



Diary Dates for January

Sunday, 1st January 2012. Meet for a social ride starting at 9.30 in Crown Square, Matlock

Check the forum on the website to see who is going

2012 subscriptions due. Either use the form sent with Pedal Power or download one from the website.

Note that the time trial pass is £20. Each club time trial costs £3.

Monday, 2nd January 2012. 9.30 Slow morning ride from Cromford market place.
18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 3rd January. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 5th January. 19.00 Chain gang from Crown Square, Matlock

19.00 Rollers sessions at Highfields lower school. see website for more details.

20.00 Club open - trophy return evening

Saturday, 7th January. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

9.30 Coaching at Whitworth Park

Entries close for the BSCA National Cyclo Cross Championships on January 22nd at Thornbridge. Entry fee is £7, cheques made payable to NDCXL Entries on a standard BSCA entry form (downloadable from www.BSCA.org.uk) need to be sent to C Mottram, Parkside, Station Road Darley Dale,

Newsletter

January 2012

Derbys DE4 2EQ

Sunday, 8th January. 9.30 Ladies ride departing Crown Square .

Monday, 9th January. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 10th January. 19.00 Meet for a road ride starting from Crown Square, Matlock

Wednesday, 11th January. 18.30 Cyclo cross training at Thornbridge. See website for more details.

Thursday, 12th January. 19.00 Chain gang from Crown Square, Matlock

19.00 Roller racing for under-13 Come and try the clubs competition roller set up in club room

20.00 Roller racing for everyone else.

Trophy return evening

Saturday, 14th January. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's.

9.30 Coaching at Whitworth Park

Monday, 16th January. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 17th January. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 19th January. 19.00 Chain gang from Crown Square, Matlock

19.00 Rollers sessions at Highfields lower school. see website for more details.

19.00 Junior Dr Bike: Please ring Rob on 01629 822259 for an appointment.

20.00 Dr Bike - as above.

Trophy return evening at club

Saturday, 21st January. 9.15 MTB ride starting from the new car park opposite Stanley

Fearn's.

9.30 Meet at Thornbridge to set up course for the BSCA Championships on the 22nd January.

12 noon onwards 13th Round of the SRAM Notts & Derby Cyclo Cross League promoted by VC Long Eaton. See below for individual event times.

Sunday, 22nd January. 10.00 BSCA National Cyclo-Cross Championships at Thornbridge. Incorporates the East Midland Championships. No entry on the line. Entries closed on Saturday, 7th January.

Monday, 23rd January. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 24th January. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Wednesday, 25th January. 18.30 Cyclo cross training at Thornbridge. See website for more details.

Thursday, 26th January. 19.00 Chain gang from Crown Square, Matlock

19.00 Roller racing for under-13 Come and try the clubs competition roller set up in club room

20.00 Roller racing for everyone else.

Trophy return evening

Saturday, 28th January. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

Monday, 30th January. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 31st January. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 2nd February. 19.00 Chain gang from Crown Square, Matlock

19.00 Rollers sessions at Highfields lower school. see website for more details.

Saturday, 4th February. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

12 noon onwards 14th Round of the SRAM Notts & Derby Cyclo Cross League at Darley Moor - promoted by Ashfield RC. See below for individual event times.

Sunday, 5th February. Meet for a social ride starting at 9.30 in Crown Square, Matlock

Check the forum on the website to see who is going

Monday, 6th February 2012. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 7th February. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 8th February. 19.00 Chain gang from Crown Square, Matlock

19.00 Rollers sessions at Highfields lower school. see website for more details.

20.00 Club open - trophy return evening

Press Secretary.

Please send Stories, News, Results and Photos to Steve Strange, our Press Secretary, - Tel : 07768 847743 or email : spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Club Kit.

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The next order will be sent soon.

The Endura brochure is also available to view at http://www.endura.co.uk/Dept.aspx?dept_id=207

Please use the order form found in the 'club kit' section of the website and send to Lee Shunburne.

Lee can be contacted on 01246 590228 or via email at lee.shunburne@nottingham.ac.uk or oldpomilltown@gmail.com

Club Secretary

Steve Strange is our Club Secretary. He can be contacted on 07768 847743 or spstrange@gmail.com.

Membership Cards and Discounts

Please remember to show your current Matlock CC membership card when asking for a discount at Stanley Fearn's, Farmers and Wards Shoe Shops.

Open Time Trial Dates 2012

Saturday, 3rd March	Hilly 26	AH/2	14.00
Sunday, 6th May	Open 10	A10/16	08.00
Sunday, 10th June	BDCA 50	A50/12	06.30
Tuesday, 12th June	Grouse 10	A10/16	18.30
Sunday, 17th June	GHS heat	A10/C	9.00?
Sunday, 24th June	Open 25	A25/12	07.30
Sunday, 21st Oct	Riber	AHC/1	10.00
Sunday, 21st Oct	Bank Road,	AHC/6	14.00

Notts and Derby Cyclo-Cross League.

These events start in September and finish in February, 14 events in all. They follow a similar pattern.

Under- 9 (born 2003 or later): starts at 12 noon, lasts 7 minutes and costs £1.

Under- 12 (born 2000 or later) : starts at 12.30 lasts 15 minutes and costs £1

Youth (born 1996 to 1999): starts at 13.00, lasts 25 minutes and costs £5

Youth under 14 (born 1998 or 1999)

Junior (born 1994 or 1995): starts at 14.15, lasts 50 minutes and costs £8

Seniors, vets, women : starts at 14.15, lasts 50 minutes and costs £12

Senior and junior riders need a BC licence.

Details can be found at www.ndcxl.org.uk including details of the venues.

Lee Shunburne is always available to give advice. Tel : 01246 590228.

Spring Classic visit.

We are going to see the Amstel Gold race in Holand. This takes place on Sunday, 15th April. we intend to travel on Thursday night from Hull and stay near to or in Maastricht. Travelling out on Thursday, 12th April and returning on Wednesday, 18th April. Ring 01629 734996 if you are interested in coming along. Booking at the end of January.

Matlock CC Hoodies

We are planning on putting in an order for

Matlock CC hoodies soon. These will have navy blue hoodies with the Malock CC logo on the front left hand side breast and Matlock Cycling Club in white on the back. You can also have your name on the back too. All children's sizes are £15 and adult sizes £20. Sizes Children Aged 7/8, 9/11, 12/13. Adults sizes : small, medium, large X large. To order email emmainandtim@gmail.com

Club auction

The 2012 auction takes place on Thursday, 16th February at 20.00 in the club room. Contact Harry on 01629822259 if you have anything to sell.

Trophy Presentation Evening and Ceilidh

Saturday, 10th March, 7.30pm until 11pm at Starkholmes Village Hall, dancing to Reel Easy. Tickets : £7.50/£5

Junior Section

Junior Dr Bike

This session takes place on Thursday 19th January starting at 19.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

Next BSCA Event.

The BSCA will be the East Midland and National Cyclo-Cross championships at Thornbridge on Sunday 22nd January 2012

BSCA East Mids Championships 2012

Cyclo cross	January 22nd	Thornbridge	10.00
Circuit race	April 22nd	Darley Moor	9.00
Time Trial	May 20th	Darley Moor	9.00
Grass track	June 23rd	Whitworth	10.00
MTB	June 23rd	Whitworth	10.00
Hill climb	Sept 30th	High Tor	10.00
Hard track	?		
Rollers	June 23rd?	Whitworth?	10.00?

Coaching in January .

Coaching takes place at Whitworth Park on Saturdays 7th and 14th January from 9.30 to 10.45. The sessions will consist of some racing and Go-ride games and exercises.

Young Riders Fund

Keep a note of regional and national BC and

BSCA events that you ride ready for your claim in March 2012. Website has more details.

Velodrome Visit

Sunday January 15th will be our next velodrome visit as part of the East Midlands cluster clubs. We have 8 places available and a reserve place for riders aged 10 to 16 years.

If you wish to book onto the session please send me your name, height (for bike hire), age and track riding experience to emmaianandtim@gmail.com.

Roller training dates

All sessions start at 19.00 and are held at Highfields lower school site on Starkholmes Road, Matlock.

January 5th & 19th

February 2nd & 9th

March 1st, 15th & 19th.

More details on the website

Cyclo Cross Training.

These Wednesday sessions at Thornbridge are organised on weeks when there are no roller sessions. They cost £2 per session and start at 18.30 and last until 20.00. You need to be aged 9 and over and bring night riding lights. Dates are

January 11th & 25th

February 22nd

Come and enjoy the atmosphere.

Coaching January 2012 - July 2012 at Whitworth Park

Day	Date	Time	Coaching Activity
Saturday	7th January	9.30 - 10.45	general coaching
Saturday	14th January	9.30 - 10.45	general coaching
Saturday	4th February	9.30 - 10.45	general coaching
Saturday	11th February	9.30 - 10.45	general coaching
Saturday	17th March	9.30 - 10.45	general coaching
Saturday	31st March	9.30 - 10.45	general coaching
Monday	16th April	18.30 - 19.30	round the pond racing
Saturday	21st April	9.30 - 10.45	general coaching
Monday	23rd April	18.30 - 19.30	round the pond racing
Saturday	28th April	9.30 - 10.45	general coaching
Monday	30th April	18.30 - 19.30	round the pond racing
Saturday	19th May	9.30 - 10.45	general coaching
Monday	21st May	18.30 - 19.30	round the pond racing

Roller Training at Highfields

Thursday	5th January	19.00
Thursday	19th January	19.00
February	2nd February	19.00
February	9th February	19.00

Cyclo Cross Training at Thornbridge

Wednesday	11th January	18.30
Wednesday	25th January	18.30
Wednesday	22nd February	18.30

A happy and prosperous New Year to all our members

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Steve Strange , the club secretary, for more information about club activities on 07768 847743 or spstrange@gmail.com.
Club website : www.matlockcyclingclub.org.uk**