 12th January. Both start at 9.30am and finish at 10.45am.

Note that some coaching dates in February and June have been changed.

Roller training

New venue - Imperial Rooms, Matlock.

Time 19.15 - 21.15

Dates :

17th and 31st January

14th and 28th February

14th and 28th March

Cost : £2. You need a set of rollers.

Coaching dates 2013 - check with the appropriate newsletter and /or the website

Saturday, 5th January	9.30 - 10.45
Saturday, 12th January	9.30 - 10.45
Saturday, 2nd February	10.00
Saturday, 16th February	9.30 - 10.45
Saturday, 23rd February	9.30 - 10.45*
Saturday, 9th March	9.30 - 10.45
Saturday, 16th March	9.30 - 10.45
Saturday, 13th April.	9.30 - 10.45
Saturday, 27th April	9.30 - 10.45
Saturday, 11th May	9.30 - 10.45
Saturday, 25th May	9.30 - 10.45
Saturday, 15th June	9.30 - 10.45
Saturday, 29th June	9.30 - 10.45*
Saturday, 6th July	9.30 - 10.45
Saturday, 20th July	9.30 - 10.45

* Date change

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.
Club website : www.matlockcyclingclub.org.uk**

A swift and prosperous New Year to all members