



Newsletter

January 2011

Diary Dates for January

Saturday, 1st January. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

Sunday, 2nd January. Meet for a social ride starting at 9.30 in Crown Square, Matlock
Club run : see website for details or contact Chris Metcalfe.

12 noon onwards 7th Round of the SRAM Notts & Derby Cyclo Cross League at Thornbridge Outdoors - Promoted by Zepnat. Incorporates the Midland Cyclo-Cross Championships. No entry on the line except for U-10 and U-12.

Monday, 3rd January. 12 noon onwards 9th Round of the SRAM Notts & Derby Cyclo Cross League at Thornbridge Outdoors - Promoted by Matlock CC.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 4th January. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 6th January . 19.00 Chain gang - meet in Crown Square, Matlock
20.00 Club open
Trophy return evening

Saturday, 8th January. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park.

Sunday, 9th January. Ladies ride departing Crown Square at 9.30.

Monday, 10th January. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 11th January. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 13th January. 19.00 Chain gang. Meet in Crown Square Matlock.

20.00 Barn club night. New Year's Resolutions
Final trophy return evening

Saturday, 15th January. 9.15 MTB ride starting from the new car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park.

Monday, 17th January. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 18th January. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 20th January. 19.00 Chain gang. Meet in Crown Square Matlock .

19.00 Junior Dr Bike: Please ring Rob on 01629 822259 for an appointment.

20.00 Dr Bike - as above.

Saturday, 22nd January. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

12 noon onwards 10th Round of the SRAM Notts & Derby Cyclo Cross League at Trent Meadows - Promoted by VC Long Eaton. See below for individual events.

Monday, 24th January. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 25th January. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 27th January. 19.00 Chain gang - meet in Crown Square, Matlock

20.00 Club open. Wheel building demonstration/talk by Richard Thoday

Saturday, 29th January. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

Monday, 31st January. 9.30 Slow morning ride from Cromford market place.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 1st February. 19.00 Meet for a road ride starting from Crown Square, Matlock.

Thursday, 3rd February. 19.00 Chain gang. Meet in Crown Square Matlock

20.00 Club room open.

Trophy return evening

Saturday, 5th February. 9.15 MTB ride starting from the car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park.

12 noon onwards 11th Round of the SRAM Notts & Derby Cyclo Cross League at Darley Moor - promoted by Ashfield RC

14.00 Sheldon Circuit time trial. Starts north of Shutts Lane, Bakewell. Cost £2 unless you have paid for the year.

19.00 Club Ceilidh at Starkholmes Village Hall

Sunday, 6th February. Meet for a social ride starting at 9.30 in Crown Square, Matlock

Club run : see website for details or contact Chris Metcalfe.

9.00 Meet at Thornbridge to set up cross course.

Monday, 7th February.

at Thornbridge Outdoors - Promoted by Matlock CC.

18.30 MTB ride from the Laburnum, Hackney Road.

Tuesday, 8th February. 19.00 Meet for a road ride starting from Crown Square, Matlock

Thursday, 10th February. 19.00 Chain gang - meet in Crown Square, Matlock

20.00 Barn Club room open. Coaching forum
Trophy return evening

Saturday, 12th February. 9.15 MTB ride

starting from the car park opposite Stanley Fearn's.

9.30 Coaching in Whitworth Park.

14.00 Sheldon Circuit time trial. Starts north of Shutts Lane, Bakewell. Cost £2 unless you have paid for the year.

Sunday, 13th February. Ladies ride departing Crown Square at 9.30.

Press Secretary. Steve Strange is our Press Secretary. Please send Stories, News, Results and Photos to Steve Strange - 07768 847743 or spstrange@gmail.com. Steve needs to keep a high profile for the Club on the sports pages of local press. Please help by sending him your news by Sunday evenings.

Club Subscriptions

Club Subscriptions due January 1st. 2011. Fees same as 2010. Time Trial pass £10. Contact John White.

Club Kit.

The club has decided to use Endura to supply club clothing alongside the existing 'on-demand' system from Impsport. Endura orders will be placed 3-4 times per year.

The Endura brochure is also available to view at http://www.endura.co.uk/Dept.aspx?dept_id=207
Please submit orders to Lee Shunburne, who can be contacted on 01246 590228 or via email at lee.shunburne@nottingham.ac.uk

Lee also has some club cloth racing caps for sale at £7 each.

Volunteers Coordinator - Helen Collier

Volunteering: The AGM voted to accept the Volunteering Proposal for a trial period of 12 months commencing in January 2011. Helen will post on the forum a calendar of 2011 events for which volunteers are required. Club members who regularly compete in Club events are being asked to volunteer to help out at one event per year. Once the calendar is posted, can you please contact Helen by email

(helencollier@tiscali.co.uk) with the date(s) and event(s) for which you are available, and indicate if you have a preference for a particular duty e.g. marshalling, time-keeping, pushing off, etc.

Volunteers will be allocated on a first-come-first-

served basis, so please ensure you offer a selection of dates if possible in case your first choice is already filled.

Club Secretary

Sue has intimated that she would like to retire from the post of club secretary and so there is a forthcoming vacancy. The handover period would be mutually agreed between Sue and the new secretary. Please let Tony know if you are interested.

Thanks Thanks to all club officials for their efforts in 2010

Social Evening

The club is organising a ceilidh at Starkholmes Village Hall on Saturday, 5th February from 7pm to 11pm with live music and snacks. Tickets, £5 adult and £3 children., are available from Helen Collier and other committee members and will be found at Stanley Fearn. There will be a tombola to raise funds for the club's 2011 charity - the Derbyshire Air Ambulance.

Trophy Presentation Evening.

This now takes place at 7pm on Thursday 3rd March at the Barn, Church Street, Matlock.

Tour de France 2011

The club's trip to see the 2011 event will visit Brittany from 4th-11th July to see bit of three stages. We hope to stay in Lambaille and sail to St Malo. More details by ringing 01629734996.

Notts and Derby Cyclo-Cross League.

These events start in September and finish in February, 12 events in all. They follow a similar pattern.

Under-10 : starts at 12 noon, lasts 7 minutes and costs £1.

Under-12 : starts at 12.30 lasts 15 minutes and costs £1

Youth : starts at 13.00, lasts 25 minutes and costs £5

Junior : starts at 14.15, lasts 50 minutes and costs £8

Seniors, vets, women : starts at 14.15, lasts 50

minutes and costs £12

Ages calculated from 1st January 2010. Senior and junior riders need a BC licence.

Details can be found at www.ndcxl.org including details of the venues.

Lee Shunburne is always available to give advice. Tel : 01246 590228.

Open Time Trial Dates 2011

Saturday, 5th March	Hilly 25	AH/2	14.00
Sunday, 1st May	Open 10	A10/16	08.00
Sunday, 5th June	BDCA 50	A50/12	06.30
Tuesday, 7th June	Grouse 10	A10/16	18.30
Tuesday, 7th June	Grouse 10 MG	A10/16	18.30
Sunday, 26th June	GHS Cen Dist	A10/16	08.00
Sunday, 26th June	Tarmac 25	A25/12	08.00
Sunday, 26th June	Tarmac 25 MG	A25/12	08.00
Sunday, 23rd Oct	Riber	AHC/1	10.00
Sunday, 23rd Oct	Bank Road	AHC/6	14.00

Junior Section

Cyclo-Cross at Thornbridge Outdoors, Great Longstone on Monday, 3rd January 2011.

Come along and try some cyclo-cross at Great Longstone - the nearest course to Matlock. The under-10 event starts at 12 noon and the under-12 event starts at 12.30pm. Both cost £1 to enter. Get there at 11.00 and you will be shown around the course by John and Ken and then have time to sign-on. The course will be flat with lots of bends just like the ones at Whitworth Park.

Look forward to seeing you there.

Junior Dr Bike This session takes place on Thursday 20th January starting at 19.00. If you have problems with your bike you can get them fixed at this session. However you must let Rob know at least a day before the Dr Bike session by ringing Rob on 01629 822259.

events.

Next BSCA Event The next BSCA event is the National and East Midland Regional Cyclo Cross Championships at Thornbridge, Great Longstone on Sunday, 20th February. This event incorporates the club championships for U-8, U-10, U-12, U-14 and U-16. You need to enter on a BSCA entry form which can be obtained at a

coaching session or from the BSCA website.
Send the completed form together with the entry fee of £7 to Chris Mottram, Parkside, Station Road, Darley Dale, DE4 2EQ by Saturday, 5th February 2011. Cheques payable to NDCXL
Coaching in January. There are two session, Saturday, 8th and 15th January Both start at 9.30am and run until 10.30am and use Whitworth Park. These sessions will consist of some racing type activity cyclo cross, round the lake or up the mountain together with the possibility of learning new skills or improving those already learnt.

Coaching dates until April 2011

Day	Date	Month	Time
Saturday	4th	December	9.30 - 10.30
Saturday	11th	December	9.20 - 10.30
Saturday	8th	January	9.30 - 10.30

Saturday	15th	January	9.30 - 10.30
Saturday	5th	February	9.30 - 10.30
Saturday	12th	February	9.30 - 10.30
Tuesday	22nd	February	10.00 - 12.00
Saturday	12th	March	9.30 - 10.30
Saturday	26th	March	9.30 - 10.30
Saturday	2nd	April	9.30 - 10.30
Saturday	16th	April	9.30 - 10.30

Proposed East Mids BSCA Championships 2011

Day	Date	Event	Venue	Time
2010/2011				
Sunday,	20th Feb	Cyclo Cross	Thornbridge	10.00
Sunday,	3rd April	Crits	Darley Moor	14.00
Saturday,	14th May	Hard track	Forest Town	am
Saturday,	14th May	Rollers	Forest Town	pm
Saturday,	20th June	Grass track	Darley Dale	am
Saturday,	20th June	mtb	Darley Dale	pm
Sunday,	17th July	Time trial	Darley Moor	10.00
2011/2012				
Sunday,	25th Sept	Hill climb	Matlock	10.00

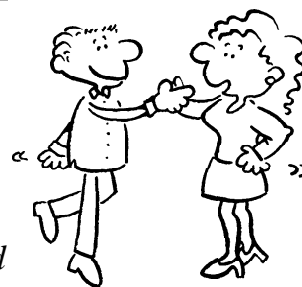
A happy, prosperous and speedy 2011 to all our members.

Matlock Cycling Club is sponsored by : Wards Shoe Shops ; Farmers Garage of Matlock : Stanley Fearn Cycles ; Chubb and Co..

**Contact Sue Statham , the club secretary, for more information about club activities on 01629 584238 or Email : matlockcc@live.co.uk
Club website : www.matlockcyclingclub.org.uk**

Annual Club Social, Saturday 5th February 2011, 7.00 to 10.30 p.m. at Starkholmes Village Hall.

This year we are trying something different from the usual format, and have booked local ceilidh band 'Reel Easy' for the evening. They will be leading us in some simple and energetic traditional English, Scottish and Irish dances. The bar will be open and snacks will be provided, but in order to leave plenty of room for the dancing we will not be having a buffet. Tickets are £5 or £3 for children, and are available from Stanley Fearn's bike shop, Bakewell Road, Matlock and from any of the Thursday night Club evenings at St Giles's Barn, Starkholmes Road, Matlock. We hope to see you all on Saturday 5th February for what promises to be a fun evening whether you choose to join in with the dancing or just sit and listen (and chat to friends). Flat shoes are recommended!



The courses for the cyclo crosses on the 2nd and 3rd January 2011 at Thornbridge Outdoors will be set up from 9.30am on Friday 31st December 2011. See web site for details. All help appreciated.